

Curriculum Vitae

JANET A. WELSH

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Positions

Current	Research Professor , Pennsylvania State University
2015-2020	Research Associate Professor , Pennsylvania State University
2011-2015	Research Assistant Professor , Pennsylvania State University.
1999-2011	Research Associate , Prevention Research Center, Pennsylvania State University
1997-2013	Instructor , Department of Psychology, The Pennsylvania State University
1994-1999	Coordinator , Clinical Supervisor & Mentoring Program, FAST Track Project, The Pennsylvania State University
1990-1991	Teacher , Early Childhood Special Education, Grinnell-Newburg School District.
1986-1988	Teacher , Early Childhood Special Education, University of Illinois Laboratory School

Education

1994	Ph.D.	Psychology	The Pennsylvania State University
1987	M.S.	Special Education	University of Illinois, Urbana-Champaign, IL

1983 B.A. Liberal Arts Grinnell College, Grinnell, IA

Research Grants & Awards

Active

- 2018 **Principal Investigator, EPISCenter SPEP Project.** Dissemination of the SPEP Model for juvenile justice interventions. Funded by the Pennsylvania Commission On Crime and Delinquency. Total award: \$630,000
- 2018 **Principal Investigator, EPISCenter Evidence Based Prevention Support Project.** Technical assistance for communities implementing evidence based prevention. Funded by the Pennsylvania Commission on Crime and Delinquency. Total award: \$945,000.
- 2020 **Principal Investigator, Building Interconnected Prevention Systems to Address Substance Misuse.** Scale up and adaptation of PROSPER intervention. Funded by the Substance Abuse and Mental Health Services Administration. Total award: \$1,096,179.
- 2018 **Principal Investigator, Growing Evidence Based Prevention in Pennsylvania to Address Opioid Misuse.** Scale up and adaptation of PROSPER intervention. Funded by the Substance Abuse and Mental Health Services Administration. Total award: \$1,104,783
- 2018 **Principal Investigator, USDA NIFA PROSPER Program** .Expansion of PROSPER to 3 new communities in Pennsylvania. Funded by the National Institute of Food & Agriculture. Total Award: \$319,744.
- 2016 **Principal Investigator, Tribal REDI Pilot Implementation.** Pilot testing of the Head Start REDI preschool program in tribal Head Start communities in South Dakota. Funded by the Annie E. Casey foundation. Total award: \$325,000
- 2015 **Co-Investigator, (Bierman, PI).** Promoting school readiness in Child care Centers. Project testing the effectiveness of the scale-up of the REDI school readiness intervention using the Cooperative Extension system's Better Kid Care professional development platform. Funded by NIH/NICHHD. Total Award: \$2,995,215
- 2015 **Co-Investigator, (Bierman, PI).** Intervening with children experiencing serious peer difficulties: The Friendship Connections program. This project involves an RCT of a school based social skills training program with peer partners designed to enhance social competence in elementary students. Funded by Institute for Educational Sciences.

Funded & Completed

- 2016-2019 **Principal Investigator**, *PROSPER Scale-up in Rural Pennsylvania*. Expansion of the PROSPER intervention model to 3 new communities in Pennsylvania. Funded by National Institute of Food & Agriculture. Total award: \$359,628
- 2015-2018 **Co-Investigator**, (Perkins, PI) U.S. Air Force Family Advocacy Research Project: Program Implementation Evaluation. Project to evaluate implementation and outcomes of evidence based interventions offered by USAF Medical Operations Administration. Funded by the National Institute on Food and Agriculture. Project: Total award: \$914,136
- 2012-2015 **Principal Investigator**, *Healthy Lifestyles Pennsylvania*. Pilot project investigating feasibility of the Lifestyle Triple P Program in PROSPER communities. Funded by Penn State's Clinical and Translational Sciences Institute. Total award: \$38,000.
- 2012-2014 **Principal Investigator**, Native Youth Resilience Project. Initiative to establish research partnerships and support pilot project development with Native American communities. Funded by Penn State's Children, Youth and Families Consortium. Total award: \$17,000.
- 2009-2015 **Principal Investigator**, *Focus on Learning Project*. Study investigating the efficacy of a home visitation program to boost learning support for at risk kindergarten children. Funded by NIH/ NICHD. Total Award: \$2,672,504.
- 2001–2013 **Co-Investigator** (Greenberg-PI). Partnership Model for the Diffusion of Proven Prevention Program. Total award: \$7,157,682.
- 2003-2008 **Co-Investigator** (Bierman – PI) Head Start REDI (Research Based, Developmentally Informed). R01 NIH/ NICHD. Total award: \$2,995,215
- 2005-2008 **Principal Investigator**, Adoptive Families Project. R03 NIH/NICHD. Total Award: \$100,000
- 2000-2003 **Principal Investigator**, Safe Schools, Healthy Students. US Department of Education, U.S. Department of Justice, SAMHSA
- 1994-1997 **Clinical Director**, FAST Track Project – Pennsylvania Site (Bierman – PI), R01 NIMH.

