

# Yaryna Andrushko

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## Research Interests

Resilience of forced migrants; trauma experiences of Ukrainians; affective sphere of personality; dialectical and behavioral techniques for use with survivors of violence and addictions and individuals with borderline personal disorder.

## Current Academic Position

2022 – Present      International Ph.D. Scholar Researcher, The Pennsylvania State University

## Experience

2019 - 2024      Associate Professor, Department of Theoretical and Practical Psychology, Lviv Polytechnic National University

2020 - 2021      Counselor at the Women's Center (working with victims of domestic violence)

2018 - 2019      Acting Director and Head of the Department of Psychology, Lviv State University of Internal Affairs

2016 – 2022      Mental health counselor (private practice), Lviv, Ukraine

2015 – 2018      Associate Professor, Department of Theoretical and Practical Psychology, Lviv State University of Internal Affairs

2012 – 2015      Lecturer, Department of Theoretical and Practical Psychology, Lviv State University of Internal Affairs

## Education

2015      Ph.D., Psychology, L. Ukrainka Eastern European National University  
Dissertation: *Features modeling psychological defenses in professional activities of police officers.*

2012      M.S., Psychology of Management, Lviv State University of Internal Affairs

2010      B.S., Psychology of Management, Lviv State University of Internal Affairs.

## Honors & Awards

Travel award to attend the 32nd SPR Annual Meeting, May 28-31, 2024, in Washington, DC.

Fullbright Scholar (2019-2020). Project title: “The image of the Ukrainian migrant in the discourse of socio-psychological changes”.

Laureate, Regional award for young scientists and researchers (2018)

## Research Funding

### *Current*

2024 – Principal Investigator, The Center for Healthy Aging, Implementation program for Ukrainians Refugees. \$2000

2024 – Principal Investigator, Mental Research Institute, A Mixed-Method Investigation of Resilience Among Ukrainian Refugees. \$25,000

### *Completed*

2023 – Principal Investigator, Edna Bennett Pierce Prevention Research Center, Resilience for Ukraine. \$5000

## Research Products

### *Books*

Andrushko, Y. (2021). Fundamentals of psychological training and psychocorrection: a textbook. Ministry of Education and Science of Ukraine, Nat. Lviv University Polytechnic”. Lviv Publishing House Polytechnic.

Andrushko Y. (2017). Psychocorrection: teaching method. manual. Lviv Department of Internal Affairs. URL: <https://dspace.lvduvs.edu.ua/bitstream/1234567890/344/1/%D0%90%D0%BD%D0%B4%D1%80%D1%83%D1%88%D0%BA%D0%BE%20%D0%BF%D1%81%D0%B8%D1%85%D0%BE%D0%BA%D0%BE%D1%80%D0%B5%D0%BA%D1%86%D1%96%D1%8F.pdf>

Andrushko Y. (2016). Psychological protection in the structure of professional identity of the future employee of internal affairs: monograph. Lviv Department of Internal Affairs. URL: <https://dspace.lvduvs.edu.ua/bitstream/1234567890/343/1/%D0%90%D0%BD%D0%B4%D1%80%D1%83%D1%88%D0%BA%D0%BE%20%D0%BF%D1%81%D0%B8%D1%85%D0%BE%D0%BB%D0%BE%D0%B3%D1%96%D1%87%D0%BD%D1%96%20%D0%B7%D0%B0%D1%85%D0%B8%D1%81%D1%82%D0%B8.pdf>

Andrushko Y. (2015). Features of modeling of psychological defenses in the professional activities of law enforcement officers: a monograph. Liga-Press. URL: <https://ra.vnu.edu.ua/wp-content/uploads/2018/07/Andrushko-YA.S.-avtoreferat.pdf>

### *Peer-reviewed articles*

Andrushko, Y. and Lupei, M. (2025), Acculturation Processes and the Experience of Traumatization in the Case of Forced Ukrainian Migrants. *Int J Psychol*, 60: e70036. <https://doi.org/10.1002/ijop.70036>

Andrushko, Y.; Lanza, S.T. Exploring Resilience and Its Determinants in the Forced Migration of Ukrainian Citizens: A Psychological Perspective. *Int. J. Environ. Res. Public Health* **2024**, *21*, 1409. <https://doi.org/10.3390/ijerph21111409>

