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EDUCATION

Harvard College, B.A., *Summa Cum Laude*, 1985.

Vermont College, M.A. in Art Therapy, 1992.

The Family Therapy Institute of Washington D.C., Certificate, 1997.

George Washington University, Ph.D., clinical psychology, 1998.

Awards:

Prevention Science Award, 2017, Society for Prevention Research

Shaw Graduate Fellowship, Study of racism in Europe, 1985-1986.

PUBLICATIONS

Fang, S., Fosco, G. M., Redmond, C. R., & Feinberg, M. E. (Under review). Multivariate growth trajectories of parenting practices in adolescence predicting young adult relationship with parent.

McCauley, D.M., Fang, S., LoBraico, E.J., Feinberg, M.E., Redmond, C., Spoth, R.L., & Fosco, G.M. (Under review). PROSPER intervention effects on adolescents' school engagement: Implications for young adult educational attainment and financial well-being.

Giallo, R., Seymour, M., Skinner, L., Fogarty, A., Field, K., Mead, J., Rimington, H., Galea, K., Talevski, T., Ruthven, C., Brown, S., & Feinberg, M. E. (In press). Pilot evaluation of home-based Family Foundations targeting perinatal mental health and conflict. Family Relations.

Fosco, G. M., Sloan, C. J., Fang, S., & Feinberg, M. E. (2022). Family vulnerability and disruption during the COVID-19 Pandemic: Prospective pathways to child maladjustment. Journal of Child Psychology and Psychiatry. 63, 47-57. <https://doi.org/10.1111/jcpp.13458>

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Ammerman, R. T., Peugh, J. L., Teeters, A. R., Sakuma, K.-L. K., Jones, D. E., Hostetler, M. L., Van Ginkel, J. B., & Feinberg, M. E. (2021). Promoting parenting in home visiting: A CACE analysis of Family Foundations. Journal of Family Psychology. <http://dx.doi.org/10.1037/fam0000888>

Astle, S. M., Duncan, J. C., Toews, M. L., Perez-Brena, N. J., McAllister, P., Maddy, M. A., and Feinberg, M. E. (2021). "A Little Bit Closer": A mixed method analysis of the effect of the COVID-19 pandemic on the lives of adolescent parents. Journal of Adolescent Research. 1-34. <https://doi.org/10.1177/07435584211062116>

Brown, L. D., Chilenski, S. M., Wells, R. Jones, E. C., Welsh, J. A., Jochebed, G. G., Fernandez, M. E., Jones, D. E., Mallett, K. A., & Feinberg, M. E. (2021) Protocol for a hybrid type 3 cluster randomized trial of a technical assistance system supporting coalitions and evidence-based drug prevention programs. Implementation Science, 16(64). <https://doi.org/10.1186/s13012-021-01133-z>

- Copeland, M. (2021). The long shadow of peers: Adolescent networks and young adult mental health. Soc. Sci. 10(6), 231. <https://doi.org/10.3390/socsci10060231>
- Favez, N., Tissot, H., Golay, P., Max, A., Feinberg, M. E., & Bader, M. (2021). French adaptation of the coparenting relationship scale: A scale for the assessment of the interparental relationship. European Journal of Psychological Assessment. <https://doi.org/10.1027/1015-5759/a000633>
- Feinberg, M. E., Gedaly, L., Mogle, J., Hostetler, M. L., Cifelli, J. A., Tornello, S. L., Lee, J.K., Jones, & D. E. (2021). Building long-term family resilience through universal prevention: 10-year parent and child outcomes during the COVID-19 pandemic. Family Process. <https://doi.org/10.1111/famp.12730>
- Feinberg, M. E., Mogle, J., Lee, J.K., Tornello, S. L., Hostetler, M. L., Cifelli, J. A., Bai, S., & Hotez, E. (2021). Impact of the COVID-19 pandemic on parent, child, and family functioning. Family Process.
- Fosco, G.M., LoBraico, E.J., Sloan, C.J., Fang, S., Feinberg, M.E. (2021). Family vulnerability, disruption, and chaos predict parent and child COVID-19 health-protective behavior adherence. Families, Systems, and Health. <http://dx.doi.org/10.1037/fsh0000649>
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- Giallo, R., Fogarty, A., Seymour, M., Skinner, L., Savopoulos, P., Bereznicki, A., Talevski, T., Ruthven, C., Bladon, S., Goldfeld, S., Brown, S. J., & Feinberg, M. E. (2021). Family Foundations to promote parent mental health and family functioning during the COVID-19 pandemic in Australia: A mixed methods evaluation. Journal of Family Studies. <https://doi.org/10.1080/13229400.2021.2019606>
- Giallo, R., Seymour, M., Fogarty, A., Feinberg, M. E., Christensen, D., Gartland, D., Wood, C., Brown, S., & Cooklin, A. (2021). Trajectories of interparental conflict and children's emotional-behavioral functioning at 10-11 years: An Australian population-based study. European Journal of Child & Adolescent Psychiatry. <https://doi.org/10.1007/s00787-020-01700-7>
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- Jones, E. J., Feinberg, M. E., Graham-Engeland, J., Jones, D. E., & Schreier, H. (2021). A perinatal coparenting intervention is associated with better parent health outcomes eight years later. PsyArXiv
- Kan, M. L., Palen, L.-A., Hill, J. L., Herrman, J. W., Williams, J. D., & Feinberg, M. E. (2021). Preventing intimate partner violence among teen mothers: A pilot study. Journal of Child and Family Studies, 30(1), 87-97. <https://doi.org/10.1007/s10826-020-01831-0>
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- LoBraico, E. J., Fosco, G. M., Fang, S., Spoth, R. L., Redmond, C., & Feinberg, M. E. (2021) Collateral benefits of evidence-based substance use prevention programming during middle-school on young adult romantic relationship functioning. Prevention Science. 1-12.
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- Sakuma, K. L. K., Feinberg, M. E., McHale, S. M., Updegraff, K. A., & Umaña-Taylor, A. J. (2021). Siblings are Special: A practical guide for adapting a universal primary prevention program for sibling relationships. In *Designing Evidence-Based Public Health and Prevention Programs* (pp. 125-144). Routledge.
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EXTERNAL RESEARCH SUPPORT: Ongoing Research