Peer-Reviewed Publications

*Indicates lead author or co-author is current or former student/adviser

Bierman, K.L., Heinrichs, B.S., **Welsh, J.A.**, & Nix, R.L. (in press). Sustained benefits of a preschool home visiting program: Child outcomes in fifth grade. *Early Childhood Research Quarterly*.

Jones, D., Bierman, K.L., Crowley, D.M., **Welsh, J.A.**, & Gest, J.M. (in press). Important issues in estimating costs of early childhood educational interventions: An example from the REDI program. *Children and Youth Services Review*

*Sanders, M. T., **Welsh, J. A.**, Bierman, K. L., & Heinrichs, B. S. (2021). Promoting resilience: A preschool intervention enhances the adolescent adjustment of children exposed to early adversity. *School Psychology, 35*(5), 285-298. <http://dx.doi.org/10.1037/spq0000406>

Chilenski, S.M., **Welsh, J.A.**, Perkins, D.F., & Hoffman, L. (2020). Going the distance: Technical Assistance to community prevention coalitions and its impact on coalitions and its impact on prevention coalitions over time. *Consulting Psychology Journal: Practice and Research*.

Bierman, K.L., Heinrichs, B.S., **Welsh, J.A.**, & Nix, R. L. (2020). Reducing adolescent psychopathology in socioeconomically disadvantaged children with a preschool intervention: A randomized-controlled trial. *American Journal of Psychiatry*.

*Li, J. C., **Welsh, J. A.**, DiNallo, J. M., & Nix, R. L. (2020). Parent-Focused Childhood Obesity Intervention Improves Family Functioning and Children's Well-Being. *Journal of Extension, 58*(2), v58-2rb2.

*Ramsook, K.A., **Welsh, J.A.**, & Bierman, K.L. (2020). What you say, and how you say it: Preschoolers' growth in vocabulary and communication skills differentially predict kindergarten academic achievement and self-regulation. *Social Development, 29*, 783-300.

Welsh, J.A., Bierman, K.L., Nix, R.L., & Heinrichs, B.S. (2020). Sustained effects of a school readiness intervention: 5th grade outcomes of the Head Start REDI program. *Early Childhood Research Quarterly*.

Welsh, J.A., Olson, J.R., & Perkins, D.F. (2019). Gender differences in post deployment adjustment of Air Force personnel: The role of wartime experiences, unit cohesion, and self-efficacy. *Military Medicine, 184*, 229-234.

*Breedon, N. C., **Welsh, J. A.**, Olson, J. R., & Perkins, D. F. (2018). The Women's Experience: A Look at Risk and Protective Factors for Deployed Female Air Force Personnel. *Journal of Women's Health, 27*(12), 1449-1455.

Olson, J. R., **Welsh, J. A.**, Perkins, D. F., & Ormsby, L. (2018). Individual, family and community predictors of PTSD symptoms following military deployment. *Family Relations, 67*, 615-629.

Aronson, K. R., **Welsh, J. A.**, Fedotova, A., Morgan, N. R., Perkins, D. F., & Travis, W. (2018).

Treating PTSD in active duty service members using cognitive processing therapy or prolonged exposure therapy: Examining everyday practice at a military outpatient clinic. *Military Psychology*, 30(6), 465-475.

Chilenski, S. M., **Welsh, J. A.**, Olson, J., Hoffman, L., Perkins, D. F., & Feinberg, M. E. (2018). Examining the highs and lows of the collaborative relationship between technical assistance providers and prevention implementers. *Prevention Science*, 19(2), 250-259.

Bierman, K.L., **Welsh, J.A.**, Heinrichs, B.S., & Nix, R.L. (2018). Effects of preschool home visiting on school readiness and need for services in elementary school: A randomized clinical trial. *JAMA Pediatrics*, doi:10.1001/jamapediatrics.2018.1029 .

