



PennState

College of Health and
Human Development

EDNA BENNETT PIERCE
PREVENTION RESEARCH CENTER

Penn State CORE

COLlege Relationships & Experiences

PENN STATE DESCRIPTIVE STATISTICS

COVID-19 FOLLOW-UP

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EDNA BENNETT PIERCE PREVENTION RESEARCH CENTER

Penn State University

August 6, 2020

Research Funded by:

Huck Institutes of the Life Sciences
Social Science Research Institute

IRB: STUDY00015148

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Number of Participants

Overall

CONSENT	FREQUENCY	PERCENTAGE
Yes	1004	100

By Campus

CAMPUS	FREQUENCY	PERCENTAGE
University Park	466	46.4
Behrend	146	14.5
Harrisburg	97	9.7
Abington	92	9.2
Altoona	78	7.8
Berks	69	6.9
Brandywine	28	2.8
Beaver	14	1.4
Greater Allegheny	14	1.4

Demographics

What is your sex that was assigned at birth? (For example, on your birth certificate)

SEX	FREQUENCY	PERCENTAGE	PSU BENCHMARK
Female	616	61.4	45.0
Male	384	38.2	55.0
Prefer not to answer	<5	N/A	

How old are you?

AGE	FREQUENCY	PERCENTAGE
18	140	13.9
19	371	37.0
20	246	24.5
21-23	226	22.6
24 or older	19	1.9
Prefer not to answer	<5	N/A

Linked Demographics from CORE Wave 1

What is your current gender?

GENDER	FREQUENCY	PERCENTAGE
Male/man	378	37.6
Female/woman	604	60.2
Genderqueer/gender nonconforming	11	1.1
Trans male/ trans man	<5	N/A
Trans female/ trans woman	<5	N/A
Prefer not to answer	5	0.5

Which option best describes your sexual identity/orientation?

SEXUAL IDENTITY	FREQUENCY	PERCENTAGE
Heterosexual/straight	855	85.2
Bisexual	84	8.4
Gay	18	1.8
Lesbian	16	1.6
Queer	6	0.6
None of these options apply	5	0.5
Prefer not to answer	20	2.0

NIH Calculated Sexual and Gender Minority (SGM) Variable*

SGM	FREQUENCY	PERCENTAGE
No	855	85.2
Yes	127	12.6
Prefer not to answer	22	2.2

*This was calculated by classifying a participant as SGM if they identified their gender and sexual identity as something other than male, female and heterosexual/straight.

What is your race or ethnicity? Mark all that apply.

RACE	FREQUENCY	PERCENTAGE
Single Race	911	91.6
Multiracial	84	8.4

RACE/ETHNICITY	FREQUENCY	PERCENTAGE
White	712	71.6
Asian	106	10.7
Black or African American	45	4.5
Hispanic, Latino/a, or Spanish	31	3.1
Middle Eastern or North African	14	1.4
Some other race or ethnicity	<5	N/A

Is your home residence (when not in school):

RESIDENCE	FREQUENCY	PERCENTAGE
In Pennsylvania	762	75.9
In the US, but in a different state other than Pennsylvania	197	19.6
Outside of the US (international student)	43	4.3
Prefer not to answer	<5	N/A

Parental Educational Attainment

What was the highest level of education completed by your Mother?

MOTHER'S EDUCATIONAL ATTAINMENT	FREQUENCY	PERCENTAGE
Did not complete high school	26	2.6
High school diploma or equivalent	222	22.1
Vocational/technical training	34	3.4
Associate's degree	133	13.2
Bachelor's degree	347	34.6
Master's degree or equivalent	172	17.1
Doctoral degree (PhD, MD)	28	2.8
Do not know mother's education level	25	2.5
Prefer not to answer	17	1.7

What was the highest level of education completed by your Father?

FATHER'S EDUCATIONAL ATTAINMENT	FREQUENCY	PERCENTAGE
Did not complete high school	35	3.5
High school diploma or equivalent	230	22.9
Vocational/technical training	71	7.1
Associate's degree	62	6.2
Bachelor's degree	317	31.6
Master's degree or equivalent	162	16.1
Doctoral degree (PhD, MD)	63	6.3
Do not know father's education level	46	4.6
Prefer not to answer	18	1.8

First-Generation Student Calculation*

FIRST-GENERATION STUDENT	FREQUENCY	PERCENTAGE
Not a first-generation student	683	68.0
First-generation student	291	29.0
Insufficient information to determine	30	3.0

*If neither parent had completed higher than an associate's degree, then the participant was considered a first-generation college student. Data was incomplete if participant indicated prefer not to answer for both or did not know for both of their parent's education levels.

