PERSONAL INFORMATION

Professional address:	Phone: (814) 867-5296
Department of Human Development and Family Studies	Fax: (814) 863-7963
The Pennsylvania State University	Email: sjf23@psu.edu
115 Health and Human Development Building	
University Park, PA 16802	

EDUCATION:

2007-2010	Postdoctoral Fellowship, Women's Health Sciences Division, National Center for PTSD Mentor: Candice M. Monson, Ph.D.
2006-2007	Predoctoral Clinical Internship Boston Consortium in Clinical Psychology (APA approved)
2007	Ph.D. in Clinical Psychology (APA approved) University of North Carolina at Chapel Hill Dissertation Advisor: Donald H. Baucom, Ph.D.
2002	M.A. in Clinical Psychology University of North Carolina at Chapel Hill Thesis Advisor: Dianne L. Chambless, Ph.D.
1996	B.A. in Psychology, with Honors (<i>magna cum laude</i>) Amherst College, Amherst, MA
HONORS:	
2016	Teaching Excellence Award, College of Health and Human Development, The Pennsylvania State University
2015-2017	Clinical Research Loan Repayment Award Renewal, National Institutes of Health
2014-2015	Fran and Holly Soistman Faculty Endowment, College of Health and Human Development, The Pennsylvania State University
2012	Texas A&M NSF ADVANCE Center for Women Faculty Workshop Scholar
2011-2012	Clinical Research Loan Repayment Award Renewal, National Institutes of Health
2008-2010	Clinical Research Loan Repayment Award, National Institutes of Health
2007	Participant, Klaus-Grawe Think Tank Meeting, Zurich and Zuoz, Switzerland
2006	American Psychological Foundation Todd E. Husted Memorial Award
2005	Martin S. Wallach Award, Outstanding Doctoral Candidate in Clinical Psychology, University of North Carolina at Chapel Hill
2004-2006	Ruth L. Kirschstein F31 National Research Service Award, NIMH
2003	Anxiety Disorders Association of America Competitive Travel Award
2002	Doctoral written exams passed with distinction

- John Woodruff Simpson Fellowship, Amherst College 2001-2002
- 2000-2001
- Amherst Memorial Fellowship, Amherst College John Woodruff Simpson Fellowship, Amherst College 1999-2000

LICENSES: Pennsylvania Licensure as Psychologist (Expires 11/2017)

PROFESSIONAL EXPERIENCE:

2014-present	Assistant Professor, Human Development and Family Studies, The Pennsylvania State
	University, University Park, PA
2010-2013	Instructor in Psychiatry, Harvard Medical School, Boston, MA
2010-2013	Assistant in Psychiatry & Staff Psychologist, Massachusetts General Hospital Center for
	Anxiety and Traumatic Stress Disorders and Red Sox Foundation/MGH Home Base
	Program for Returning Veterans and Their Families; Department of Psychiatry,
	Massachusetts General Hospital, Boston, MA

PROFESSIONAL MEMBERSHIPS:

Association for Behavioral and Cognitive Therapies American Psychological Association

PROFESSIONAL SOCIETIES: OFFICES AND COMMITTEE ASSIGNMENTS

2016	Review Committee, International Society for Traumatic Stress Studies Annual Meeting
2015-present	Program Committee, Association for Behavioral and Cognitive Therapies
2012-2013	Member, Steering Committee, National Research Summit on Reserve Component
	Military Families
2011-2014	Co-President, Association for Behavioral and Cognitive Therapies Couples Special
	Interest Group
2011-2015	Reviewer, American Psychological Association, Division 56, Trauma Psychology
	conference submissions
2010-2012	Reviewer, Anxiety Disorders Association of America individual presentation and poster
	submissions for annual meeting

AD HOC REVIEWER:

Behavior Therapy Behaviour Research and Therapy Clinical Psychology Review Family Process Journal of Abnormal Psychology Journal of Consulting and Clinical Psychology Journal of Family Psychology Journal of Family Psychology Journal of Obsessive and Compulsive Disorders Journal of Social and Personal Relationships Psychological Trauma: Theory, Research, and Practice, and Policy

