

**VITAE**

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**Hannah B. Apsley**

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Phone: (480) 664-1270  
Email: hvb5247@psu.edu

016 Health and Human Development  
University Park, PA 16801

**EDUCATION**

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Pennsylvania State University, University Park, PA  
Human Development and Family Studies (HDFS)  
M.S. HDFS (2022)  
Ph.D. HDFS (anticipated completion May 2024)

Brigham Young University, Provo, Utah.  
School of Family Life  
B.S. Family Life: Human Development (2019)

**RESEARCH INTERESTS**

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Addiction recovery; relapse and relapse prevention; within-person methodology; gender; biological sex; motherhood and parenting

**GRANTS AND FUNDING**

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<b>YEAR</b>	<b>TYPE</b>	<b>NAME</b>	<b>AMOUNT</b>	<b>LOCATION</b>
2022-2024	NIDA T32	T32 DA017629: The Prevention and Methodology Training Program (PAMT)	Tuition and stipend for two years	Pennsylvania State University
2022	Internal	Wohllwill Endowment Dissertation Award	\$659	Pennsylvania State University
2022	Internal	College of Health and Human Development Limited Endowment Funds for Dissertation Research	\$469	Pennsylvania State University
2021-2022	Internal	Bennett Pierce Graduate Fellow in Caring and Compassion	Tuition and stipend for one academic year	Pennsylvania State University

## PUBLICATIONS

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- Knapp, K.S., Chimed-Ochir, U., **Apsley, H.B.**, Eng, S., Fosco, G.M., & Cleveland, H.H. (2022). Profiles of future expectations among urban adolescents in Cambodia. *Developmental Psychology*. Advance online publication. <https://doi.org/10.1037/dev0001374>
- Jones, H. D., **Apsley, H. B.**, Cocowitch, A., Merrill, T., McGlothlin, S., Middlesteadt-Ellerson, R., Andringa, K., O’Grady, K. E. (2022). Increasing knowledge about recovery-related life domains among pregnant and parenting women in comprehensive substance use disorder treatment: The Art of Addiction recovery program. *Drug and Alcohol Dependence*, 232, 109252. doi: 10.1016/j.drugalcdep.2021.109252
- Miller, S. E., **Apsley, H. B.**, Cross-Ramirez, M. (2021). Potential benefits of online recovery services for women during and after COVID-19. *Journal of Studies on Alcohol and Drugs*, 82(6), 808–809. doi: 10.15288/jsad.2021.82.808
- Apsley, H. B.**, Cross-Ramirez, M., Miller, S. E. (2021). Within-person methodology to study the addiction recovery process of women. *Journal of Addictive Diseases*. doi: 10.1080/10550887.2021.1971023
- Jensen, A. C., **Apsley, H. B.**, Thackeray, L. E., & Shoaf, B. T. (2021). Sibling social comparison in mid- to later life: Links with well-being and relationship quality. *Journal of Family Issues*. doi: 10.1177/0192513X211030726
- Knapp, K. S., Cleveland, H. H., **Apsley, H. B.**, & Harris, K. S. (2021). Using daily diary methods to understand how college students in recovery use social support. *Journal of Substance Abuse Treatment*, 130, 1-11. doi: 10.1016/j.jsat.2021.108406
- Apsley, H. B.**, & Padilla-Walker, L. (2020). Longitudinal links between parents’ mental health, parenting, and adolescents’ mental health: Moderation by adolescent sex. *Journal of Family Psychology*, 34(7), 886-892. doi: 10.1037/fam0000788
- Jensen, A. C., **Apsley, H. B.**, Rolan, E. P., Cassinat, J. R., & Whiteman, S. D. (2020). Parental differential treatment of siblings and adolescents’ health-related behaviors: The moderating role of personality. *Journal of Youth and Adolescence*, 49(1), 150-161. doi: 10.1007/s10964-019-01076-1

## WORKS IN PROGRESS

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- Apsley H. B.**, Santos-Lozada A.R., Knapp K, Gray J, Hard G, Jones AA. (revise and resubmit). Non-engagement in substance use treatment among women with substance use disorders: A latent class analysis on multidimensional barriers.
- Cross-Ramirez, M., Miller, S. E., **Apsley, H. B.** (under review). Protecting the wellbeing of mothers who use substances: Life after the loss of parental rights. *Maternal and Child Health*.