Family Information

Were you born in the United States?

BORN IN US	FREQUENCY	PERCENTAGE
Yes	908	90.4
No	92	9.2
Prefer not to answer	<5	N/A

Was your mother born in the United States?

MOTHER BORN IN US	FREQUENCY	PERCENTAGE
Yes	787	78.4
No	211	21.0
Prefer not to answer	<5	N/A
Don't know	<5	N/A

Was your father born in the United States?

FATHER BORN IN US	FREQUENCY	PERCENTAGE
Yes	780	77.7
No	210	20.9
Prefer not to answer	<5	N/A
Don't know	10	1.0

[US born information combined]

FAMILY IMMIGRATION STATUS	FREQUENCY	PERCENTAGE
US born participant with both US born parents	751	74.8
US born participant with a non-US born parent	157	15.6
Non-US born participant with a non-US born parent	86	8.6
Non-US born participant with a least one US born parent	10	1.0

COVID-19 Health Feedback

The chances of my getting COVID-19 are high.

SUSCEPTIBLE	FREQUENCY	PERCENTAGE
Strongly disagree	172	17.1
Disagree	405	40.3
Not sure	244	24.3
Agree	144	14.3
Strongly agree	37	3.7
Prefer not to answer	<5	N/A

Have you been tested for COVID-19?

TESTED	FREQUENCY	PERCENTAGE
No	981	97.7
Yes	19	1.9
Prefer not to answer	<5	N/A

What was the test result and outcome? [Of the participants who said they were tested for COVID-19]

TEST OUTCOME	FREQUENCY	PERCENTAGE
Tested negative for COVID-19	16	84.2
Tested positive and have since recovered	<5	N/A
Tested positive but not fully recovered	<5	N/A
Prefer not to answer	<5	N/A

Since January 2020, have you had symptoms of COVID-19 (dry cough, fever, shortness of breath)? [Of the participants who had not gotten tested for COVID-19 as well as those that tested negative]

SYMPTOMS	FREQUENCY	PERCENTAGE
Not had any symptoms	785	79.7
Had mild symptoms	139	14.1
Had somewhat severe symptoms	28	2.8
Had moderately severe symptoms	16	1.6
Had severe symptoms	15	1.5
Prefer not to answer	<5	N/A

Adherence to Preventative Policies and Measures

Have you been back to campus for any reason since the governor began issuing stay at home orders on March 23rd 2020?

ON CAMPUS	FREQUENCY	PERCENTAGE
No	846	84.3
Yes	156	15.5
Prefer not to answer	<5	N/A

Have you *ever* been in close proximity (6 feet or less) to someone showing key symptoms of COVID-19 (fever, cough, shortness of breath) or who tested positive for COVID-19?

PROXIMITY	FREQUENCY	PERCENTAGE
No	918	91.4
Yes	81	8.1
Prefer not to answer	5	0.5

During the past two weeks, have you been in close proximity (6 feet or less) to someone showing key symptoms of COVID-19 (fever, cough, shortness of breath) or who tested positive for COVID-19? [Of the participants who said they had been in close proximity to those showing key symptoms or who tested positive for COVID-19]

RECENT PROXIMITY	FREQUENCY	PERCENTAGE
No	65	80.2
Yes	15	18.5
Prefer not to answer	<5	N/A

Individuals vary in their ability and interest in practicing “social distancing,” that is, maintaining at least 6 feet between themselves and others (not including those they live with). How often have you practiced social distancing *during the past two weeks*?

Scale: 1-Not at all to 7-All of the time

SOCIAL DISTANCING ADHERENCE	FREQUENCY	PERCENTAGE
All of the time	413	41.1
6	276	27.5
5	154	15.3
Neutral	88	8.8
3	43	4.3
2	13	1.3
Not at all	12	1.2
Prefer not to answer	5	0.5

During the past two weeks, how consistently have you worn a scarf or facial mask when in public (that is, when there is a chance of being within 6 ft of individuals who do not live with you – such as when grocery shopping)?

Scale: 1-Not at all to 7-Always

MASK WEARING ADHERENCE	FREQUENCY	PERCENTAGE
Always	653	65.0
6	133	13.2
5	85	8.5
Neutral	55	5.5
3	19	1.9
2	15	1.5
Not at all	36	3.6
Prefer not to answer	8	0.8

During the past two weeks, how consistently have you practiced handwashing according to current guidelines (regularly wash hands with warm water and soap for 20 seconds)?