Andrushko Ya. (2023). Results of adaptation of the methodology for studying the acculturation of migrants by J. Berry on the Ukrainian sample. *Insight: the psychological dimensions of society*, 10, 90–115. <https://doi.org/10.32999/2663-970X/2023-10-5>

Andrushko, Ya. (2023). Working with trauma in dialectical behavioral therapy: literature review. *PNAP: Scientific journal of Polonia University*, 57(2), 8-19. <https://doi.org/10.23856/5701>

Andrushko Ya. S. (2022). Theory and practice of dialectical behavioral therapy. *Insight: the psychological dimensions of society*, 8, 11–23. <https://doi.org/10.32999/2663-970X/2022-8-2>

- Andrushko, Y. (2021). Theoretical foundations of the study of acculturation as a psychological phenomenon. *Habitus*. Issue 24. 9-14. <https://doi.org/10.32843/2663-5208.2021.24.2.1>
- Andrushko, Y., Stetsenko, I., et. al. (2020). Emotional Intelligence of Employees of Risky Professions: Theoretical and Empirical Discourse of the Research. *Brain*, 11(3), 72-88. <http://doi.org/10.18662/brain/11.4>
- Kozar, Y., Andrushko, Ya., Iliushyk, O. (2018). Macroeconomic risks: classified features, methods of measurement, mitigation patterns. *Baltic journal of economic studies*, 4(4), 258-264. <http://doi.org/10.30525/2256-0742>
- Andrushko Y. (2020). Psychology of migrants in the discourse of socio-psychological research. *Bulletin of the National University of Defense of Ukraine Kyiv*, 2 (55) 5-13. <https://doi.org/10.33099/2617-6858-2020-55-2-5-13>
- Andrushko Y. (2020). The genesis of personality anxiety as a leading emotional component. *Bulletin of the National Defense University of Ukraine*. N. 1 (54), 29-36. <https://doi.org/10.33099/2617-68582054129-37>
- Andrushko Y. (2021). The results of testing the program for the development of active imagination and its construction in adolescents. *Insight: The Psychological Dimensions of Society*, 5, 67-82. <https://doi.org/10.32999/2663-970X/2021-5-5>
- Andrushko Y. (2018). Empirical study of the leader's charisma and its influence on the effectiveness of personnel management. *Bulletin of the Eastern Ukrainian National University named after Volodymyr Dahl. Severodonetsk*. No. 1 (45) P. 26-36. URL: [http://nbuv.gov.ua/UJRN/Tipp\\_2018\\_1\\_5](http://nbuv.gov.ua/UJRN/Tipp_2018_1_5)
- Andrushko Y. (2018). Happiness in the theoretical and empirical discourse of research. *Scientific Bulletin of Kherson State University*. Kherson. No. 2. P. 7-13. <https://pj.journal.kspu.edu/index.php/pj/article/view/445/414>
- Andrushko Y. S., Dovgan H. P. (2017). The aggressiveness of police officers: sexual aspects of the study. *Bulletin of the Lviv State University of Internal Affairs*. Lviv. No. 2. P. 16-24 (Psychological series). URL: [http://www.irbis-nbuv.gov.ua/cgi-bin/irbis\\_nbuv/cgiirbis\\_64.exe?I21DBN=LINK&P21DBN=UJRN&Z21ID=&S21REF=10&S21CNR=20&S21STN=1&S21FMT=ASP\\_meta&C21COM=S&2\\_S21P03=FILE=&2\\_S21STR=Nvldu\\_2017\\_2\\_4](http://www.irbis-nbuv.gov.ua/cgi-bin/irbis_nbuv/cgiirbis_64.exe?I21DBN=LINK&P21DBN=UJRN&Z21ID=&S21REF=10&S21CNR=20&S21STN=1&S21FMT=ASP_meta&C21COM=S&2_S21P03=FILE=&2_S21STR=Nvldu_2017_2_4)
- Andrushko Y. S., Mykhats O. I. (2016). Psychological analysis of gender characteristics of career orientations among student youth. *Bulletin of the Lviv State University of Internal Affairs*. Lviv. No. 1. P. 85-96. (Psychological series). URL: [https://dspace.lvduvs.edu.ua/bitstream/1234567890/609/1/%D0%9F%D1%81%D0%B8%D1%85%D0%BE%D0%BB%D0%BE%D0%B3%D1%96%D1%87%D0%BD%D0%B8%D0%B9\\_%D0%B2%D1%96%D1%81%D0%BD%D0%B8%D0%BA\\_1\\_2016.pdf](https://dspace.lvduvs.edu.ua/bitstream/1234567890/609/1/%D0%9F%D1%81%D0%B8%D1%85%D0%BE%D0%BB%D0%BE%D0%B3%D1%96%D1%87%D0%BD%D0%B8%D0%B9_%D0%B2%D1%96%D1%81%D0%BD%D0%B8%D0%BA_1_2016.pdf)
- Andrushko Y. S. Mykhats O. I. (2016). Peculiarities of the interrelationship of existential potentials of the personality of military personnel based on correlational analysis. *Psychology: reality and prospects*. No. 7. P. 9-12. URL: [http://nbuv.gov.ua/UJRN/prp\\_2016\\_7\\_5](http://nbuv.gov.ua/UJRN/prp_2016_7_5)
- Andrushko Y. S., Konyk V. R. (2016). Theoretical analysis of destructive forms of individual behavior when making personal choices. *Bulletin of the Lviv State University of Internal Affairs*. Lviv. No. 2. P. 160-169. (Psychological series). URL: <file:///C:/Users/yza5173/Downloads/17.pdf>
- Andrushko Y. S. (2014). Results of an empirical analysis of dominant psychological defenses in future employees of the OVS. [Electronic collection] *Fundamental and applied research in practices of leading scientific schools: achievements, tendencies, perspectives*. Access mode: <http://fund-issled-intern.esrae.ru/4-46>
- Andrushko Y. S. (2012). Psychological defenses in the structure of self-concept // *Nauk. release Hark. National University named after V.N. Karazin*. No. 1032. P. 6-10. URL: [file:///C:/Users/yza5173/Downloads/VKIPC\\_2012\\_1032\\_50\\_3.pdf](file:///C:/Users/yza5173/Downloads/VKIPC_2012_1032_50_3.pdf)