Bierman, K.L., Heinrichs, B.S., **Welsh, J.A.**, Nix, R.L., & Gest, S.D. (2017). Enriching preschool classrooms and home visits with evidence based programming: Sustained benefits for low income children. *Journal of Child Psychology and Psychiatry*, doi:10.1111/jcpp.12618

*Michalopoulou, L.E., **Welsh, J.A.**, Perkins, D.F., & Ormsby, L..(2016) Stigma and mental health service utilization in military personnel: A review of the literature. *Military Behavioral Health*. <http://dx.doi.org/10.1080/21635781.2016.1200504>.

Hall, C.M., **Welsh, J.A.**, & Bierman, K.L. (2016). Kindergarten Social Withdrawal and Reading Achievement: A Cross-Lagged Path Model for At-Risk Learners. *Psychology in the Schools*, 53, 751-759.

Chilenski, S.M., **Welsh, J.A.**, Perkins, D.F., Feinberg, M.E., & Greenberg, M.T. (2016). Universal prevention exposure as a moderator of the community context: Findings from the PROSPER project. *American Journal of Community Psychology*, 57, 8-19.

Welsh, J.A., Chilenski, S.M., Johnson, L.J., Greenberg, M.T., & Spoth, R.L. (2016). Pathways to sustainability: 8 year follow up from the PROSPER Project. *Journal of Primary Prevention*.

Chilenski, S. M., Perkins, D. F., Olson, J., Hoffman, L., Feinberg, M. E., Greenberg, M., **Welsh, J.A.**, Crowley, D.M., & Spoth, R. (2016). The power of a collaborative relationship between technical assistance providers and community prevention teams: A correlational and longitudinal study. *Evaluation and program planning*, 54, 19-29.

Nix, R.L., Bierman, K.L., Heinrichs, B.S., Gest, S.D., **Welsh, J.A.**, & Domitrovich, C.E. (2016). The randomized controlled trial of Head Start REDI: Sustained effects on developmental trajectories of social-emotional functioning. *Journal of Consulting and Clinical Psychology*, 84, 310-22.

Greenberg, M.T., Feinberg, M.E., Johnson, L.E., Perkins, D.F., **Welsh, J.A.** & Spoth, R.L. (2015). Factors that predict financial stability of community coalitions. Five years of findings from the PROSPER partnership project. *Prevention Science*, 16, 158-167.

- Bierman, K.L., **Welsh**, J.A., Heinrichs, B.S., Nix, R.T., & Mathis, E.T. (2015). Helping Head Start parents promote their children's kindergarten adjustment: The Research based, developmentally informed parent program. *Child Development*, p. 1-15.
- Welsh**, J.A., Olson, J., Travis, W.J., Perkins, D.P., & Ormsby, L.(2015). The Role of Natural Support Systems in the Post-Deployment Adjustment of Active Duty Military Personnel. *American Journal of Community Psychology*, 56, 69-78.
- Olson, J. R., **Welsh**, J.A., & Perkins, D. P. (2015). Evidence-based programming within Cooperative Extension: How can we maintain program fidelity while adapting to meet local needs? *Journal of Extension*.
- Okado, Y., Bierman, K. L., & **Welsh**, J. A. (2014). Promoting School Readiness in the Context of Socio-Economic Adversity: Associations with Parental Demoralization and Support for Learning. *Child & Youth Care Forum*, 43, pp. 353-371.
- Greenberg, M.T., Feinberg, M.E., Johnson, L.E., Perkins, D.F., **Welsh**, J.A., & Spoth, R.L. (2014). Factors that predict financial sustainability of community coalitions: Five years Findings from the PROSPER partnership project. *Prevention Science*, 1-10.
- Bierman, K.L., Nix, R.L., Heinrichs, B.S., Domitrovich, C.E., Gest, S.D., **Welsh**, J.A., & Gill, S. (2013). Effects of Head Start REDI on children's outcomes one year later in different kindergarten contexts. *Child Development*, 85, 140-159.
- Welsh**, J.A., & Viana*, A.G. (2012). Developmental outcomes of internationally adopted children. *Adoption Quarterly* 15, 241-264.
- Nelson, K.E., **Welsh**, J.A., & Greenberg, M.T. (2011). Language delays of impoverished preschool children in relation to early academic and emotion recognition skills. *First Language*, 31, 164-194.
- Davidson, A.J., Gest, S.D., & **Welsh**, J.A. (2010). Relatedness with teachers and peers during early adolescence: An integrated variable oriented and person oriented approach. *Journal of School Psychology*, 48, 483-510.
- Gest, S. D., Rulison, K. L., Davidson, A. J., **Welsh**, J. A., & Domitrovich, C. E. (2010). Children's academic reputations among peers: Longitudinal associations with academic self-concept, effort and performance. *Developmental Psychology*.
- Rulison, K.L., Gest, S.D., Loken, E., & **Welsh**, J.A. (2010). Rejection, feeling bad, and being hurt: Using multilevel modeling to clarify the link between peer group aggression and adjustment. *Journal of Adolescence*, 33, 787-800.
- Welsh**, J.A., Nix, R.L., Blair, C., Bierman, K.L., & Nelson, K.E. (2010). The development of cognitive skills and gains in academic school readiness in children from low-income families. *Journal of Educational Psychology*, 102, 43-53.