Scale: 1-Not at all to 7-All of the time

HAND WASHING ADHERENCE	FREQUENCY	PERCENTAGE
All of the time	543	54.1
6	193	19.2
5	136	13.5
Neutral	90	9.0
3	24	2.4
2	8	0.8
Not at all	8	0.8
Prefer not to answer	<5	N/A

Coronavirus Pandemic Information Sources

How informed are you about the current COVID-19 situation?

Scale: 1-Not at all Informed to 7-Very Informed

INFORMED	FREQUENCY	PERCENTAGE
Very Informed	321	32.0
6	258	25.7
5	240	23.9
Neutral	147	14.6
3	28	2.8
2	5	0.5
Not at all Informed	<5	N/A
Prefer not to answer	<5	N/A

How often do you get information on the coronavirus pandemic from the following sources:

Scale: 1-Frequently During the Day to 7-Never

(see Appendix 1 for graphs)

INTERNET SUCH AS WEBSITES	FREQUENCY	PERCENTAGE
Frequently During the Day	270	26.9
6	223	22.2
5	261	26.0
Neutral	141	14.0
3	47	4.7
2	27	2.7
Never	33	3.3
Prefer not to answer	<5	N/A

SOCIAL MEDIA, SUCH AS FACEBOOK AND TWITTER	FREQUENCY	PERCENTAGE
Frequently During the Day	272	27.1
6	166	16.5
5	200	19.9
Neutral	126	12.5
3	76	7.6
2	68	6.8
Never	93	9.3
Prefer not to answer	<5	N/A

RADIO	FREQUENCY	PERCENTAGE
Frequently During the Day	24	2.4
6	20	2.0
5	5	5.5
Neutral	108	10.8
3	68	6.8
2	155	57.0
Never	572	57.0
Prefer not to answer	<5	N/A

TELEVISION	FREQUENCY	PERCENTAGE
Frequently During the Day	206	20.5
6	151	15.0
5	188	18.7
Neutral	120	12.0
3	89	8.9
2	72	7.2
Never	176	17.5
Prefer not to answer	<5	N/A

PRINTED NEWSPAPERS	FREQUENCY	PERCENTAGE
Frequently During the Day	24	2.4
6	11	1.1
5	36	3.6
Neutral	68	6.8
3	45	4.5
2	103	10.3
Never	714	71.1
Prefer not to answer	<5	N/A

PRINTED MAGAZINES	FREQUENCY	PERCENTAGE
Frequently During the Day	12	1.2
6	8	0.8
5	11	1.1
Neutral	45	4.5
3	27	2.7
2	81	8.1
Never	817	81.4
Prefer not to answer	<5	N/A

FRIENDS OR FAMILY MEMBERS	FREQUENCY	PERCENTAGE
Frequently During the Day	223	22.2
6	223	22.2
5	279	27.8
Neutral	141	14.0
3	63	6.3
2	48	4.8
Never	23	2.3
Prefer not to answer	<5	N/A

DOCTOR OR HEALTHCARE PROVIDERS	FREQUENCY	PERCENTAGE
Frequently During the Day	52	5.2
6	58	5.8
5	126	12.5
Neutral	158	15.7
3	88	8.8
2	134	13.3
Never	387	38.5
Prefer not to answer	<5	N/A

Reactions to COVID-19 and Coping Strategies

Which of the following best describes your life's *disruption* due to coronavirus?

DISRUPTION	FREQUENCY	PERCENTAGE
Has been significantly disrupted	415	41.3
Has been moderately disrupted	532	53.0
Has not been disrupted	54	5.4
Prefer not to answer	<5	N/A

What do you think of the actions taken by your government or local health authority to prevent and/or reduce the spread of coronavirus (which causes the disease COVID-19)?

GOVERNMENT RESPONSE	FREQUENCY	PERCENTAGE
Too strict	160	15.9
About right	569	56.7
Too lenient	230	22.9
I don't know/Prefer not to answer	45	4.5

If a vaccine for COVID-19 were available today, what is the likelihood that you would get vaccinated?