GRANT REVIEWS:

2016 Member, World Trade Center Health Program Special Emphasis Panel (SEP), Centers for Disease Control (CDC)/National Institute for Occupational Safety and Health (NIOSH), World Trade Center Health Program, Atlanta, GA

DEPARTMENTAL AND UNIVERSITY COMMITTEES:

2016-present	PPD&E Committee, Department of Human Development and Family Studies, The
	Pennsylvania State University
2014-2016	Admissions Committee, Department of Human Development and Family Studies, The
	Pennsylvania State University
2009	Co-Coordinator, Colloquium Series, Women's Health Sciences Division, VA National
	Center for PTSD
2006-2007	Curriculum Committee, Boston Consortium in Psychology Internship, VA Boston
	Healthcare System

TEACHING:

2014 - present:	Instructor
	The Pennsylvania State University
	The Helping Relationship (HDFS 411)
	Developmental Problems in Adulthood/Adult Psychopathology (HDFS 413)
	Aggression in Romantic Relationships (HDFS 497G)
	Best Practices in Prevention/Couple-Based Interventions (HDFS 508)
2001 - 2004:	Instructor
	University of North Carolina at Chapel Hill
	Abnormal Psychology (PSYC 80)

SUPERVISION AND CONSULTATION EXPERIENCE:

2017-present	Consultant, WPSU's "The Vietnam War in Pennsylvania," The Pennsylvania State
	University
2013-present	Co-Lead Trainer and Consultant, Department of Veterans Affairs Dissemination and
	Implementation Program for Cognitive-Behavioral Couple Therapy for PTSD
2011-2013	Clinical Supervisor, Red Sox Foundation/MGH Home Base Program for Returning
	Veterans and Their Families, MGH Department of Psychiatry, Boston, MA
2009-2010	Clinical Supervisor, VA Boston Healthcare System Psychology Practicum Program,
	Boston, MA
2008-2010	Learning Collaborative Co-Leader and Leader, Cognitive-behavioral conjoint therapy for
	posttraumatic stress disorder, Women's Health Sciences Division, VA National Center
	for PTSD, Philadelphia VA, Indianapolis VA, Northampton VA, and Honolulu VA
2006-2007	Psychology Intern Supervisor, Anxiety Disorders Clinic, VA Boston Healthcare System,
	Boston, MA
2003-2004	Graduate Supervisor, Cognitive-Behavioral Couple Therapy Practicum, UNC
	Psychology Department

GRANT SUPPORT:

2015-present	Department of Defense & Department of Veterans Affairs (PT120516 - W81XWH-13-2-0065) Consortium to Alleviate PTSD (CAP): Multi-Couple Group Intervention for PTSD Role: Principal Investigator Consortium Director: Alan Peterson, Ph.D.; Co-Director: Terry Keane, Ph.D. \$466,652 (Project); \$45,000,000 (Consortium)
2015-2016	Department of Defense (W81XWH-12-1-0090) Relationship Factors Contributing to the Progression of Combat Related PTSD and Suicidality over Time PI: Elizabeth Allen, Ph.D. Role: Co-Investigator \$1,240,657
2014-present	Social Science Research Institute, Pennsylvania State University PTSD Symptoms, Interpersonal Adjustment, and Academic Functioning in Student Service Members/Veterans Role: Principal Investigator \$6,240
2014-2015	Fran and Holly Soistman Faculty Endowment, College of Health and Human Development, The Pennsylvania State University Posttraumatic Stress Disorder and the Transition to Parenthood: Development of an Integrated Couple-Based Approach to Treatment Role: Principal Investigator \$3,000
2012-2015	Department of Defense (W81XWH-12-1-0090) Relationship Factors Contributing to the Progression of Combat Related PTSD and Suicidality over Time PI: Elizabeth Allen, Ph.D. Role: Consultant (*Consultant and not Co-Investigator due to being fully funded at time of grant submission) \$1,240,657
2011-2013	Department of Defense (V-SUBMGH-11-40, W81XWH-11-1-0073) Randomized Trial of Sertraline, Prolonged Exposure, and their Combination for PTSD in OEF/OIF Veterans Site PI: Naomi Simon, M.D. Role: Protocol Therapist \$3,407,010