- Andrushko Y. S. (2016). The interrelationship between psychological defenses and self-actualization components of personality. Bulletin of the Lviv State University of Internal Affairs. Lviv. No. 2. P. 3-12. (Psychological series). URL: <http://dspace.lvduvs.edu.ua/handle/1234567890/1009>
- Andrushko Y.S. (2015). Empirical study of the relationship between psychological mechanisms of protection and the professional identity of the future law enforcement officer. Bulletin of the Lviv State University of Internal Affairs. Lviv. No. 1. P. 3-13 (Psychological series). URL: [http://nbuv.gov.ua/UJRN/Nvldu\\_2015\\_2\\_3](http://nbuv.gov.ua/UJRN/Nvldu_2015_2_3)
- Andrushko Y. S. (2013). Features of the formation of the professional identity of the future policeman by the application of active methods of training. Science and World: International Science Journal. No. 1. P. 315–320. URL: [http://scienceph.ru/f/science-and-world-%E2%84%96-1-%281%29%2C-september\\_1.pdf](http://scienceph.ru/f/science-and-world-%E2%84%96-1-%281%29%2C-september_1.pdf)
- Andrushko Y. S. (2013). Theoretical analysis of the psychological aspects of the professional identity of the future employee of internal affairs bodies. Pedagogy and psychology of professional education: scientific method. No. 5. P. 167–178. URL: [http://nbuv.gov.ua/UJRN/Pippo\\_2013\\_5\\_20](http://nbuv.gov.ua/UJRN/Pippo_2013_5_20)
- Andrushko Y. S. (2013). Psychological analysis of the differences between the categories "psychological mechanisms of protection", "coping strategies" and "automatisms". Actual problems of psychology: coll. of science pr. G.S. Kostyuk Institute of Psychology National Academy of Sciences of Ukraine / edited by S. D. Maksimenko. - K.: [b. v.]. T. 11. Part 1. Issue 8. P. 53–60.
- Andrushko Y. S. (2013). Professional identity of the individual as a psychological phenomenon. Actual problem of sociology, psychology, pedagogy: Science. release KNU University named after T. G. Shevchenko. Issue 19. P. 104–111. URL: [file:///C:/Users/yz5173/Downloads/apspp\\_2013\\_19\\_17.pdf](file:///C:/Users/yz5173/Downloads/apspp_2013_19_17.pdf)
- Andrushko Y. S. (2013). Theoretical and psychological analysis of the problem of mechanisms of personal protection. Education of the region. No. 2. P. 152–157. URL: <https://social-science.uu.edu.ua/article/1053>
- Andrushko Y. S. (2013). Psychological features of the formation of professional identity in the process of professionalization of personality. Nauk. release Lviv State University of Internal Affairs. No. 1. P. 215-223. URL: [http://nbuv.gov.ua/UJRN/Nvldu\\_2013\\_1\\_25](http://nbuv.gov.ua/UJRN/Nvldu_2013_1_25)
- Andrushko Y. S. (2013). Psychological foundations of the educational process of the future law enforcement officer abroad and in Ukraine. Nauk. release Lviv State University of Internal Affairs. No. 2. P. 246–254. URL: <https://dspace.lvduvs.edu.ua/bitstream/1234567890/1202/1/13ayasivu.pdf>
- Andrushko Y. (2019). Study of the corporate culture of a higher educational institution (based on correlational analysis). Actual problems of psychology: Collection. of science works of H. S. Kostyuk Institute of Psychology, National Academy of Sciences of Ukraine. Volume XIV: Methodology and theory of psychology. Kyiv-Nizhyn, Issue 2. – P. 25-35. URL: <https://dspace.oduvs.edu.ua/server/api/core/bitstreams/5ada7c0c-9258-4059-ab74-c5288ffd1bba/content>