VACCINE LIKELIHOOD	FREQUENCY	PERCENTAGE
Extremely likely	566	56.4
Somewhat likely	186	18.5
Unsure	145	14.4
Unlikely	48	4.8
Very unlikely	50	5.0
Prefer not to answer	9	0.9

To cope with social distancing and isolation, are you doing any of the following? (check all that apply)

COPING STRATEGIES	CHECKED	PERCENTAGE
Making time to relax	767	76.4
Making efforts to socially connect with friends (e.g., Zoom, FaceTime, Netflix Party, etc.)	751	74.8
Taking breaks from watching, reading, or listening to news stories	689	68.6
Engaging in healthy behaviors (e.g., eating healthy meals, exercising regularly, getting plenty of sleep)	665	66.2
Taking deep breaths, stretching, or meditating	417	41.5
Contacting a counselor/mental healthcare provider	90	9.0
Eating high fat or sugary foods	398	39.9
Drinking alcohol	183	18.2
Using cannabis/marijuana	80	8.0
Smoking more cigarettes or vaping more	41	4.1
Using other drugs	5	0.5
None of the above	22	2.2

Remote Learning

Which of the following have been a challenge for you since the transition to remote learning? (check all that apply)

BARRIERS TO REMOTE LEARNING	CHECKED	PERCENTAGE
Distractions (e.g., lack of childcare, lack of quiet work/study space)	723	72.0
Troubleshooting technical issues	307	30.6
Access to reliable internet service	270	26.9
I had NO challenges transitioning to remote learning	150	14.9
Access to specialized software (e.g., Adobe products, statistical packages)	137	13.6
Access to reliable communication software/tools (e.g., Zoom, MS Teams, Google)	93	9.3
Access to a reliable digital device (e.g., laptop, tablet, mobile device)	65	6.5
Other	76	7.6
Prefer not to answer	15	1.5

Employment Status

What is your employment status *today*?

EMPLOYED	FREQUENCY	PERCENTAGE
I do not work for pay	252	25.1
I have one or more part-time jobs but not currently working due to stay at home guidelines	250	24.9
I have one part-time job and am currently working	184	18.3
I lost my job or am furloughed due to the COVID-19 pandemic	135	13.4
I have more than one part-time job and am currently working	45	4.5
I have a full-time job and am currently working	21	2.1
I have a full-time job but not currently working due to stay at home guidelines	19	1.9
Other	79	7.9
Prefer not to answer	19	1.9

Sexual Activity

Have you been sexually active in the past month?

SEXUALLY ACTIVE	FREQUENCY	PERCENTAGE
No	737	73.4
Yes	241	24.0
Prefer not to answer	26	2.6

How many sexual partners have you had in the past month? [Of the participants who said they were sexually active in the past month]

SEX PARTNERS	FREQUENCY	PERCENTAGE
One	231	95.9
Two	6	2.5
Three or more	<5	N/A
Prefer not to answer	<5	N/A

Level of Physical Activity

For the purpose of this questionnaire, being physically active means doing activities such as strength training (e.g., weightlifting, swimming, running), playing sports, outdoor activities (e.g., hiking, skiing) for at least 30 minutes, 3 times a week...

Think about the past month, have you met these guidelines:

PHYSICAL ACTIVITY	FREQUENCY	PERCENTAGE
Every week	380	37.8
Some weeks	398	39.6
No weeks	221	22.0
Prefer not to answer	5	0.5

Anxiety*

- My heart races for no good reason
- I am anxious that I might have a panic attack in public
- I have sleep difficulties
- My thoughts are racing
- I have spells of terror or panic
- I feel tense

ANXIETY SCORE (M=1.34, SD=1.07)	FREQUENCY	PERCENTAGE
Low risk (score of 0 – 1.2)	528	52.6
Moderate risk (score of 1.3 – 2.0)	216	21.5
Elevated risk (score of 2.1 – 4.0)	247	24.6

*General Anxiety scale was taken from the CCAPS-34¹. Mean raw scores were balanced on a scale percentile table where cut offs were determined from previous robust reliability studies.

Depression*

During the last week...

- I was bothered by things that usually don't bother me
- I had trouble keeping my mind on what I was doing
- I felt depressed
- I felt that everything I did was an effort
- I felt hopeful about the future
- I felt fearful
- My sleep was restless
- I was happy
- I felt lonely
- I could not get "going"

DEPRESSION SCORE (M=13.12, SD=6.93)	FREQUENCY	PERCENTAGE
Lower risk (score of 0-10)	381	37.9
Higher risk (score of 11-30)	593	59.1

*Depression scores based on the CES-D 10². Answers were added up, with reverse scoring as needed. Scores over 10 were coded as higher risk for depression.

¹ Locke, B.D., McAleavey, A.A., Zhao, Y., Lei, P.W., Hayes, J.A., Castonguay, L.G., Li, H., Tate, R., Lin, Y. C. (2012). Development and initial validation of the Counseling Center Assessment of Psychological Symptoms-34 (CCAPS-34). *Measurement and Evaluation in Counseling and Development*, 45(3), 151-169. Doi:10.1177/0748175611432642

² Zhang, W., O'Brien, N., Forrest, J. I., Salters, K. A., Patterson, T. L., Montaner, J. S., Hogg, R.S., & Lima, V. D. (2012). Validating a shortened depression scale (10 item CES-D) among HIV-positive people in British Columbia, Canada. *PLoS one*, 7(7), e40793.