Ongoing Research

R01HD084476 (Feinberg, PI) 04/01/16–03/31/21
NIH/NICHD

Perinatal Intervention and Long-Term Outcomes

The goal of this proposal is to evaluate the long-term effects of a universal preventive intervention for couples expecting a first child on parent adjustment, parenting, and child outcomes from six to eight years after birth.

R33MH107631 (Wadsworth, PI) 04/11/16–03/31/21
NIH/NIMH

Preventing Internalizing Psychopathology in Preadolescents Exposed to Chronic Stress

The project aims to link changes in coping and the HPA to changes in internalizing symptoms that would signal prevention of the emergence of new or worsening of existing symptoms.

Role: Co-Investigator

R01HD088566 (Teti, PI) 04/01/17–03/31/22
NIH/NICHD

Coparenting, Infant Sleep, and Infant Development: An Intervention Study

This randomized clinical trial (RCT) will evaluate the effects of a sleep-enhanced adaptation of an evidence-based transition-to-parenting coparenting intervention program [Family Foundations—FF].

Role: Co-Investigator

R01HD092439 (Feinberg, Fosco Co-PIs) 09/12/17–06/30/22
NIH/NICHD

Pathways to Health from Adolescence through Young Adulthood

We will leverage a large, longitudinal intervention study (PROSPER) to look at several questions relating to the pathways to health from adolescence to young adulthood.

Role: Co-Principal Investigator

R01HL1378090 (Schreier, PI) 12/01/17–11/30/22
NIH/NHLBI

Early Psychosocial Intervention and Child and Parent Cardiovascular Disease Risk

The project will build on the Family Foundations (FF) intervention, an ongoing NICHD-funded (PI: Feinberg, HD058529) randomized controlled trial of a perinatal intervention focused on coparenting, to examine the psychosocial pathways within the family that influence child and parent CVD risk.

Role: Co-Investigator

Grant #ASUB00000125 (McHale, PI) 07/01/18–06/30/21
Arizona State University (NIH)

Innovative Family Prevention with Latino Siblings in Disadvantaged Settings

This project tests the efficacy of Siblings are Special—which focuses on sibling relationships and parenting of siblings as targets of change to promote positive interpersonal family dynamics and youth well-being.

Role: Co-Investigator

Grant #1638GWA051 (Feinberg, PI) 09/30/18–08/31/23
University of California at Los Angeles (HRSA)

Life Course Intervention Research Network (LCI-RN)

Dr. Feinberg is serving as the Family Development CRE lead for the Life Course Intervention Research Network located at the UCLA Center for Children, Families, and Communities. He will recruit researchers to address an important gap in knowledge about the role of families in children's health development.

R01HD098172-01 (Marshall, PI) 07/01/19–06/30/24
NIH/NICHD

Family Violence: The Role of Trauma

This study will describe and compare between- and within-person rates, frequencies, and severity of incidents of parent to child violence (PCV) and intimate partner violence (IPV) as well as the trajectory by which the severity of violence increases or decreases within the course of incidents.