2011-2012	Department of Defense (W81XWH-08-2-0115) STRONG STAR Multidisciplinary PTSD Research Consortium: Cognitive-Behavioral Conjoint Therapy versus Prolonged Exposure for PTSD and Relationship Enhancement (Consortium Director: Alan Peterson, Ph.D.) PI: Candice Monson, Ph.D. Role: Consultant \$1,200,000
2010-2013	National Institute of Mental Health (R01 5RO1 MH085308) Optimizing Treatment for Complicated Grief PI: Naomi Simon, M.D. Role: Independent Evaluator \$2,038,549
2007-2010	National Institute of Mental Health (R34 MH076813) Cognitive-Behavioral Conjoint Therapy for Posttraumatic Stress Disorder PI: Candice Monson, Ph.D. Role: Project Director (2007-2009); Site Principal Investigator (2009-2010) \$450,000
2004-2006	National Cancer Institute (R01 CA107477) CanThrive: A Couple-Based Psychosocial Intervention for Women with Early Stage Breast Cancer PI: Donald Baucom, Ph.D. Role: Recruitment Coordinator \$1,987,048
2004-2006	National Institute of Mental Health (F31 MH072124) Emotional Involvement in Families of Patients with Bipolar Disorder PI: Steffany Fredman, Ph.D. Role: Principal Investigator (Faculty Sponsor: Donald Baucom, Ph.D.) \$55,960

PUBLICATIONS

Peer-Reviewed Scientific Journals:

*student/mentee co-author

- 33 *Le, Y., Fredman, S. J., & Feinberg, M. E. (2017, March 20). Parenting stress mediates the association between negative affectivity and harsh parenting: A longitudinal dyadic analysis. *Journal of Family Psychology*. Advance online publication. doi:10.1037/fam0000315
- 32 Fredman, S. J., Beck, J. G., Shnaider, P., *Le, Y., Pukay-Martin, N. D., *Pentel, K. Z., ... & Marques, L. (2017). Longitudinal associations between PTSD symptoms and dyadic conflict communication following a severe motor vehicle accident. *Behavior Therapy*, *48*, 235-246. doi:10.1016/j.beth.2016.05.001
- 31 Fredman, S. J., *Le, Y., Marshall, A. D., Brick, T. R., & Feinberg, M. E. (2017). A dyadic perspective on PTSD symptoms' associations with couple functioning and parenting stress in first-time parents. *Couple and Family Psychology: Research and Practice*, 6, 117-132. doi:10.1037/cfp0000079
- 30 Fredman, S. J., Pukay-Martin, N. D., Macdonald, A., Wagner, A. C., Vorstenbosch, V., & Monson, C. M. (2016). Partner accommodation moderates treatment outcomes for couple therapy for PTSD. *Journal of Consulting and Clinical Psychology*, 84, 79-87. doi:10.1037/ccp0000061
- 29 Macdonald, A., Pukay-Martin, N. D., Wagner, A., Fredman, S. J., & Monson, C. M. (2016). Cognitive– behavioral conjoint therapy for PTSD improves various PTSD symptoms and trauma-related cognitions: Results from a randomized controlled trial. *Journal of Family Psychology*, 30, 157-162. doi:10.1037/fam0000177
- 28 *Polenick, C. A., Fredman, S. J., Birditt, K. S., & Zarit, S. H. (2016, December 22). Relationship quality with parents: Implications for own and partner well-being in middle-aged couples. *Family Process*. Advance online publication. doi:10.1111/famp.12275
- 27 Pukay-Martin, N. D., Macdonald, A., Fredman, S. J., & Monson, C. M. (2016). Couple therapy for PTSD. *Current Treatment Options in Psychiatry*, *3*, 37-47. doi:10.1007/s40501-016-0070-0
- 26 Wagner, A. C., Torbit, L., Jenzer, T., Landy, M. H., Pukay-Martin, N. D., Macdonald, A., Fredman, S. J., & Monson, C. M. (2016). The role of posttraumatic growth in a randomized controlled trial of cognitivebehavioral conjoint therapy for PTSD. *Journal of Traumatic Stress*, 29, 379-383. doi:10.1002/jts.22122.
- 25 Fredman, S. J., Baucom, D. H., Boeding, S. E., & Miklowitz, D. J. (2015). Relatives' emotional involvement moderates the effects of family therapy for bipolar disorder. *Journal of Consulting and Clinical Psychology*, 83, 81-91. doi:10.1037/a0037713
- 24 *Blount, T., Fredman, S. J., Pukay-Martin, N. D., Macdonald, A., & Monson, C. M. (2015). Cognitivebehavioral conjoint therapy for PTSD: Application to an Operation Enduring Freedom (OEF) Veteran. *Cognitive and Behavioral Practice*, 22, 458-467. doi:10.1016/j.cbpra.2014.05.001
- 23 Ohye, B. Y., Brendel, R. W., Fredman, S. J., Bui, E., Rauch, P. K., Allard, M. D., *Pentel, K. Z., & Simon, N. M. (2015). Three-generation model: A family systems framework for the assessment and treatment of veterans with posttraumatic stress disorder and related conditions. *Professional Psychology Research and Practice*, 46, 97-106. doi:10.1037/a0037735