Perceived Discrimination

In the past month, how many times have you experienced bias or discrimination?

DISCRIMINATION	FREQUENCY	PERCENTAGE
Never	501	49.9
Hardly ever	288	28.7
Sometimes	147	14.6
Frequently	40	4.0
Always	9	0.9
Prefer not to answer	19	1.9

Social Connectedness at PSU

I feel like I belong at Penn State

BELONG AT PSU	FREQUENCY	PERCENTAGE
Strongly agree	398	39.6
Agree	438	43.6
Not sure	121	12.1
Disagree	29	2.9
Strongly disagree	12	1.2
Prefer not to answer	6	0.6

When you think about Penn State, how often, if ever, do you wonder “Maybe I don’t belong here?”

DON'T BELONG AT PSU	FREQUENCY	PERCENTAGE
Never	324	32.3
Hardly ever	348	34.7
Sometimes	258	25.7
Frequently	51	5.1
Always	15	1.5
Prefer not to answer	8	0.8

Food Insecurity

Within the past month, I worried whether my food would run out before I got money to buy more.

WORRIED ABOUT FOOD	FREQUENCY	PERCENTAGE
Never true	791	78.8
Sometimes true	161	16.0
Often true	37	3.7
Prefer not to answer	15	1.5

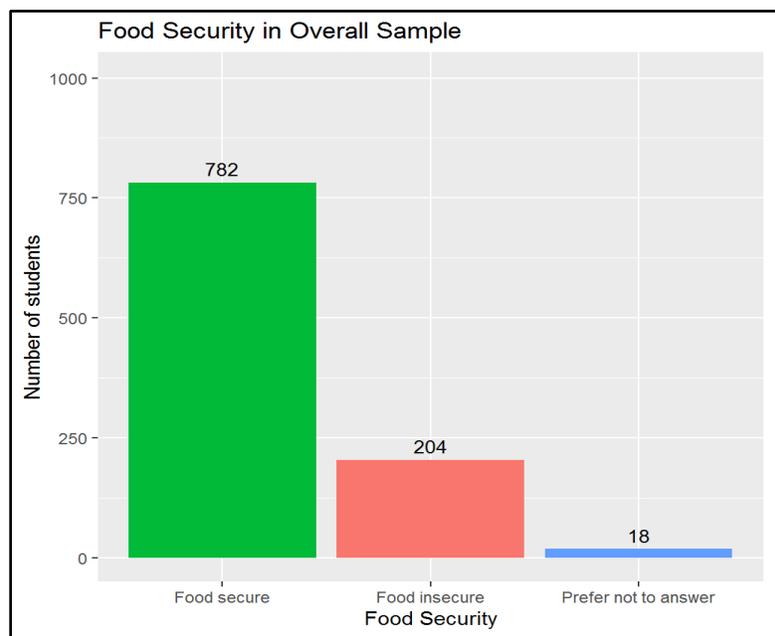
Within the past month, the food I bought just did not last and I did not have money to get more.

FOOD DID NOT LAST	FREQUENCY	PERCENTAGE
Never true	898	89.4
Sometimes true	68	6.8
Often true	15	1.5
Prefer not to answer	23	2.3

Food Insecurity Calculation*

FOOD SECURITY	FREQUENCY	PERCENTAGE
Food secure	782	77.9
Food insecure	204	20.3
Prefer not to answer	18	1.8

*If participant indicated “sometimes true” or “often true” for either of the food insecurity questions, then they were categorized as “food insecure”³.



³ Hager, E. R., Quigg, A. M., Black, M. M., Coleman, S. M., Heeren, T., Rose-Jacobs, R., ... & Cutts, D. B. (2010). Development and validity of a 2-item screen to identify families at risk for food insecurity. *Pediatrics*, 126(1), e26-e32.

Housing Insecurity

In the past 30 days, did you NOT pay or underpay your rent?

RENT	FREQUENCY	PERCENTAGE
No	901	89.7
Yes	48	4.8
Prefer not to answer	55	5.5

In the past 30 days, did you NOT pay the full amount of a gas, oil, or electricity bill?

UTILITIES	FREQUENCY	PERCENTAGE
No	909	90.5
Yes	41	4.1
Prefer not to answer	54	5.4

In the past 30 days, have you moved two or more times?