### ***Book chapters***

- Kovalchuk Z, Andrushko Ya. (2015). Peculiarities of modeling psychological defenses in the professional activity of law enforcement officers. Vezha-Druk, P. 97-110. URL: [https://pedagogy.lnu.edu.ua/wp-content/uploads/2016/09/monografiya\\_luck\\_2015.pdf](https://pedagogy.lnu.edu.ua/wp-content/uploads/2016/09/monografiya_luck_2015.pdf)
- Andrushko Ya. (2015). Formation of professional identity of cadets of departmental educational institutions. Psychological and pedagogical conditions for the development of the educational space of the state: col. monograph. Lviv: Liga-Press. P. 496-524.

### ***Other reports***

- Andrushko, Y. (2024). *Resilience and trauma experiences among Ukrainian teachers and students in a war-torn context*. In R. M. Senyshyn & A. E. Lypka (Eds.), *Voices of courage and vulnerability: Teaching English in a society at war (Ukraine 2022–2023)*. Sunshine TESOL Press.
- Andrushko Y., L. Berezovska (2020). Methodical recommendations before writing coursework in the “Psychology of Self-knowledge and Self-Regulation” Lviv: NU “LP”.
- Andrushko Y. (2022). Agreement with the Institute of Psychology in Warsaw National University “Lviv Polytechnic” of the Ministry of Education and Science of Ukraine in the person of Vice-Rector for Research I.V. Demidov, acting based on Order No. 644-1-10 from 12.11.2019, and the Institute of Psychology of the Polish Academy of Sciences, in the person of the Director of the Institute of Psychology, Professor Robert Balas.
- Andrushko Y. (2017). Methodological material of the training for employees of duty units, dispatching services, and response teams of the National Police of Ukraine// Development of trust, empathy, stress, communication, and non-conflict as prevention of post-traumatic conditions in police officers. Lviv: LvDUVS. [Electronic collection].

### **Presentations/ Talks**

- Andrushko Y. (2025). Resilience and Adaptation Among Ukrainian Refugees in the U.S.: A DBT-Based Intervention for Trauma and Acculturation Stress. APS Annual Convention
- Andrushko Y. (2025). Ukrainians Resilience (The resilience of the Ukrainian people). Data Summit at Penn State University.
- Andrushko Y. (2024). Resilience in Transition: The Journey of Ukrainian Refugees to the United States. Prevention Research Center Seminar.
- Andrushko Y. (2024). From Crisis to Strength: the experience of forced Ukrainians in the USA. Symposium on Crisis, Disaster and Trauma Psychology ‘Lessons Learned from the European Countries’
- Andrushko Y. (2024). Understanding resilience in the context of forced migration of Ukrainian citizens. American Psychological Association conference.
- Andrushko Y., Lanza S. (2024) Understanding resilience in the context of forced migration of Ukrainian citizens. Society for Prevention Research conference.
- Andrushko Y. (2024). Study of resilience in forced migrants from Ukraine. Presentation for students at The Pennsylvania State University
- Andrushko Y. (2023). Working with Ukrainian refugees: pros and cons. European Federation of Psychologists Associations conference.
- Andrushko Y. (2023). Study of resilience in forced migrants from Ukraine. 16th Annual Postdoctoral Research Symposium.
- Andrushko Y. (2023). Qualitative analysis of psycho-emotional reactions of Ukrainian migrants in the USA. The International scientific and practical conference "War. Psychotherapy of trauma"
- Andrushko Y. (2023). The acculturation and the traumatic nature of forced migration Ukrainian. IV International scientific and practical conference “Psychological conditions of the well-being of organization staff”.
- Andrushko Ya. (2022). History of ideas about post-traumatic stress syndrome. Multidisciplinary approaches to the analysis of socio-political problems in the conditions of the Russian-Ukrainian hybrid war: materials of the international round table. Lviv: Lviv Polytechnic Publishing House. P. 5-7. URL: <https://science.lpnu.ua/ntsa>