Role: Co-Investigator

Grant #20002-83268-2 (Feinberg, PI, PSU sub.) 09/30/19–09/29/20
Texas State University

Strengthening Relationships/Strengthening Families

Penn State is finalizing modifications and materials related to the co-parenting curriculum, along with support in finalizing analyses and interpreting evaluation data for the coparenting curriculum.

Role: Principal Investigator on Penn State subcontract

Completed Research

R01DA018225 (Osgood/Feinberg, PI) 09/30/04–05/31/19
NIH/NIDA

Friendship Networks and Emergence of Substance Use

This was an investigation of friendship networks and their relationship to substance use in 28 communities as they evolved from the 6th through 12th grades.

Grant # 212.0235 (Chilenski, PI) 04/01/12–12/31/18
Annie E. Casey Foundation

Taking a Close Look at the Implementation of Evidence2Success

The Prevention Research Center at Penn State has been awarded a grant to evaluate the implementation of the Evidence2Success pilot. A mixed-method quantitative and qualitative assessment of the Evidence2Success process is underway in communities engaged in this initiative.

Role: Investigator

R03DA034664 (Frank/Chilenski, PI) 02/01/15–01/31/18
NIH/NIDA

Longitudinal Effectiveness of Communities That Care on Reducing Youth Risk Factors

This study looked at the effectiveness of the Communities That Care model (CTC) over time on youth risk and youth risk and protective factors, ATOD (alcohol, tobacco, and other drug) use, youth mental health, bullying, and gambling behaviors.

Role: Co-Investigator

5R01DA13709 (Spath, PI) 09/01/12–02/28/19
NIH/NIDA

PROSPER: Partnership Model for Diffusion of Proven Prevention

This was a competing continuation follow-up of randomized control trial of a dissemination strategy for family and school prevention programs. The goal was to assess young adult outcomes to test youth and community outcomes from disseminating programs through a university-community partnership model involving the land-grant extension system in two states.

Role: Principal Investigator on Penn State Subaward

Grant #1-312-0214787-52152L (Feinberg, PI) 04/01/15–03/31/17
RTI International

Preventing Intimate Partner Violence among Teens who are Pregnant or Parenting

In this study we looked at interventions that prevent teens who are pregnant or parenting from experiencing intimate partner violence.

Role: Principal Investigator, Penn State Subcontract (Subaward #1-312-0214787-52152)

R01HD069431 (Ammerman, PI)

06/01/12–05/31/17

NIH/NICHD

Engaging Fathers in Home Visitation: Incorporation of a Co-Parenting Intervention

A randomized trial of a home-visit version of the Family Foundation program integrated into high-risk targeted home visiting services.

Role: Principal Investigator, Penn State Subcontract (Subaward #130434)

R01DA030389-01A1 (Cleveland, PI)

09/01/11–08/31/15

NIH/NIDA

\$341,671

Implications of Genetic Variance for Substance Use Interventions in Adolescence

Investigation of the interaction of genes and environmental factors in predicting adolescent substance use in the context of the PROSPER study. Environmental factors include the intervention condition, family processes, and peer relations and networks.

Role: Co-investigator

R21HD072394 (Feinberg, PI)

08/01/13–07/31/15

NIH/NICHD

\$223,500

Military Family Foundations: Adapting an Evidence-based Family Prevention Program

To enhance the well-being and resilience of Reserve and National Guard families, we are adapting a civilian evidence-based, family-strengthening program, Family Foundations (FF), and assessing the feasibility of implementing it with Reserve and Guard families.

Role: PI

R01DA13709 (Spath, PI)

09/01/07–02/28/16

NIH/NIDA

\$150,984

Partnership Model for Diffusion of Proven Prevention

The major goal of this project is to assess the effectiveness of a model for the diffusion of empirically-validated prevention programs focused on adolescent substance abuse and mental health. The project is conducted in 14 communities in Iowa and Pennsylvania.

Role: Co-Investigator on Penn State Subaward

Grant # 212.0235 (Chilenski, PI)

04/01/12–12/31/15

Annie E. Casey Foundation

\$200,000

Taking a Close Look at the Implementation of Evidence2Success

The Prevention Research Center at Penn State has been awarded a grant to evaluate the implementation of the Evidence2Success pilot. A mixed-method quantitative and qualitative assessment of the Evidence2Success process is part of this effort in the first city involved in the project.

Role: Investigator

R03DA034664 (Frank, PI)

02/01/15–01/31/17

NIH/NIDA

\$75,350

Longitudinal Effectiveness of Communities That Care on Reducing Youth Risk Factors

In this project we will look at the effectiveness of the Communities That Care model (CTC) over time on youth risk and youth risk and protective factors, ATOD (alcohol, tobacco, and other drug) use, youth mental health, bullying, and gambling behaviors.