- CV: Steffany J. Fredman, Ph.D.
- 22 Shnaider, P., Pukay-Martin, N. D., Sharma, S., Jenzer, T., Fredman, S. J., Macdonald, A., & Monson, C. M. (2015). A preliminary examination of the effects of pre-treatment relationship satisfaction on treatment outcomes in cognitive-behavioral conjoint therapy for PTSD. *Couple and Family Psychology: Research and Practice*, 4, 229-238. doi:10.1037/cfp0000050
- 21 Fredman, S. J., Vorstenbosch, V., Wagner, A. C., Macdonald, A., & Monson, C. M. (2014). Partner accommodation in posttraumatic stress disorder: Initial testing of the Significant Others' Response to Trauma Scale (SORTS). *Journal of Anxiety Disorders*, 28, 372-381. doi:10.1016/j.janxdis.2014.04.001
- 20 Shnaider, P., Pukay-Martin, N. D., Fredman, S. J., Macdonald, A., & Monson, C. M. (2014). Does cognitive-behavioral conjoint therapy for PTSD affect partners' psychological functioning? *Journal of Traumatic Stress*, 27, 129-136. doi:10.1002/jts.21893
- 19 Schumm, J. A., Fredman, S. J., Monson, C. M., & Chard, K. M. (2013). Cognitive-behavioral conjoint therapy for PTSD: Initial findings for Operations Enduring and Iraqi Freedom male combat veterans and their partners. *American Journal of Family Therapy*, 41, 277-287. doi:10.1080/01926187.2012.701592
- 18 Monson, C. M., Fredman, S. J., Macdonald, A. M., Pukay-Martin, N. D., Resick, P. A., & Schnurr, P. P. (2012). Effect of cognitive-behavioral couple therapy for PTSD: A randomized controlled trial. *Journal of the American Medical Association, 308*, 700-709. doi:10.1001/jama.2012.9307.
- 17 Marx, B. P., Bovin, M. J., Suvak, M., Monson, C. M., Fredman, S. J., Sloan, D. M., Humphreys, K., Kaloupek, D. G., & Keane, T. M. (2012). Concordance between physiological arousal and self-reported distress among Veterans with PTSD. *Journal of Traumatic Stress*, 25, 416-425. doi:10.1002/jts.21729
- 16 Brown-Bowers, A., Fredman, S. J., Wanklyn, S., & Monson, C. M. (2012). Cognitive-behavioral conjoint therapy for PTSD: Application to a couple's shared trauma. *Journal of Clinical Psychology*, 68, 536-547. doi:10.1002/jclp.21850.
- 15 Baucom, D. H., Kirby, J. S., Pukay-Martin, N. D., Porter, L. S., Fredman, S. J., Gremore, T. M., Keefe, F. J., & Atkins, D. (2012). Men's psychological functioning in the context of women's breast cancer. *Journal of Marital and Family Therapy*, 38, 317-329. doi:10.1111/j.1752-0606.2009.00133.x
- 14 Monson, C. M., Fredman, S. J., *Adair, K. C., Stevens, S. P., Resick, P. A., Schnurr, P. P., MacDonald, H. Z., & Macdonald, A. (2011). Cognitive-behavioral conjoint therapy for PTSD: Pilot results from a community sample. *Journal of Traumatic Stress, 24*, 97-101. doi:10.1002/jts.20604
- 13 Fredman, S. J., Monson, C. M., & *Adair, K. C. (2011). Implementing cognitive-behavioral conjoint therapy for PTSD with the newest generation of veterans and their partners. *Cognitive and Behavioral Practice*, *18*, 120-130. doi:10.1016/j.cbpra.2009.06.007
- 12 El-Baalbaki, G , Bélanger, C., Perreault, M., **Fredman, S.**, & Baucom, D. (2010). Marital interactions predicting treatment outcome in panic disorder with agoraphobia. *International Journal of Psychological and Brain Sciences*, *2*, 249-259.
- 11 **Fredman, S. J.**, Monson, C. M., Schumm, J. A., *Adair, K. C., Taft, C. T., & Resick, P. A. (2010). Associations among disaster exposure, intimate relationship adjustment, and PTSD symptoms: Can disaster exposure enhance a relationship? *Journal of Traumatic Stress*, 23, 446-451. doi:10.1002/jts.20555
- 10 Monson, C. M., Taft, C. T., & Fredman, S. J. (2009). Military-related PTSD and intimate relationships: From description to theory-driven data and intervention development. *Clinical Psychology Review*, 29, 707-714. doi:10.1016/j.cpr.2009.09.002