MOVED	FREQUENCY	PERCENTAGE
No	956	95.2
Yes	31	3.1
Prefer not to answer	17	1.7

In the past 30 days, did you live with others beyond the expected capacity of the house or apartment?

CAPACITY	FREQUENCY	PERCENTAGE
No	934	93.0
Yes	52	5.2
Prefer not to answer	18	1.8

Since starting college, have you ever been homeless (homeless meaning: lacking a fixed, regular, and adequate nighttime residence)?

HOMELESS	FREQUENCY	PERCENTAGE
No	978	97.4
Yes	13	1.3
Prefer not to answer	13	1.3

Please specify the timing of your homelessness since starting college: [Of the participants who said they had ever been homeless]

HOMELESS TIMING	FREQUENCY	PERCENTAGE
Both before and after the COVID pandemic	3	23.1
Only before the pandemic	8	61.5
Only after the pandemic	2	15.4

In the past 30 days, have you slept in any of the following places? (check all that apply)

PLACES SLEPT	CHECKED	PERCENTAGE
With family (parent, guardian, relative) in a rented or owned house, mobile home, or apartment with family	881	87.7
With roommates or friends in a rented or owned house, mobile home, or apartment	140	13.9
Alone in a rented or owned house, mobile home, or apartment	97	9.7
Campus or university housing	45	4.5
Temporarily staying with a relative, friend, or couch surfing until I find other housing	32	3.2
Outdoor location (such as street, sidewalk, or alley, bus or train stop, campground or woods, park, beach, or riverbed, under bridge or overpass)	6	0.6
In a closed area/space with a roof not meant for human habitation (such as an abandoned building, car, truck, van, tent, or unconverted garage, attic, or basement)	5	0.5
In a camper	5	0.5
Temporarily at a hotel or motel without a permanent home to return to (not on vacation or business travel)	<5	N/A
Sorority/fraternity house	<5	N/A
At a shelter	<5	N/A
At a treatment center (such as detox, hospital, etc.)	<5	N/A
In transitional housing or independent living program	<5	N/A
Prefer not to answer	29	2.9

In the past two weeks, have you experienced the following as a result of COVID-19? (check all that apply)

PERSONAL EXPERIENCES	CHECKED	PERCENTAGE
Not enough money to pay for food	73	7.3
Not enough money to pay for gas	52	5.2
Not enough money to pay rent	39	3.9
Did not have a regular place to sleep or stay	10	1.0
I have not experienced any of the above	856	85.3
Prefer not to answer	37	3.7

In the past two weeks, has your family experienced the following as a result of COVID-19? (check all that apply)

FAMILY EXPERIENCES	CHECKED	PERCENTAGE
Not enough money to pay for food	58	5.8
Not enough money to pay rent	41	4
Not enough money to pay for gas	35	3.5
Did not have a regular place to sleep or stay	<5	N/A
My family has not experienced any of the above	871	86.8
Prefer not to answer	46	4.6

Are you aware that Penn State's Student Care and Advocacy provides a student emergency fund for students experiencing financial difficulties?

PSU EMERGENCY FUND	CHECKED	PERCENTAGE
Yes	378	37.6
Yes, I have used the fund since the University went to remote learning	9	0.9
No	607	60.5
Prefer not to answer	9	0.9
Missing data	<5	N/A

Family Relationships

Who do you identify as caregiving adults in your life? (check all that apply)

CAREGIVERS	CHECKED	PERCENTAGE
Mother	941	93.7
Father	814	81.1
Grandmother	121	12.1
Grandfather	80	8.0
Stepfather	57	5.7
Aunt	41	4.1
Uncle	35	3.5
Stepmother	28	2.8
No caregiving adult	15	1.5
Second father	11	1.1
Second mother	7	0.7
Mother's partner	5	0.5
Father's partner	<5	N/A
Other caregiver	10	1.0
Prefer not to answer	10	1.0

Thinking generally about any caregiver you have, please indicate the extent to which the following statements are true over the past two weeks. Even if you don't live with them, please respond to these questions based on your experiences with them, in terms of your opinion of the relationship and interactions you have by phone, text, or messaging. [Of the participants who said they had caregiving adults]

Scale: 1-Never true to 7-Always true

My caregiver respects my feelings

CAREGIVER RESPECTS FEELINGS	FREQUENCY	PERCENTAGE
Always true	377	38.1
6	250	25.3
5	194	19.6
Neutral	88	8.9
3	45	4.6
2	21	2.1
Never true	5	0.5
Prefer not to answer	9	0.9