- Andrushko Ya. (2022). Dialectic-behavioral therapy when working with trauma. Psychological conditions for the well-being of the staff of organizations: a collection of theses of the III International Scientific and Practical Online Conference. P. 9-11. URL: <https://lpnu.ua/tp/zbirnyky-materialiv-naukovykh-konferentsi>
- Andrushko Ya. S. (2022). Crisis survival strategies. Materials of the V International Scientific and Practical Conference: "Psychological Assistance during the War: Innovative Technologies in the Work of a Practical Psychologist" edited by A. V. Voznyuk, O. Yu. Vasilega. [in 2 hours]. PART 2. Sums: NSP KZ SOIPPO. P. 10-13.
- Andrushko Y. (2021). Psychology of personality emotions boundary disorder. Materials of the VII International Scientific and Practical Conference (Salzburg (Austria), remotely). 149-152.
- Andrushko Y. (2021). Stage by stage in the initial interview. Materials of the international inter-departmental scientific and practical seminar: "Interview: Organizational and psychological aspects of preparation and conduct" Lviv Polytechnic National University.
- Andrushko Y. (2020) Emotional psychoeducation of the individual. Social work: formation, prospects, development. Materials of the 5th International Scientific and Practical Conference, [according to general ed.: Nagirnyaka M. Ya.]. Lviv: LDUBZHD. 9-12.
- Andrushko Y. (2020). The relationship between the type of parenting and attitudes towards schoolchildren. Integration of education, science, and business in the modern environment: winter debates. International Scientific and Practical Internet Conference. Volume 1. P. 11-15
- Andrushko Y. (2020). Psychologism of the emotional mind of the individual. Psychological conditions of the well-being of the personnel of organizations: theses of the 1st International scientific and practical online conference. Lviv: Lviv Polytechnic National University.
- Andrushko Y. S. (2018). Theoretical foundations of the study of the process of professionalization in law enforcement officers. Materials of the All-Ukrainian Scientific and Practical Conference "Psychological and Pedagogical Problems of Professional Education and Patriotic Education of the Personnel of the Ministry of Internal Affairs of Ukraine". Kharkiv: KhNUVS, 2016. P. 238-241.
- Andrushko Y. S. (2018). Characteristics of the intellectual and creative components of a law enforcement officer's personality (based on multidimensional analysis). Materials of the international scientific and practical conference "Integrative development of personality and society: psychological and sociological dimensions". Odesa: National University "Odesa Law Academy". P. 9-12.
- Andrushko Y. S. (2018). Psychology of the problem of leadership in the managerial activity of an individual. Materials of the All-Ukrainian scientific and practical conference "Mental health of the individual in a crisis society" L.: LvDUVS, 2018. P. 14-16.
- Andrushko Y. S., Dub I. (2018). Psychological analysis of psychological trauma syndrome. Materials of the All-Ukrainian scientific and practical conference "Mental health of the individual in a crisis society". L.: LvDUVS. P. 16-18.
- Andrushko Y. S. (2018). The problem of mental development of a child (on the example of difficult life circumstances). Materials VII International Scientific and Practical Conference "Social and Economic Aspects of Education in Modern Society" Warsaw.
- Andrushko Y. S. (2018). Manifestation of addictive behavior among student youth: a comparative analysis. Materials of the round table "Social and psychological principles of non-conflict interaction between the police and the population in society" L.: LvDUVS.
- Andrushko Y. S., Solomon I. I. (2018). Psychology of adolescent anxiety: an empirical perspective of the problem Materials of the round table "Psychological constructs of the positioning of the police among the population" L.: LvDUVS.
- Andrushko Y. S., Semenyshyn M. I. (2018). Theoretical and empirical foundations of the study of the active imagination of teenagers Materials of the round table "Psychological constructs of police positioning among the population". L.: LvDUVS.