- Viana*, A.G. & **Welsh, J.A.** (2010). Correlates and Predictors of Parenting Stress among Internationally Adopting Mothers: A Longitudinal Investigation. *International Journal of Behavior and Development, 34*, 363-373.
- Bierman, K.L., Torres, M.M., Domitrovich, C.E., **Welsh, J.A.**, & Gest, S.D. (2009). Behavioral and cognitive readiness for school: Cross domain associations for children attending Head Start. *Social Development, 18*, 305-323
- Bierman, K.L., Domitrovich, C.E., Nix R.L., Gest, S.D., **Welsh, J.A.**, Greenberg, M.T., Blair, C., Nelson, K.E., & Gill, S. (2008). Promoting academic and social-emotional school readiness: The Head Start REDI Program. *Child Development, 79*, 1802-1817.
- Domitrovich, C.E., Gest, S.D., Gill, S., Bierman, K.L., **Welsh, J.A.**, & Jones, D. (2009). Fostering high quality teaching with an enriched curriculum and professional development support: The Head Start REDI Program. *American Educational Research Journal, 46*, 567-597.
- Gest, S.D., Rulison, K.L., Davidson, A.J., & **Welsh, J.A.** (2008). A reputation for success (or failure): The association of peer academic reputations with academic self-concept, effort, and performance across the upper elementary grades. *Developmental Psychology, 44*, 625-636.
- Welsh, J. A.**, Viana,* A.G., Petrill, S.A., & Mathias, M.D. (2008). Ready to Adopt: Characteristics and expectations of pre-adoptive families pursuing international adoptions. *Adoption Quarterly, 11*, 176-203.
- Gest, S.D., Davidson, A.J., Rulison, K.L., Moody, J. & **Welsh, J.A.** (2007). Features of groups and status hierarchies in girls' and boys' early adolescent peer networks. *New Directions for Child and Adolescent Development, 118*, 43-60.
- Welsh, J. A.**, Viana*, A.G., Petrill, S.A., & Mathias, M.D. (2007). Interventions for Internationally Adopted Children and Families: A Review of the Literature. *Journal of Child and Adolescent Social Work, 24*, 285-311.
- Gest, S. D., Holland-Coviello, R. H., & **Welsh, J. A.**, Eicher-Catt, D., & Gill, S. (2006). Language development sub-contexts in Head Start classrooms: Varying cognitive challenges in free play, mealtime and book reading contexts. *Early Education & Development, 17*, 293-315.
- Gest, S. D., Domitrovich, C. E., & **Welsh, J. A.** (2005). Peer academic reputation in elementary school: Associations with changes in self-concept and academic skills. *Journal of Educational Psychology, 97*(3), 337-346.
- Gest, S. D., **Welsh, J. A.**, & Domitrovich, C. E. (2005). Behavioral predictors of changes in social relatedness and liking school in elementary school. *Journal of School Psychology, 43*, 281-301.
- Gest, S.D., Freeman, N.R., Domitrovich, C.E., & **Welsh, J.A.** (2004). Parental discipline style as a moderator of the association between shared book reading and language comprehension skills. *Early Childhood Research Quarterly, 19*, 319-336.

Meek, J., Lillehoj, C. J., **Welsh, J.**, & Spoth, R. (2004). Rural community partnership recruitment for an evidence-based family-focused prevention program: The PROSPER project. *Rural Mental Health, 29*, 23-28.

Welsh, J.A., Domitrovich, C.E., Bierman, K.L., & Lang, J. (2003). Promoting safe schools and healthy students in Rural Pennsylvania. *Psychology in the Schools, 40*, 457-472.