- 9 Fredman, S. J., Baucom, D. H., Gremore, T. M., Castellani, A. M., Kallman, T. A., Porter, L. S., Kirby, J. S., Dees, E. C., Klauber-DeMore, N., Peppercorn, J., & Carey, L. A. (2009). Quantifying the recruitment challenges in couple-based health interventions: Application to early stage breast cancer. *Psycho-Oncology*, 18, 667-673. doi:10.1002/pon.1477
- 8 Monson, C. M., Fredman, S. J., & *Adair, K. C. (2008). Cognitive-behavioral conjoint therapy for PTSD: Application to Operation Enduring and Iraqi Freedom service members and veterans. *Journal of Clinical Psychology*, 64, 958-971. doi:10.1002/jclp.20511
- 7 Baucom, D. H., Porter, L. S., Kirby, J. S., Gremore, T. M., Wiesenthal, N., Aldridge, W. A., Fredman, S. J., Stanton, S. E., Scott, J. L., Halford, K. W., & Keefe, F. J. (2008). A couple-based intervention for female breast cancer. *Psycho-Oncology*, *18*, 276-283. doi:10.1002/pon.1395
- 6 **Fredman, S. J.**, Baucom, D. H., Miklowitz, D. J., & Stanton, S. E. (2008). Observed emotional involvement and overinvolvement in families of patients with bipolar disorder. *Journal of Family Psychology*, *22*, 71-79. doi:10.1037/0893-3200.22.1.71
- 5 Fredman, S. J., Chambless, D. L., & Steketee, G. (2004). Development and validation of an observational coding system for emotional overinvolvement. *Journal of Family Psychology*, 18, 339-347. doi:10.1037/0893-3200.18.2.339
- 4 Fredman, S. J., Fava, M., Kienke, A. S., White, C. N., Nierenberg, A. A., & Rosenbaum, J. F. (2000). Partial response, non-response, and relapse on selective serotonin reuptake inhibitors in major depression: A survey of current "next-step" practices. *Journal of Clinical Psychiatry*, 61, 403-408. doi:10.4088/JCP.v61n0602
- 3 Rosenbaum, J. F., & **Fredman, S. J.** (1999). Pramipexole as a possible treatment for cocaine craving [letter]. *American Journal of Psychiatry, 156*, 1834.
- 2 Fredman, S. J., & Rosenbaum, J. F. (1998). Recurrent depression, resistant clinician? *Harvard Review of Psychiatry*, *5*, 281-285. doi:10.3109/10673229809000311
- Aries, E., Olver, R. R., Blount, K., Christaldi, K., Fredman, S., & Lee, T. (1998). Race and gender as components of the working self-concept. *Journal of Social Psychology*, 138, 277-290. doi:10.1080/00224549809600381

