

# Curriculum Vitae

Emma M. Skogseth, M.S. | [ems7157@psu.edu](mailto:ems7157@psu.edu)

## Education

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**Pennsylvania State University** **Expected May 2027**

*Doctor of Philosophy in Human Development and Family Studies*

**Areas of Concentration** – Intervention/Prevention Science and Quantitative Methodology

**Advisors:** Dr. Abenaa Jones and Dr. Max Crowley

**Pennsylvania State University** **July 2025 – June 2026**

*T32 Prevention and Methodology Training Program Predoctoral Fellow*

**Advisors:** Dr. Abenaa Jones and Dr. Zita Oravec

**Pennsylvania State University** **Graduated May 2024**

*Master of Science in Human Development and Family Studies*

**Master's Thesis:** Women and Medications for Opioid Use Disorder: Contributors to Treatment Success from the Perspectives of Women in Recovery, Women with Past Attempts in Drug Treatment, and Health and Criminal Justice Professionals

**Advisors:** Dr. Abenaa Jones and Dr. Max Crowley

**Central Michigan University** **Graduated May 2022**

*Bachelor of Science with Honors in Psychology and Child Development*

*summa cum laude*

**Honors Thesis:** Pandemic Perseverance: An Examination of Perceived Self-Efficacy and COVID-19 Related Stress in Adolescents

**Capstone Advisor:** Dr. Sarah Domoff

## Research Experiences

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**Addiction, Sex, and Infectious Diseases Lab – State College, PA** *August 2022 – Present*

Research Assistant

- Code 2022 qualitative data, cross-check demographic information, create figures for data visualization, and author three manuscripts from a qualitative study of women, opioid use disorder, and criminal justice
- Aid in editing and writing literature reviews, methods, and results for multiple in-progress lab manuscripts
- Create surveys for 2025 study use in REDCap, monitor survey distribution, and manage study data
- Conduct 15-20 qualitative phone interviews with participants in 2025 mixed methods study, code and analyze 15-20 interview transcripts with *NVivo15*, and develop codebook for quantitative data

**Research-to-Policy Collaboration – State College, PA** *June 2024 – August 2024*

Implementation Team Trainee

- Served on the implementation team to engage with the Rapid Response Network, document and contact platform referrals, and work with policy associates to determine next steps in engagement with policy offices
- Synthesized research contributions regarding substance use provided by the Rapid Response Network to be utilized by policy associates in meetings with policymakers and staffers

**Emerging Leaders in Health Disparities Summer Fellowship – Mount Pleasant, MI** *June 2021 – August 2021*

Research Fellow

- Reviewed literature on health disparities, aided in the development of content for the program's website, and co-authored a newsletter for publication in *The Michigan Psychologist*
- Developed a curriculum for use with high school students in Delta-Schoolcraft County in Michigan's Upper Peninsula to implement a six-week Photovoice project promoting healthy behaviors

**Family Health Lab – Mount Pleasant, MI***February 2019 – May 2022*

## Undergraduate Research Assistant

- Collaborated with graduate students to conduct literature reviews, write research papers, and assist in the research process of projects involving problematic media use in adolescents
- Engaged in CV workshops, mock interviews, and interpreting statistical analyses during lab meetings
- Designed materials for the Developing Healthy Social Media Practices intervention for classroom use

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**Teaching Experiences**

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**PSU Human Development and Family Studies Department – State College, PA** *August 2022 – December 2022*

## Teaching Assistant for HDFS 311: HDFS Interventions

*August 2024 – May 2025*

- Field and document questions from students regarding course content and grades in a timely manner
- Aid in generating exam items, grading assessments, and proctoring for students with accommodations
- Actively attend and participate in classes, guest lecturing on occasion

**PSU Human Development and Family Studies Department – State College, PA***January 2023 – May 2023*

## Teaching Assistant for HDFS 495A &amp; 495B: Advanced Internship and Project

- Graded and offered detailed feedback for 60 students on weekly logs, discussion boards, quarterly reflections, resumes, cover letters, and course projects in an online asynchronous learning format
- Held Zoom meetings with each student to clarify questions and offer guidance on the final project
- Worked with the instructor to refine assignments, restructure the Canvas page, and create a TA grading guide