Nelson, K.E., **Welsh, J.A.**, Trup, E.M., & Greenberg, M.T. (2001). Language delays of impoverished preschool children in relation to early academic and emotion regulation skills. *First Language, 31*, 161-194.

Bierman, K.L., & **Welsh, J.A.** (2000). Assessing social dysfunction: The contributions of laboratory and performance based measures. *Journal of Child Clinical Psychology, 29*, 526-539.

Nelson, K.E., Camarata, S. M., **Welsh, J.A.**, Butkovsky, L.L., & Camarata, M. (1996). Effects of imitative and conversational recasting treatment on the acquisition of grammar in children with specific language impairment and younger language-normal children. *Journal of Speech and Hearing Research, 39*, 850-856.

Nelson, K.E., **Welsh, J.A.**, Camarata, S.M., Butkovsky, L.L., & Camarata, M. (1995). Available input and available language learning mechanisms for specifically language delayed and language normal children. *First Language, 15*, 1-15.

Manuscripts Under Review:

Welsh, J.A., Bierman, K.L., Jacobson, L.N., Mincemoyer, C.C., Jones, D.E., Hunter, L.M., & Bayly, B.L. Improving Preschool Teaching Quality in Childcare Settings Using Evidence-based Curriculum Components and an Adapted Professional Development Model. *Journal of Teacher Education*.

Spoth, R., Redmond, C., Shin, C., Trudeau, L., Greenberg, M., Feinberg, M., **Welsh, J.A.** PROSPER universal preventive interventions with young adolescents: Long-term effects on substance misuse and problem behaviors through young adulthood. Manuscript under review. *Child Development*.

Spoth, R.L.,

Book Chapters

Bierman, K.L., Nix, R.L., Domitrovich, C.E., **Welsh, J.A.**, & Gest, S.D., (2015). The Head Start REDI Project and school readiness. In A.J. Reynolds, A.J. Rolnick, & J.A. Temple (Eds.). *Health and Education in Early Childhood*. Cambridge: Cambridge University Press.

Welsh, J.A., Bierman, K.L., & Mathis, E. T. (2012). Parenting programs that promote school readiness. In M. Boivin & K. Bierman (Eds.) . *Promoting school readiness and early learning: The implications of developmental research for practice*. New York: Guilford.

- Welsh, J.A.** (2012). Implementation of interventions to promote school readiness. In B. Kelly & D.F. Perkins (Eds.) *Handbook of implementation science for psychology and education*. Cambridge: Cambridge University Press.
- Welsh, J.A.** & Domitrovich, C.E. (2006). The Safe schools, healthy students Initiative in rural Pennsylvania. In S. Jimerson & M. Furlong (Eds.) *Handbook of Violence and School Safety* (pp. 511-524). Mahwah, NJ: Erlbaum.
- Stormshak, E. F. & **Welsh, J.A.** (2004). Enhancing social competence. In D. M. Teti (Ed.). *Handbook of research methods in developmental science*. (pp. 271-294). Malden, MA: Blackwell.
- Welsh, J.A.**, & Bierman, K.L. (2003). Using the clinical interview to assess children's interpersonal reasoning and emotional understanding. In C.R. Reynolds & R.W. Kamphaus (Eds.) *Handbook of Psychological and Educational Assessment of Children*. New York: Guilford.
- Welsh, J.A.**, Bierman, K.L., & Pope, A. (2000). Play assessment of peer interaction in children. In K. Gitlin-Weiner, A. Sandgrund & C. Schaefer (Eds.) *Play Diagnosis and Assessment (Second Edition)*. New York: Wiley.
- Domitrovich, C. E. & **Welsh, J. A.** (2000). Developmental models for interventions to prevent conduct problems. In R.S. Moser & C.E. Frantz (Eds.), *Shocking Violence*. Springfield, IL: Charles C. Thomas.
- Bierman, K.L. & **Welsh, J.A.** (1998). Social relationship deficits. In E.J. Mash & L.G. Terdal (Eds.) *Behavioral Assessment of Childhood Disorders, Third Edition*, New York: The Guilford Press.
- Nelson, K.E. & **Welsh, J.A.** (1998). Progress in multiple language domains by deaf children and hearing children: Discussions within a Rare Event Transactional Model. In R. Paul (Ed.) *Exploring the Speech-Language Connection*. Baltimore: Brookes.
- Nelson, K.E., **Welsh, J.A.**, Camarata, S.M., Tjus, T. & Heiman, M. (1998). A rare event transactional model of tricky mix conditions contributing to language acquisition and varied communicative delays. In K.E. Nelson, A. Koc, & C. Johnson (Eds.) *Children's Language, Volume 11*. Hillsdale, NJ: Erlbaum.
- Welsh, J.A.** & Bierman, K.L. (1998). Social Competence. In J. Kagan (Ed.) *Encyclopedia of the Child and Child Development*. Pepper Pike, OH: Eastwood Publications.