- Andrushko Y. S. (2017). General psychological discourse on the problem of mental health of the individual. Materials of the All-Ukrainian scientific and practical conference “Mental health of the individual in a crisis society”. L.: LvDUVS. P. 14-17.
- Andrushko Y. S. (2017). Gender characteristics of career orientations of student youth. Social and psychological problems of gender stratification of society: materials of the XIII scientific and practical conference with international participation. Severodonetsk: Eastern Ukrainian National University named after Volodymyr Dali. P. 11-13.
- Andrushko Y. S. (2017). Psychological adaptation as a leading characteristic of successful professional activity of National Police employees. – [Electronic collection]. Materials of the round table “Psychological constructs of the positioning of the police among the population”. L.: LvDUVS, 2017. P. 4-6.
- Andrushko Y. S. (2016). Empirical study of psychological readiness of master's students for teaching activities. Collection of articles of the 3rd All-Ukrainian scientific and practical conference “Actual problems of practical psychology”. – Glukhiv: RVV GNPU named after O. Dovzhenka. – P. 8-12.
- Andrushko Y. S. (2016). Motivation to study as a leading component in the structure of the professional identity of the future employee of internal organs. International Correspondence Scientific and Practical Conference “Psychology and Communication in the Legal System” Republic of Belarus, Mogilev Mogilev, 2016. P. 185-191.
- Andrushko Y. S. (2016). Psychological debriefing as a method of group assistance to combatants. //Interdepartmental scientific and practical conference “Psychological assistance to persons participating in anti-terrorist operations”. Kyiv: NAVS. P. 113-116.
- Andrushko Y. S. (2016). Empirical study of the attitude to euthanasia as one of the forms of personal choice. Materials of the International Scientific and Practical Conference “Personality in the Social, Age, and Clinical Dimensions of Modern Life”. Lutsk: Vezhadruk, 2016. P. 51-59.
- Andrushko Y.S. (2016). Modeling of adaptive psychoprotection in a police officer using socio-psychological training. Materials of the round table “Psychological constructs of the positioning of the police among the population”. L.: LvDUVS, 2016. P. 20-23.
- Andrushko Y. S. (2016). Professional health of a law enforcement officer: a psychological approach. Materials of VSU of the Ukrainian scientific and practical conference “Mental health of the individual in a crisis society”. L.: LvDUVS. P. 7-10.
- Andrushko Y. (2015) The problem of personality in the educational space of the state: Materials of the round table of the Department of Practical Psychology of the Faculty of Psychology of Lviv State University of Internal Affairs. Lviv, 72-76.
- Andrushko Y. (2015). Constructive interaction between police and the population in society: Materials of the round table. Lviv: LvDUVS. 47-51
- Andrushko Y. S. (2015). Theoretical-empirical modeling of psychoprotection in the discourse of professional activity of law enforcement officers. Materials of the round table of the Department of Practical Psychology, Faculty of Psychology of the Lviv State University of Internal Affairs “The problem of personality in the educational space of the state”. Lviv. P. 72-76.
- Andrushko Y. S. (2015). Psychological differences in the use of psycho-protection by cadet youth. Materials of the round table “Constructive interaction of the police and the population in society”. Lviv: LvDUVS, 2015. P. 47-51.
- Andrushko Y. S. (2014). Psychological characteristics of future law enforcement officers with different status of professional identity. The main directions of formation of a specialist in the conditions of higher education institutions of the Ministry of Internal Affairs: coll. Art. reporting conference Faculty of Psychology / edited by Z. R. Kisil, Z. Ya. Kovalchuk. Lviv: Liga Press. P. 7-10.