I tell my caregiver about my problems and troubles

CAREGIVER LEARNS PROBLEMS	FREQUENCY	PERCENTAGE
Always true	225	22.8
6	151	15.3
5	192	19.4
Neutral	151	15.3
3	93	9.4
2	109	11.0
Never true	59	6.0
Prefer not to answer	9	0.9

My caregiver encourages me to talk about my difficulties

CAREGIVER ENCOURAGEMENT	FREQUENCY	PERCENTAGE
Always true	244	24.7
6	149	15.1
5	183	18.5
Neutral	174	17.6
3	88	8.9
2	85	8.6
Never true	58	5.9
Prefer not to answer	8	0.8

I feel close to my caregiver

CLOSE WITH CAREGIVER	FREQUENCY	PERCENTAGE
Always true	362	36.6
6	237	24.0
5	172	17.4
Neutral	113	11.4
3	47	4.8
2	35	3.5
Never true	15	1.5
Prefer not to answer	8	0.8

The talks we have are frustrating

FRUSTRATING TALKS	FREQUENCY	PERCENTAGE
Always true	36	3.6
6	68	6.9
5	130	13.1
Neutral	205	20.7
3	150	15.2
2	261	26.4
Never true	129	13.0
Prefer not to answer	10	1.0

We argued or disagreed with each other

ARGUED OR DISAGREED	FREQUENCY	PERCENTAGE
Always true	33	3.3
6	101	10.2
5	202	20.4
Neutral	196	19.8
3	175	17.7
2	183	18.5
Never true	90	9.1
Prefer not to answer	9	0.9

We haven't gotten along well

NOT GETTING ALONG	FREQUENCY	PERCENTAGE
Always true	25	2.5
6	29	2.9
5	56	5.7
Neutral	140	14.2
3	132	13.3
2	322	32.6
Never true	276	27.9
Prefer not to answer	9	0.9

Who are you living with today? (check all that apply)

LIVING SITUATION	CHECKED	PERCENTAGE
Parents, caregivers, stepparents, etc.	879	87.5
Brothers or sisters	530	52.8
Spouse/significant other	69	6.9
Extended family (such as aunts, uncles, grandparents)	64	6.4
Friends	47	4.7
Currently live alone	24	2.4
Children under your care	<5	N/A
Other	8	0.8
Prefer not to answer	7	0.7

Thinking of who you live with currently: Over the past two weeks, how true are the following statements? [Of the participants who said they were not living alone]

Scale: 1-Never true to 7-Always true

Household members really help and support one another

HELP AND SUPPORT	FREQUENCY	PERCENTAGE
Always true	363	37.0
6	232	23.7
5	188	19.2
Neutral	112	11.4
3	46	4.7
2	26	2.7
Never true	9	0.9
Prefer not to answer	<5	N/A

There is a feeling of togetherness in our household

TOGETHERNESS	FREQUENCY	PERCENTAGE
Always true	301	30.7
6	217	22.1
5	198	20.2
Neutral	123	12.6
3	71	7.2
2	46	4.7
Never true	19	1.9
Prefer not to answer	5	0.5

We really get along well with each other

GET ALONG	FREQUENCY	PERCENTAGE
Always true	219	22.3
6	225	23.0
5	216	22.0
Neutral	163	16.6
3	88	9.0
2	50	5.1
Never true	15	1.5
Prefer not to answer	<5	N/A

We fight a lot in our household

FIGHT	FREQUENCY	PERCENTAGE
Always true	36	3.7
6	66	6.7
5	124	12.7
Neutral	146	14.9
3	148	15.1
2	321	32.8
Never true	135	13.8
Prefer not to answer	<5	N/A

Household members hardly ever lose their tempers

TEMPER	FREQUENCY	PERCENTAGE
Always true	77	7.9
6	134	13.7
5	98	10.0
Neutral	194	19.8
3	209	21.3
2	191	19.5
Never true	72	7.3
Prefer not to answer	5	0.5

Household members often criticize each other

CRITICIZE	FREQUENCY	PERCENTAGE
Always true	56	5.7
6	110	11.2
5	160	16.3
Neutral	178	18.2
3	117	11.9
2	220	22.4
Never true	134	13.7
Prefer not to answer	5	0.5

Alcohol

Have you ever tried an alcoholic beverage, more than just a few sips?