Role: Co-Investigator

R01HD081361 (Nix, PI)
NIH/NICHD

07/01/15–06/30/20
\$3,686,611 (all years)

Promoting Self-Regulation Skills and Healthy Eating Habits in Early Head Start

This preventive intervention uses ten food preparation lessons, delivered as part of Early Head Start home visits, to help low-income parents sensitively scaffold the development of toddlers' self-regulation skills.

Role: Co-Investigator

R01 HD058529-01A1 (Feinberg, PI)
NIH/NICHD

06/08-01/15

Promotion of Coparenting at the Transition to Parenthood

Test of an intervention to promote healthy family functioning during the transition to parenthood. The intervention, integrated in childbirth class series, is grounded by a theory of coparenting as a key construct mediating and moderating risk factors for negative parenting and child behavior problems.

R21 HD060124-01 (Feinberg, PI)
NIH/NICHD

06/08-01/14

Transition to Parenthood: Change in Couple Daily Stress Processes & Mental Health

An exploratory study of daily stress processes and emotional well-being among couples across the transition to parenthood. The study will longitudinally examine links between daily stressors, couple functioning, and depression/anxiety in the context of a randomized trial of an intervention previously shown to reduce maternal depression and enhance inter-parental relations.

(Feinberg: subcontract PI)
UK Department of Education

04/11-03/14

Dissemination of Family Foundations in UK

Adaptation of curriculum and development of train the trainer model for widespread dissemination of Family Foundations in the UK. Subcontract through the Fatherhood Institute.

5R21AA018309-02 (Feinberg, PI)
NIH/NIAAA

08/09-08/12

Examining Key Assumptions: Prevention of Alcohol Use

Examination of the empirical validity of 5 key assumptions regarding the epidemiology of adolescent alcohol use that underlie current federal and state policies toward community-based prevention of alcohol use and other problem behaviors.

5R01DA025035-02 (Feinberg, PI)
NIH/NIDA

06/09-05/12

Pilot Study of Sibling Prevention Program

Test of a universal program developed to enhance family protective factors near the end of elementary school, thereby buffering children from the elevated risks of substance use and associated problems that will soon emerge in early adolescence.

2 R01 DA13709-06A1 (Spath, PI)
NIH/NIDA

09/01/07 - 08/31/12

PROSPER

Competing continuation follow-up of randomized control trial of a dissemination strategy for family and school prevention programs. The goal is to test youth and community outcomes from disseminating programs through a university-community partnership model involving the land-grant extension system in two states.

Role: Co-PI

N/A (Osgood, PI)

08/01/07 – 07/31/11

William T. Grant Foundation

Impact of School-Based Prevention on Friendship Networks and Peer Influence

This project is integrated with the project above, consisting of secondary data analysis of the longitudinal peer network data collected from youths involved in the PROSPER project. The particular focus of this project is on the analysis of intervention effects on peer network processes.

Role: Co-PI

K23 HD042575-05 (Feinberg, PI)

09/01/03 – 08/31/09

NIH/NICHD

Developing Family-Focused Preventions

Career training grant to support Dr. Feinberg's training in the area of developing, implementing, evaluating, and refining family-focused prevention programs.

R01 DA13709-05 (Spoth, PI)

02/01/02 – 01/31/08

NIH/NIDA

PROSPER

Randomized control trial of a dissemination strategy for family and school prevention programs. The goal is to test a model of university-community partnership that involves the land-grant extension system in two states.

Role: Co-PI

PCCD (Feinberg, PI)

08/01/06 – 07/31/07

Pennsylvania Commission on Crime and Delinquency

Communities that Care: Processes

Conduct web-based questionnaire regarding functioning and efficacy of local Communities That Care prevention coalitions; produce feedback reports for local communities.

PADOH (Weisman, PI)

09/01/04 – 09/01/08

PA Dept of Health

Central PA COE for Research on Pregnancy Outcomes

Develop a regional Center of Excellence; conduct survey of women's health affecting pregnancy outcomes; and test an intervention for women to enhance pregnancy outcomes.

Role: Co-I

R21 MH064125-05 (Feinberg, PI)

11/01/02 – 10/31/07

NIH/NIMH

Promotion of Coparenting at the Transition to Parenthood

Development and pilot test of an intervention to promote healthy family functioning during the transition to parenthood. The intervention is grounded by a theory of coparenting as a key construct mediating and moderating risk factors for negative parenting and child behavior problems.