- Andrushko Y. S. (2014). Psychological features of the formation of the professional identity of the future law enforcement officer in the process of their educational activities. Social-pedagogical aspects of training future specialists in the conditions of a higher school: scientific-method materials. seminar. Lviv: Liga Press. P. 6–9.
- Andrushko Y. S. (2014). Psychological defenses of cadet youth: an empirical perspective of the problem. The current state, problems and prospects of the development of domestic higher education in the conditions of a crisis society: coll. Art. of the inter-cathedral round table / edited by O. A. Mateyuk, Z. Ya. Kovalchuk, O. M. Lozinskyi. - Lviv: Liga Press. P. 8-11.
- Andrushko Y. S. (2014). Characteristics of the features of the factorial distribution of protective mechanisms, personal traits and professional identity of law enforcement officers. Theoretical and applied principles of constructive interaction of the police (militia) and the population in society: materials of the All-Ukrainian. science and practice seminar. Lviv: LvDUVS. P. 100-103.
- Andrushko Y. S. (2013). Professional identity in the psychological dimension. Determinants of professionalization as a condition for the development of the educational space of society: coll. theses of the interdepartmental round table of the Faculty of Psychology of the LvDUVS / edited by M. P. Kozyrev. Lviv: Liga Press. P. 13–15.
- Andrushko Y. S. (2013). Psychological features of the formation of the professional identity of the individual. Modern problems and prospects for the development of science and education: materials of the II International Science and practice conference in 2 vols. Vol. 2. - Donetsk: LLC “Tsifrovaya tipografiya”. P. 20-23.
- Andrushko Y. S. (2013). Structural components of psychological defenses of personality in the discourse of modern research. The role and place of the OVS in the development of a democratic legal state: materials V All-Ukrainian. Science and practice conference. Odesa: ODUVS. P. 35-36.
- Andrushko Y. S. (2013). Characteristics of the psychological mechanisms of "I" protection (within the framework of Z. Freud's theory). Young science of Volyn: priorities and prospects of research: coll. theses VII International science and practice conf. study and asp. Lutsk: Eastern Europe. national University named after Lesi Ukrainka. P. 64–65.
- Andrushko Y. S. (2013). The role of professional adaptation in the process of professionalization of the individual. Modern learning technologies in professional training of future specialists: materials of Vseukr. Science and practice conference. Lviv: SPOLOM. P. 239–241.
- Andrushko Y. S. (2013). Modern ideas about psychological protection of personality. Actual problems of practical psychology: materials of II Vseukr. science and practice seminar. Glukhiv: RVV GNPU named after O. Dovzhenka. P. 17-19.
- Andrushko Y. S. (2013). The role of psychological defenses in the professional activity of the future law enforcement officer. Psychological and pedagogical conditions for the development of the educational space of the state: materials of the Internation. science and practice conference. Lviv: LvDUVS. P. 18-21.
- Andrushko Y. S. (2013). The role of psychological defenses in the structure of the professional identity of the future employee of internal affairs bodies. // Youth and the market: Science. release DDP. No. 7. P. 147–152.
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### **In the press**

Andrushko Y. (2025). Researcher from Ukraine studies and displays resilience:  
<https://www.psu.edu/news/health-and-human-development/story/researcher-ukraine-studies-and-displays-resilience>

GC Spotlight: Dr. Yaryna Andrushko (2023)

### **Courses Taught**

Psychotherapy

Psychodiagnostics

Fundamentals of Psychological Counseling

Psychology of Self-knowledge and Self-development

General Psychology

Art psychology

Conducting Psychological Consultations, Training, and Groups of Personal Development

### **Professional Memberships**

National Association of Psychologists and Psychotherapists of Ukraine (NPA)

American Psychological Association (APA)

Society for Prevention Research (SPR)

### **Professional development**

2024	Certificate in the Reconsolidation of Trauma Memories Protocol
2023-2024	Certificate in course "Child disorders" (APA)
2023	Zen-Based Mindfulness Training
2020-2023	DBT certificated program by Dr. Marsha Linehan (including working with Adolescents and Families)
2019	Certificate in Contemporary Speaking: The Practice of Public Speaking
2019	Employment plan. The certified Jewish community training program.
2018	Certified seminar training on the topic: "Maskotherapy"
2017- 2018	Certified training course "Art Therapy as a Psychological Method"
2013 – 2014	Certified training course "Symbvoldrama: Katarimno-Imaginary Therapy"

2010-2012 (certificate of 1st degree)  
A cycle of certified training (sensitivity, communication, training in management)

2011 Participant in the project “Invisible Citizen of Lviv: Early Detection of Autism”

## **Languages**

Ukrainian (native), English (B2, up intermediate), Polish (A2, beginner), Russian (fluent)