**CMU Writing Center – Mount Pleasant, MI***April 2019 – May 2022*

## Writing Consultant

- Collaborated one-on-one with university students both synchronously online and in-person on every step of the writing process to build on the writer's skillset and provide clear, concise feedback
- Trained new consultants on giving online feedback on undergraduate and graduate papers, opening a line of communication between trainer and trainee to help new consultants adjust to the online format
- Advocated for the undergraduate perspective and garnered cross-professional input regarding the Writing Center by serving as an undergraduate representative on the Writing Center Advisory Council

**CMU Honors Program – Mount Pleasant, MI***April 2019 – December 2019*

## Teaching Assistant for HON 100: Introduction to the Honors Program

- Mentored seven first-year Honors students by serving as a resource during their college transition, leading small group discussions, and holding one-on-one monthly meetings with each student
- Helped instructors build a cohesive cohort of scholars through the facilitation of class activities, planning co-curricular opportunities, leading service projects, and assisting with grading assignments

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**Professional and Volunteer Experiences**

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**PSU Human Development and Family Studies Department – State College, PA***August 2024 – May 2025*

## Faculty Meeting Graduate Student Representative

- Attend monthly faculty meetings, actively engaging through taking notes on agenda items and seeking out information on student-related resources and policies
- Serve as a bridge between faculty and graduate students by communicating what is discussed to the graduate students and sharing graduate student input, events, and other relevant items back to the faculty

**PSU Human Development and Family Studies Department – State College, PA***August 2024 – May 2025*

## Graduate Student Steering Committee Co-Chair

- Plan and facilitate monthly Steering Committee meetings, the annual welcome picnic, and other events
- Coordinate with subcommittee representatives to provide updates during monthly meetings, answer any questions, and work together to handle or delegate tasks that arise

**PSU Human Development and Family Studies Department – State College, PA** August 2023 – May 2024  
Program Planning, Development, and Evaluation Committee Graduate Student Representative

- Engaged in monthly committee meetings and acted as a liaison between faculty and graduate students regarding feedback on graduate student courses and efforts within the department to revise course content
- Communicated what is discussed in PPD&E committee meetings to the department's graduate students and solicited, organized, and shared graduate student input on relevant PPD&E objectives back to the committee

**RISE Advocacy Women's Shelter – Mount Pleasant, MI** February 2021 – May 2022  
Shelter and Crisis Line Volunteer

- Interacted directly with clients through having empowering conversations, locating resources for societal reintegration, offering instrumental support for those in crisis, and providing childcare
- Answered calls on the crisis line, logged call details, and helped assess potential clients for shelter intake
- Assisted in coordinating donation drop-offs, logging donations, and allocating them within the shelter

**Center for Autism Assessment and Testing – Mount Pleasant, MI** January 2022 – April 2022  
Applied Behavior Analysis Intern

- Engaged directly with children ranging from 3 to 13 years old diagnosed with autism spectrum disorder to pair with them, creatively delivered their programming, and monitored their developmental progress
- Analyzed behaviors, collected data, and wrote clinical notes to track adaptive behaviors over time
- Communicated with clients' caregivers regarding their therapy and delivering elements of such at home

## Publications

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Quadri, O. H., **Skogseth, E.**, Brant, K., & Jones, A. A. (2025). The role of micro-, meso-, and macro-level stigma on the uptake of medications for opioid use disorder (MOUD) among women in the criminal legal system. *BMC Women's Health*, 25(1), 370. <https://doi.org/10.1186/s12905-025-03863-4>

**Skogseth, E.**, Brant, K., Strong-Jones, S., Quadri, O.H., & Jones, A.A. (2025). Mental health care barriers for women involved in the criminal legal system with substance use disorders: A qualitative study. (In press).

**Skogseth, E.**, Brant, K., Latkin, C.A., & Jones, A.A. (2025). Treatment accessibility barriers to medications for opioid use disorder: A qualitative study of perspectives from women with opioid use disorder and health and criminal justice professionals. *Contemporary Drug Problems*. <https://doi.org/10.1177/00914509241309110>

**Skogseth, E.**, Brant, K., Harrison, E., Apsley, H.B., Crowley, M., Schwartz, R.P., & Jones, A.A. (2024). Women and medications for opioid use disorder: Contributors to treatment success from the perspectives of women in recovery, women with past attempts in drug treatment, and health and criminal justice professionals. *Substance Abuse: Research and Treatment*, 18, <https://doi.org/10.1177/11782218231222339>.