**Apsley, H. B.** Knapp, K. S., Cleveland, H. H., Eng, S. (in progress). Grit among Cambodian adolescents: Validity and reliability of the original and short forms of the grit scale.

Gray, J., Santos-Lozada, A.R, Hard, G., **Apsley, H.**, O’Sullivan, D. Jones, A.A. (in progress). Serious psychological distress, substance use disorders, and the COVID-19 pandemic: An examination of multiple mental health and social issues among men and women in the United States in 2020.

Hard, G., Santos-Lozada, A.R, Gray, J., **Apsley, H.**, Jones, A.A. (in progress). Suicidal ideation, planning, and attempts in adolescents and adults during the COVID-19 pandemic: The role of substance use disorders and sex/gender.

## CONFERENCE PRESENTATIONS

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Knapp, K. S., **Apsley, H. B.**, Ren, W., Harrison, E., Dolgoff, E., & Cleveland, H. H., (2022). *Piloting Ecological Momentary Assessments of The Dynamic Process of Substance Use Recovery Within Recovery Housing*. Poster presented at Research Society on Alcohol Annual Meetings, Orlando, FL.

Gray, J., Santos-Lozada, A.R, Hard, G., **Apsley, H.**, O’Sullivan, D. Jones, A.A. (2022, June). *Serious Psychological Distress, Substance Use Disorders, and the COVID-19 Pandemic: An Examination of Multiple Mental Health and Social Issues among Men and Women in the United States in 2020*. The College on Problems of Drug Dependence 84th Annual Scientific Meeting. Minneapolis, MN.

Hard, G., Santos-Lozada, A.R, Gray, J., **Apsley, H.**, Jones, A.A. (2022, June). *Suicidal Ideation, Planning, and Attempts in Adolescents and Adults during the COVID-19 Pandemic: The Role of Substance Use Disorders and Sex/Gender*. The College on Problems of Drug Dependence 84th Annual Scientific Meeting. Minneapolis, MN.

**Apsley H. B.**, Santos-Lozada A.R., Knapp K, Gray J, Hard G, Jones AA. (2022, June). *Non-Engagement in Substance Use Treatment among Women with Substance Use Disorders: A Latent Class Analysis on Multidimensional Barriers*. The College on Problems of Drug Dependence 84th Annual Scientific Meeting. Minneapolis, MN.

**Apsley H. B.**, Santos-Lozada A.R., Knapp K, Gray J, Hard G, Jones AA. (2022, June). *Non-Engagement in Substance Use Treatment among Women with Substance Use Disorders: A Latent Class Analysis on Multidimensional Barriers*. 14th International Women’s and Children’s Health and Gender (InWomen’s) Group. Minneapolis, MN.

Jones, A.A, **Apsley, H.**, Gray, J., Hard, G., Santos-Lozada, A.R. (2022, June). *Substance Use Treatment Utilization among Individuals with Substance Use Disorders in the United States during the COVID-19 Pandemic: The Role of Polysubstance Use Criminal Justice Involvement*. The College on Problems of Drug Dependence 84th Annual Scientific Meeting. Minneapolis, MN.

**Apsley, H. B.**, Cleveland, H. H. (2020, November). *Family Contact as Social Support for College Students in Recovery from Substance Use Disorders*. Poster presented virtually at the 6th Annual Penn State Addiction Symposium. State College, PA.

Knapp, K. S., **Apsley, H. B.** (2020, October). *Daily Diary Methods to Understand How College Students in Recovery Use Social Support*. Poster presented virtually at the National Council for Family Relationships Annual Conference. Columbia, MO.

**Apsley, H. B.**, Jensen, A. C. (2019, April). *The Benefits of Being Unconscientious: Links Between Maternal Favoritism and Adolescent Health Habits*. Poster presented at the annual Mary Lou Fulton Research Conference. Provo, UT.

**Apsley, H. B.**, Padilla-Walker, L. M. (2019, April). *The Longitudinal Relationships of Parents' Mental Health, Parenting, and Adolescents' Mental Health*. Poster presented at the annual Mary Lou Fulton Research Conference. Provo, UT.