Reports

- *Kauffman, M., **Welsh, J.A.**, & Perkins, D.F. (2015). *Preliminary Findings from the Early Action Campaign*. Report Prepared for the U.S. Air Force Medical Operations Administration.
- Welsh, J.A.** & Perkins, D.F. (2016). *The U.S. Air Force Family Advocacy Outreach Implementation of the Family Check Up Program*. Report prepared for the U.S. Air Force Medical Operations Administration.
- Welsh, J.A.**, Olson, J.E., & Perkins, D.F. (2015). *PTSD Analyses from the Community Assessment Survey*. Report Prepared for the U.S. Air Force Medical Operations Administration.
- Welsh, J.A.**, Morgan, N., & Perkins, D.F. (2015). *Wilford Hall PTSD Treatment study: Phase II*. Report prepared for the U.S. Air Force Medical Operations Administration.
- Welsh, J.A.**, Morgan, N., Perkins, D.F., Aronson, K.R., & Winnick, J. (2014). *Wilford-Hall PTSD treatment study: Phase I*. Report prepared for the United States Air Force Medical Operations Administration.

Aronson, K.R., **Welsh, J.A.**, Perkins, D.F., & Kaufman, M. (2013). *Alcohol and drug abuse treatment (ADAPT) Level 1 care: A review provided for the United States Air Force*. Report prepared for the U.S. Air Force Medical Operations Administration.

Conference Presentations

- Welsh, J.A.** (2019, April). Effective Community Based prevention to Combat Opioid Misuse. Presentation at the inaugural meeting of the Consortium to Combat Substance Abuse (CCSA), State College, PA.
- Welsh, J.A.** & Tomascik, M.O. (2018, November). Evidence based prevention in community settings in Pennsylvania. Presentation at the 4th Annual Addiction Symposium, Hershey Medical Center, Hershey, PA.
- Spoth, R.L., **Welsh, J.A.** & Johnson, M (2018, February). PROSPER: Overview, integration with other models, application to the opioid crisis. Presentation at the annual meeting of the Community Anti-Drug Coalitions of America (CADCA), Washington, DC.
- Welsh, J.A.** & Bierman, K.L. (2016 July). Persistent effects of early child hood interventions: Grade 5 outcomes of the Head Start REDI Program. Paper symposium presented at the National Research Conference on Early Childhood, Washington, DC
- Welsh, J.A.** (2016, July) PROSPER program impacts & the role of Evidence-based prevention. Presentation at the Annual Meeting of the Pennsylvania County Commissioners Association.
- Welsh, J.A.**, Graver, M.G., & Kaucher, R.L. (2016, July). Longitudinal outcomes from the PROSPER prevention trial. Presentation at the Annual meeting of the Pennsylvania Liquor Control Board, Gettysburg, PA.
- *Li, J. C., **Welsh, J. A.**, & DiNallo, J. M. (2015, March). Group Lifestyle Triple P in central Pennsylvania: Results from a randomized pilot intervention trial. Poster presented at the Society for Research in Child Development Biennial Meeting, Philadelphia, PA.
- *Li, J. C., **Welsh, J. A.**, DiNallo, J. M., & Gest, S.D. (2014, May). Parental management of lifestyle behaviors associated with childhood obesity: Associations with child weight-status and behaviors in middle childhood. Poster presented at the Society for Prevention Research 22nd Annual Meeting, Washington, D.C.
- *Li, J. C., **Welsh, J. A.**, DiNallo, J. M., & Gest, S.D. (2014, April). Parental management of lifestyle behaviors associated with childhood obesity: Associations with child weight-status and behaviors in middle childhood. Poster presented at the 29th Annual Graduate Exhibition, University Park, PA.
- *Li, J. C., **Welsh, J. A.**, DiNallo, J. M., & Gest, S.D. (2014, April). Parental management of lifestyle behaviors associated with childhood obesity: Associations with child weight-status and behaviors in middle childhood. Poster presented at the College of Health and Human Development and College of Nursing Interdisciplinary Research Forum and Social, University Park, PA.
- Welsh, J.A.** (2015, January). Follow up findings from the Wilford-Hall PTSD treatment study. Presentation at the U.S. Air Force Annual Research Conference, San Antonio, TX
- Welsh, J.A.** (2014, March). Evidence-based approaches to the treatment of childhood obesity. Presentation at the College of Nursing Research Conference, University Park, PA.
- Welsh, J.A.** (2014, January). Preliminary findings from the Wilford-Hall PTSD treatment study. Presentation at the U.S. Air Force Annual Research Conference, San Antonio, TX.
- Welsh, J.A.** (2013, May). Healthy Lifestyles Pennsylvania. Presented at the Clinical and Translational Sciences Institute meeting, Hershey, PA.
- Welsh, J. A.** (2010, December). Intervention and Early Intervention. Presentation for the Centre for Effective Services, Dublin, Ireland.
- Mathias, M.D., **Welsh, J.A.**, & Viana, A.G. (2010, February). Health expectations