Apsley, H.B., Brant, K., Brothers, S., Harrison, E., **Skogseth, E.**, Schwartz, R.P., & Jones, A.A. (2024). Pregnancy and parenting-related barriers to receiving medication for opioid use disorder: A multi-paneled qualitative study of women in treatment, women who terminated treatment, and the professionals who serve them. *Women's Health*, 20, <https://doi.org/10.1177/17455057231224181>.

Harrison, E., Brant, K., Strong-Jones, S., **Skogseth, E.**, Latkin, C.A., & Jones, A.A. (2024). Challenges and recommendations for overdose prevention and harm reduction in an era of fentanyl and xylazine: Perspectives of women with opioid use disorder and professionals. *Psychology of Addictive Behaviors*. Advance online publication. <https://doi.org/10.1037/adb0001021>

Jones, A.A., Segel, J.E., **Skogseth, E.**, Apsley H.B., & Santos-Lozada, A.R. (2024). Drug overdose deaths among women 1999-2021 in the United States: Differences by race/ethnicity and age. *Women's Health*, 20, <https://doi.org/10.1177/17455057241307088>.

## Works in Progress

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Harrison, E., **Skogseth, E.**, Brant, K., Latkin, C., Quadri, O.H., & Jones, A.A. Housing instability and economic insecurity across the continuum of active substance use, treatment, and recovery among women involved in the criminal legal system (Submitted).

**Skogseth, E.**, Jones, A.A., Quadri, O.H., Dayton, L., & Latkin, C.A. Serious mental illnesses among people who use drugs: Gender differences in prevalence and MOUD treatment in a community recruited sample. (In progress).

Jones, A.A., Astemborski, J., Kirk, G., **Skogseth, E.**, & Mehta, S. Spiritual well-being, substance use, and mortality: A prospective cohort study of 869 community recruited people who inject drugs from 2007-2022. (In progress).

Quadri, O.H., Jones, A.A., Skogseth, E., & Latkin, C.A. The role of parenting status on drug treatment utilization among people who inject drugs. (In progress).

## Research Presentations

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**Poster Presentation at 2025 CPDD 87<sup>th</sup> Annual Scientific Meeting** June 2025  
**Skogseth, E.**, Jones, A.A., Quadri, O.H., Dayton, L., & Latkin, C.A. *Serious mental illnesses among people who use drugs: Gender differences in prevalence and MOUD treatment in a community recruited sample.* \*Presenter.

**Poster Presentation at 2025 CPDD 87<sup>th</sup> Annual Scientific Meeting** June 2025  
Quadri, O.H., Jones, A.A., **Skogseth, E.**, & Latkin, C.A. *The role of parenting status on drug treatment utilization among people who inject drugs.*

**Poster Presentation at Consortium on Substance Abuse 6<sup>th</sup> Annual Conference** April 2025  
**Skogseth, E.**, Jones, A.A., Quadri, O.H., Dayton, L., & Latkin, C.A. *Serious mental illnesses among people who use drugs: Gender differences in prevalence and MOUD treatment in a community recruited sample.* \*Presenter.

**Poster Presentation at Consortium on Substance Abuse 6<sup>th</sup> Annual Conference** April 2025  
Quadri, O.H., Jones, A.A., **Skogseth, E.**, & Latkin, C.A. *The role of parenting status on drug treatment utilization among people who inject drugs.*

**Oral Presentation at 2024 CPDD 86<sup>th</sup> Annual Scientific Meeting** June 2024  
Jones, A.A., Segel, J, **Skogseth, E.**, Apsley H., Santos-Lozada, A.R. *Drug overdose deaths among women 1999-2021: Differences by race/ethnicity, age group, and polysubstance use patterns.* \*Speaker and oral session chair.