**Belnap, H. M.**, Brimhall, K., Byon, J., Padilla-Walker, L. M. (2018, April). *Did That Study Abroad Really Make You a Better Person? The Correlates Between International Travel, Empathy, and Moral Disengagement*. Poster presented at the annual Mary Lou Fulton Research Conference. Provo, UT.

## **RESEARCH ASSISTANTSHIP EXPERIENCE**

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*Research Assistant for Dr. Abenaa Acheampong Jones*  
August 2021-Present  
Pennsylvania State University – Human Development and Family Studies

*Research Assistant for Dr. H. Harrington (Bo) Cleveland*  
August 2019-Present  
Pennsylvania State University – Human Development and Family Studies

*Research Assistant for Dr. Alex Jensen*  
September 2018-July 2019  
Brigham Young University - School of Family Life

*Research Assistant for Dr. Laura Walker*  
February 2018-Present  
Brigham Young University - School of Family Life

*Research Assistant for Dr. Brian Willoughby*  
May-September 2018  
Brigham Young University - School of Family Life

*Research Assistant for Dr. Sarah Coyne*  
September-December 2017  
Brigham Young University - School of Family Life

## **TEACHING EXPERIENCE**

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<b>YEAR</b>	<b>ROLE</b>	<b>COURSE TITLE</b>	<b>DEPARTMENT &amp; UNIVERSITY</b>
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2021	Teaching Assistant/Lab Instructor	Empirical Inquiry in Human Development (HDFS 312)	Human Development and Family Studies, Health and Human Development, Pennsylvania State University
2020	Teaching Assistant	Development and Administration of Human Services Programs (HDFS 455)	Human Development and Family Studies, Health and Human Development, Pennsylvania State University
2020	Teaching Assistant	Adolescent Development (HDFS 239)	Human Development and Family Studies, Health and Human Development, Pennsylvania State University
2019	Teaching Assistant	Values and Ethics in Health and Human Development Professions (HDFS 301)	Human Development and Family Studies, Health and Human Development, Pennsylvania State University
2018-2019	Teaching Assistant	Social Development (SFL 351)	School of Family Life, Brigham Young University
2018-2019	Teaching Assistant	Adolescent Development (SFL 333)	School of Family Life, Brigham Young University
2018	Teaching Assistant	Cross-Cultural Family and Human Development (SFL 354)	School of Family Life, Brigham Young University

## **GUEST LECTURES**

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2022	The Pennsylvania State University Graduate course: HDFS 527, Social Epidemiology Presentation: “Recovery and Treatment from Substance Use Disorders” Instructor: Abenaa Jones
2020	The Pennsylvania State University Undergraduate course: HDFS 239, Adolescent Development Presentation: “Substance Use in Adolescence” Instructor: Sunny Bai
2019	The Pennsylvania State University Undergraduate course: HDFS 301, Values and Ethics in Health and Human Development Professions Presentation: “Ethics in Human Subjects Research” Instructor: Lee Ann Deshong-Cook
2019	Brigham Young University Undergraduate course: SFL 351, Social Development Presentation: “Aggression”

Instructor: Alex Jensen

## HONORS AND AWARDS

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- 2022 14th InWomen's Group Conference Travel Award
- 2022 NIDA Women & Sex/Gender Junior Investigator Travel Award to the College on Problems of Drug Dependence

## VOLUNTEER EXPERIENCE

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- 2020-2023 Admissions Committee Member/Cochair, HDFS Steering Committee, Pennsylvania State University, State College, PA
- Organize student research conference
  - Plan and lead monthly meetings with students and committee members
  - Create and distribute a quarterly newsletter for graduate students and faculty
- 2017-2019 Board Member, School of Family Life Student Association, Brigham Young University, Provo, UT.
- Responsible for organizing weekly professor-student networking opportunities
  - Aided in planning and preparing for monthly activities for students
- September 2016 -December 2016 Clerical Volunteer, Wasatch Mental Health, Provo, UT.
- Organized therapist and client resources such as books, flyers, and films
  - Watched and entertained young children while their parents or siblings were in therapy appointments