- for internationally adopted children. Poster presented at the New Worlds of Adoption Conference, Amherst, MA.
- Welsh, J.A.,** Viana, A.G., & Mathias, M.D. (2010, February). Developmental outcomes of internationally adopted children. Poster presented at the New Worlds of Adoption Conference, Amherst, MA .
- Welsh, J.A.** & Bender, E. (2009, May). PROSPER: Working for Pennsylvania Communities. Presentation sponsored by the Governor's Commission on Youth And Families, Spotlight on Prevention, Erie, PA
- Welsh, J.A.,** Continenza, D. & Kaucher, R. (2009, June). PROSPER: Working for Pennsylvania Communities. Presentation sponsored by the Governor's Commission on Youth And Families, Spotlight on Prevention, Lancaster, PA
- Welsh, J.A.** (2007, October). PROSPER: A Model for Community Based Collaboration. Presentation at the meeting sponsored by CADCO, Washington, DC.
- Welsh, J.A.** (2007, May). Project PROSPER. Presentation at the Annual meeting of the Pennsylvania Safe Schools Collaborative, Harrisburg, PA
- Bierman, K.L., Domitrovich, C.E., Nix, R.L., Gest, S.D., **Welsh, J.A.,** Greenberg, M.T., Blair, C., Nelson, K.E., & Gill, S. (2007, March). Promoting school Readiness Among Economically-Disadvantaged Preschoolers: Initial Outcomes of Head Start REDI. Poster presented at the Society For Research in Child Development, Boston, MA.
- Davidson, A. J., Gest, S. D., & **Welsh, J. A.** (2006). Children's social knowledge and position in the peer social network in middle childhood. Poster presented at the Society for Research in Adolescence, San Francisco, April.
- Rulison, K. L., Gest, S. D., & **Welsh, J. A.** (2006). Peer Affiliations between High, Moderate and Low Aggression Youth: Structural characteristics, network position and influence within mixed-aggression peer groups. Poster presented at the Society for Prevention Research, San Antonio, May.
- Gest, S.D., Rulison, K.L., & **Welsh, J.A.** (2004, March & June). Within-year continuity in children's peer environments at school. Poster presented at the Biennial meeting of the Conference on Human Development, Washington DC, March; and at the Society for Prevention Research, Quebec City, June.
- Gest, S.D., **Welsh, J.A.,** Rulison, K.L., & Domitrovich, C.E. (2004, March). Perceptions of school in early adolescence: Normative trends and peer influences. Poster presented at the Society for Research on Adolescence, Baltimore.
- Gest, S.D., **Welsh, J.A.,** & Domitrovich, C.E. (2004, June). A 2-Year longitudinal study of children's perceptions of school: Normative trends & peer influences. Poster presented at the Society for Prevention Research. Quebec City.
- Gest, S. D., **Welsh, J. A.** & Domitrovich, C. E. (2003, June). Peer influences on children's sense of community, school liking and perceptions of teacher supportiveness in grades 3 to 5. Poster presented at the Annual Meeting of the Society for Prevention Research, Washington, DC, June 14, 2003.
- Welsh, J. A.,** Gest, S. D., & Domitrovich, C. E. (2003, June). Children's perceptions of the school environment: grade-related changes and associations with social competence. Poster presented at the Annual Meeting of the Society for Prevention Research, Washington, DC, June 14, 2003.
- Gest, S.D. & **Welsh, J.A.** (2003, April). Students' sense of community and relationships with adults and peers at school: Links to school motivation in grades 3 to 5. Poster presented at the Biennial meeting of the Society for Research in Child Development, Tampa, FL.