Manuscripts under Review:

- 1 **Fredman, S. J.**, Marshall, A. D., *Le, Y., Aronson, K. R., Perkins, D. F., & Hayes, J. A. (2017). *Interpersonal relationship quality mediates the association between posttraumatic stress and academic dysfunction in student veterans*. Manuscript under review.
- 2 Allen, E. S., **Fredman, S. J.**, Rhoades, G. K., Markman, H. J., Loew, B., & Stanley, S. M. (2017). *Male service members' and civilian wives' perceptions of partner support regarding deployment and PTSD symptoms*. Manuscript in preparation.

Manuscripts in Preparation:

- 1 **Fredman, S. J.**, *Le, Y., Garcia Hernandez, W., Feinberg, M. E., & Ammerman, R. T. (2017). *Parent PTSD symptoms and child abuse potential during the transition to parenthood: Direct association and mediation via relationship conflict.* Manuscript in preparation.
- 2 Fredman, S. J., Allen, E. S., *Le, Y., & Renshaw, K. D. (2017). Service Member disclosure and relationship health. Manuscript in preparation.
- 3 *Le, Y., **Fredman, S. J.**, & Feinberg, M. E. (2017). *Capitalization during the transition to parenthood: A dyadic daily diary study*. Manuscript in preparation.
- 4 Pukay-Martin, N. D., **Fredman, S. J.**, Chard, K. M. (2017). *Partner accommodation in a clinical sample of veterans: Correlates and prediction of outcome*. Manuscript in preparation.
- 5 Allen, E. S., Renshaw, K. D., & **Fredman, S. J.** (2017). *A longitudinal perspective on the associations between Service Member PTSD symptoms and partner accommodation*. Manuscript in preparation.
- 6 Renshaw, K. D., Allen, E. S., **Fredman, S. J.**, Thomas, S., & Kern, C. (2017). *Partners' motivations for accommodating posttraumatic stress disorder symptoms in Service Members: The Reasons for Accommodating PTSD Scale*. Manuscript in preparation.
- 7 Pukay-Martin, N. D., Macdonald, A., Wagner, A. C., Wanklyn, S. G., **Fredman, S. J.**, & Monson, C. M. (2017). *Psychological aggression findings for a conjoint intervention for PTSD*. Manuscript in preparation.

BOOKS, REVIEWS, CASE REPORTS, AND CHAPTERS

Books:

1 Monson, C. M., & Fredman, S. J. (2012). Cognitive-behavioral conjoint therapy for posttraumatic stress disorder: Harnessing the healing power of relationships. New York, NY: Guilford Press.

Textbook Chapters:

- 19 Fredman, S. J., & Gordon, K. C. (in press). Donald Baucom's contributions to the field of couple therapy. In J. Lebow, A. Chambers, & D. Breunlin (Eds.), *Encyclopedia of couple and family therapy*. New York, NY: Springer.
- 18 Ennis, N., Fredman, S. J., & Monson, C. M. (in press). Couple therapy for posttraumatic stress disorder. In J. Lebow, A. Chambers, & D. Breunlin (Eds.), *Encyclopedia of couple and family therapy*. New York, NY: Springer.
- 17 Monson, C. M., Wagner, A. C., **Fredman, S. J.**, Macdonald, A., & Pukay-Martin, N. D. (in press). Couple and family therapy. In S. N. Gold (Ed.), *APA handbook of trauma psychology*. Washington, D.C.: American Psychological Association.
- 16 Pukay-Martin, N. D., Fredman, S. J., & Monson, C. M. (2016). Couple therapy for posttraumatic stress disorder. In N. D. Ainspan, C. J. Bryan, & W. E. Penk (Eds.), *Handbook of psychosocial interventions for veterans and service members: A guide for the non-military mental health clinician* (pp. 323-334). New York, NY: Oxford University Press.