ALCOHOL USE	FREQUENCY	PERCENTAGE
Yes, in the last 30 days	456	45.4
Yes, but not in the last 30 days	250	24.9
No	266	26.5
Prefer not to answer	32	3.2

Have you ever consumed 5 or more alcoholic drinks in one sitting? [Of the male participants who have used alcohol]

MALE BINGE	FREQUENCY	PERCENTAGE
Yes, within the last 30 days	73	29.6
Yes, but not within the last 30 days	105	42.5
No	68	27.5
Prefer not to answer	<5	N/A

Have you ever consumed 10 or more alcoholic drinks in one sitting? [Of the male participants who have ever consumed 5 or more alcoholic drinks in one sitting]

MALE HIGH INTENSITY	FREQUENCY	PERCENTAGE
Yes, within the last 30 days	30	16.9
Yes, but not within the last 30 days	77	43.3
No	71	39.9

Have you ever consumed 4 or more alcoholic drinks in one sitting? [Of the female participants who have used alcohol]

FEMALE BINGE	FREQUENCY	PERCENTAGE
Yes, within the last 30 days	97	21.2
Yes, but not within the last 30 days	207	45.2
No	149	32.5
Prefer not to answer	<5	N/A

Have you ever consumed 8 or more alcoholic drinks in one sitting? [Of the female participants who have ever consumed 4 or more alcoholic drinks in one sitting]

FEMALE HIGH INTENSITY	FREQUENCY	PERCENTAGE
Yes, within the last 30 days	21	6.9
Yes, but not within the last 30 days	124	40.8
No	157	51.6
Prefer not to answer	<5	N/A

Nicotine

Have you ever used any kind of nicotine or tobacco product?

TRIED NICOTINE	FREQUENCY	PERCENTAGE
Yes	273	27.2
No	712	70.9
Prefer not to answer	19	1.8

Which nicotine or tobacco products have you used (check all that apply)? [Of participants who have tried nicotine or tobacco product]

CIGARETTE USE	FREQUENCY	PERCENTAGE
Used in the last 30 days	21	7.7
Tried, but not in past 30 days	125	45.8
Never	115	42.1
Missing Data*	12	4.4

E-CIGARETTE USE	FREQUENCY	PERCENTAGE
Used in the last 30 days	87	31.9
Tried, but not in past 30 days	160	58.6
Never	21	7.7
Missing Data*	5	1.8

CIGARILLO/CIGAR USE	FREQUENCY	PERCENTAGE
Used in the last 30 days	17	6.2
Tried, but not in past 30 days	133	48.7
Never	109	39.9
Missing Data*	14	5.1

HOOKAH USE	FREQUENCY	PERCENTAGE
Used in the last 30 days	6	2.2
Tried, but not in past 30 days	106	38.8
Never	142	52.0
Missing Data*	19	7.0

SMOKELESS TOBACCO USE	FREQUENCY	PERCENTAGE
Used in the last 30 days	8	2.9
Tried, but not in past 30 days	43	15.8
Never	208	76.2
Missing Data*	14	5.1

*Missing data- participants were able to skip questions in the matrix without choosing an option. This was accounted for as “missing”.

NICOTINE REPLACEMENT PRODUCT	FREQUENCY	PERCENTAGE
Used in the last 30 days	9	3.3
Tried, but not in past 30 days	19	7.0
Never	224	82.1
Prefer not to answer	<5	N/A
Missing Data*	19	7.0

Marijuana

Have you ever used marijuana or hashish?

TRIED MARIJUANA	FREQUENCY	PERCENTAGE
Yes, within the last 30 days	108	10.8
Yes, but not within the last 30 days	229	22.8
No	633	63.0
Prefer not to answer	34	3.4

Other Drug Use

Have you ever used any of the following: (check all that apply)

- Prescription stimulants (non-medical use)
- Prescription painkillers (non-medical use)
- Other prescription drugs (non-medical use)
- Psychedelics
- Other illicit drugs (cocaine, meth)

SUBSTANCE USE	FREQUENCY	PERCENTAGE
Multiple substances	32	3.2
Single substance	54	5.4
No substance/prefer not to answer	918	91.4

[Substance use for participants who reported ONLY one substance]

SUBSTANCE USE - SINGLE	FREQUENCY	PERCENTAGE
Prescription stimulants	21	38.9
Prescription painkillers	6	11.1
Other prescription drugs	5	9.3
Psychedelics	18	33.3
Other illicit drugs (cocaine, meth)	<5	N/A

[Substance use for participants who reported at least one substance]

SUBSTANCE USE – MULTIPLE	FREQUENCY	PERCENTAGE
Prescription stimulants	47	54.7
Prescription painkillers	15	17.4
Other prescription drugs	18	20.9
Psychedelics	47	54.7
Other illicit drugs (cocaine, meth)	20	23.3

Appendix 1: Graphs of Coronavirus Pandemic Information Sources