**Poster Presentation at 2024 CPDD 86<sup>th</sup> Annual Scientific Meeting** June 2024  
**Skogseth, E.**, Brant, K., Latkin, C., & Jones, A.A. *Physical accessibility barriers to medications for opioid use disorder treatment: A qualitative study of perspectives from women with opioid use disorder and health and criminal justice professionals.* \*Presenter.

**Poster Presentation at 2024 CPDD 86<sup>th</sup> Annual Scientific Meeting** June 2024  
Quadri, O.H., **Skogseth, E.**, Harrison, E., Brant, K., & Jones, A.A. *The role of perceived, enacted, and internalized stigma in the uptake of medications for opioid use disorder among women in the criminal legal system.*

**Poster Presentation at 2024 CPDD 86<sup>th</sup> Annual Scientific Meeting** June 2024  
Strong-Jones, S., Brant, K., **Skogseth, E.**, Quadri, O.H., & Jones, A.A. *Mental health care barriers for women involved in the criminal legal system with substance use disorders: A qualitative study.*

**Poster Presentation at Consortium on Substance Abuse 5<sup>th</sup> Annual Conference** April 2024  
**Skogseth, E.**, Brant, K., Latkin, C., & Jones, A.A. *Physical accessibility barriers to medications for opioid use disorder treatment: A qualitative study of perspectives from women with opioid use disorder and health and criminal justice professionals.* \*Presenter.

**Poster Presentation at Consortium on Substance Abuse 5<sup>th</sup> Annual Conference** April 2024  
Quadri, O.H., Skogseth, E., Harrison, E., Brant, K., & Jones, A.A. *The role of perceived, enacted, and internalized stigma in the uptake of medications for opioid use disorder among women in the criminal legal system.*

**Poster Presentation at 2023 CPDD 85<sup>th</sup> Annual Scientific Meeting** June 2023  
Skogseth, E., Brant, K., Harrison, E., Apsley, H.B., Crowley, M., Schwartz, R.P., & Jones, A.A. *Women and medications for opioid use disorder: Contributors to treatment success from the perspectives of women in recovery, women with past attempts in drug treatment, and health and criminal justice professionals.* \*Presenter.

**Poster Presentation at CMU's Student Creative & Research Endeavors Exhibition** April 2022  
Skogseth, E. & Domoff, S.E. *Pandemic perseverance: An examination of perceived self-efficacy and COVID-19 related stress in adolescents.* \*Presenter.

**Oral Presentation to CMU Leadership and Community Partners** May 2021  
Buza, B., Jaster, A., King, D., LaPoint, B., & Skogseth, E. *Proposed solutions for accessibility of mental health services at CMHCM.* \*Co-presenter.

**Virtual Poster Presentation at Limerick Inside Out Community Exhibition** May 2020  
Bolt, C., Engström, L., Sheehan, B., Skogseth, E., & Sova, N. *Health and interculturalism: Developing sepsis prevention measures for Limerick's refugee community.* \*Co-presenter.

## Media Releases

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Penn State University. (2024, August 26). Harm reduction education, tools access may help women prevent opioid overdose. <https://www.psu.edu/news/research/story/harm-reduction-education-tools-access-may-help-women-prevent-opioid-overdose>

Penn State University. (2024, June 25). Women may face unique obstacles while seeking treatment for opioid use. <https://www.psu.edu/news/agricultural-sciences/story/women-may-face-unique-obstacles-while-seeking-treatment-opioid-use>

Central Michigan University. (2021, July 19). Real health care challenges meet real solutions. <https://www.cmich.edu/news/details/real-health-care-challenges-meet-real-solutions>

## Honors and Awards

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2025	<b>NIDA Women &amp; Sex/Gender Junior Investigator Travel Award</b> , College on Problems of Drug Dependence
2025	<b>HDFS Departmental Travel Award</b> , Pennsylvania State University
2024	<b>HDFS Departmental Travel Award</b> , Pennsylvania State University
2022	<b>Fulbright English Teaching Assistant Semifinalist – Norway</b> , US Fulbright Program
2022	<b>Learning and Leading Award</b> , Central Michigan University
2022	<b>Outstanding Psychology Senior Award</b> , Central Michigan University
2022	<b>Honors Program Academic Excellence Award</b> , Central Michigan University