Meek, J., Lilihoj, C. & **Welsh, J.A.** (2001, June). PROSPER project: Universal prevention intervention program menu and organizing, supporting and sustaining local prevention teams. Presentation & panel discussion at the annual meeting of the National Association for Rural Mental Health, Wilmington, SC.

Teaching

Course Title	Brief Description	Years Taught	Number of Students (approximate)
Psychology 100	Introductory psychology	Summer, 1993	100
Psychology 212	Introduction to Developmental Psychology	Summer, 1994	65
Psychology 407	Advanced undergraduate research methods in psychology	Fall, 1996	25
Psychology 477	Mental health practicum with children (clinical child psychology for undergraduates)	2000-2014	20
Psychology 495K	Mental health practicum with children (this is a continuation of the psych 477 practicum class)	2000-2014	20
HDFS 415	This class reviews family-based interventions, with an emphasis on understanding program theory and factors that make these programs work in real world settings	Fall, 2014 Fall, 2015 Fall, 2016 Fall, 2017 Fall, 2018 Fall, 2019 Fall, 2020 Fall, 2021	16 25 18 16 18 18 14 19
HDFS 506	Program evaluation – graduate level class that reviews methods and considerations when evaluating programs in applied and research contexts	Spring, 2015	7
HDFS 497B	Social services for military families	Spring, 2016 Spring, 2017 Spring, 2018 Spring, 2019 Spring, 2020 Spring 2021	25 10 16 19 16 20

Service

Graduate Student Committees (Candidacy, Masters, Doctoral, TIES)

Abenavoli, Rachel (HDFS)
 Chauveron, Lisa (Extension Education)
 Continenza, Denise (Extension Education)
 Davenport, Katie (Extension Education)

Ho, Leslie (Psychology)
Kauffman, Molly (School Psychology)
Li, Jacinda (HDFS)
LoBraico, Emily (HDFS)
Mathis, Erin (Psychology)
Marzin, Jenna (School Psychology)
Mazal, Molly (School Psychology)
Mayfield, Keiana (HDFS)
McDonial, Meghan (Psychology)
Michalopolou, Lito (School Psychology)
Ramos, Amanda (Psychology)
Ramos, Diana (Extension Education)
Ramsook, Shana (Psychology)
Richardson, Amber (Extension Education)
Sanders, Michael (Psychology)
Sasser, Tyler (Psychology)
Schlager, Olivia (School Psychology)
Scheve, Julia (Extension Education)
Schulte, Jill (Extension Education)
Viana, Andres (Psychology)
Zadzora, Kathleen (HDFS)

Grant Review

2021 Reviewer & Panel Member, NCER Methods, Institute for Educational Science
2020 Reviewer & Panel Member, NCER Methods, Institute for Educational Science
2018 Reviewer, Pennsylvania Commission on Crime and Delinquency
2014 Reviewer, Clinical & Translational Science Institute, Pennsylvania State University
2014 Reviewer, Social Science Research Institute, Pennsylvania State University
2011 Reviewer & Panel Member, Special Emphasis Panel on Co-Morbid Cannabis use disorders, (NIH/NIDA)
2011 Reviewer & Study Section Member, Psychosocial Development, Risk and Prevention Study Section (NIH/NICHHD)
2011 Reviewer, National Head Start Research Council

Editorial Boards

2014-present Journal of Emotional and Behavioral Disorders

Journal Reviews

Journal of Emotional and Behavioral Disorders, Child Development, Adoption Quarterly, Developmental Psychology, Journal of School Psychology, Journal of Educational Psychology,

Journal of Primary Prevention, Journal of Early Adolescence, Children & Youth Services Review, Prevention Science

Departmental Service

2021 Member, HDFS Non-tenure line promotion committee.
2014 Member, HDFS prevention science faculty search committee.

University Service

2017-2020 Member, Penn State Hazardous Materials Response Team
2018 Member, college Human Resources search committee

Community Outreach

2018-present Principal Investigator, EPISCenter
2000-2012 Director, Community Friendship Group program, Child Study Center
2007-present Field Director, PROSPER project