- CV: Steffany J. Fredman, Ph.D.
- 15 Fredman, S. J., Shnaider, P., *Pentel, K. Z., & Monson, C. M. (2016). Cognitive-behavioral couple therapy. In T. J. Petersen, S. Sprich, S. Wilhelm (Eds.), *The Massachusetts General Hospital handbook of cognitive behavioral therapy* (pp. 277-287). New York, NY: Springer.
- 14 Monson, C. M., & Fredman, S. J. (2015). Cognitive-behavioral couple therapy for PTSD. In A. Gurman, J. Lebow, & D. K. Snyder (Eds.), *Clinical handbook of couple therapy* (pp. 531-554). New York, NY: Guilford.
- 13 Monson, C. M., Pukay-Martin, N. D., Fredman, S. J., & Macdonald, A. (2014). Terapia di coppia cognitivo-comportamentale nel trattamento del disturbo post-traumatico da stress [Cognitive-behavioral conjoint therapy for posttraumatic stress disorder]. In V. Cigoli, D. Margola, M. Gennari, & D. K. Snyder (Eds.), *Clinica di coppia: L'Approccio integrativo e l'approccio relazionale-simbolico [Couple therapy: The integrative approach and the symbolic-relational approach*] (pp. 77-94). Milan, Italy: Franco Angeli.
- 12 Monson, C. M., Macdonald, A., Fredman, S. J., Schumm, J. A., & Taft, C. T. (2014). Empiricallysupported couple and family therapies for PTSD. In M. J. Friedman, T. M. Keane, & P. A. Resick (Eds.), *Handbook of PTSD: Science and practice*. (2nd edition, pp. 330-358). New York, NY: Guilford.
- 11 Monson, C. M., Fredman, S. J., Dekel, R., & Macdonald, A. M. (2012). Family models of posttraumatic stress disorder. In J. G. Beck & D. M. Sloan (Eds.), *Oxford handbook of traumatic stress disorders* (pp. 219-234). New York, NY: Oxford University Press.
- 10 Monson, C. M., Fredman, S. J., & Riggs, D. R. (2012). Posttraumatic stress disorder and its comorbidities. In D. K. Snyder & C. M. Monson (Eds.), *Couple-based interventions for military and veteran families* (pp. 147-174). New York: Guilford.
- 9 Monson, C. M., Fredman, S. J., & Taft, C. T. (2011). Couple and family issues and interventions for veterans of the Iraq and Afghanistan wars. In J. I. Ruzek, P. P. Schnurr, J. J. Vasterling, & M. J. Friedman (Eds.), *Caring for veterans with deployment-related stress disorders* (pp. 151-169). Washington, DC: American Psychological Association.
- 8 Monson, C. M., **Fredman, S. J.**, & Dekel, R. (2010). Posttraumatic stress disorder in an interpersonal context. In J. G. Beck (Ed.), *Interpersonal processes in the anxiety disorders: Implications for understanding psychopathology and treatment* (pp. 179-208). Washington, DC: American Psychological Association.
- 7 Fredman, S. J. (2010). Couple/family-based assessment strategies for individuals with psychological problems. In K. Hahlweg, M. Grawe-Gerber, & D. H. Baucom (Eds.), *Enhancing couples: The shape of couple therapy to come* (pp. 185-198). Göttingen: Hogrefe.
- 6 Belanger, C., Leduc, A., Fredman, S., El-Baalbaki, G., & Baucom, D. H. (2008). Couples et troubles anxieux: Évaluation et intervention (The couple relationship and anxiety disorders: Assessment and intervention). In J. Wright, Y. Lussier, & S. Sabourin (Eds.), *La psychothérapie de couple: un guide clinique.* (*Couples therapy: A clinical guide*) (pp. 507-539). Québec: Presses de l'Université du Québec (University of Québec Press).
- 5 Fredman, S. J., Hirshfeld-Becker, D. R., Smoller, J. S., & Rosenbaum, J. F. (2003). Childhood antecedents of adult anxiety disorders. In D. J. Nutt & J. C. Ballenger (Eds.), *Anxiety disorders* (pp. 135-162). Oxford: Blackwell Science.

- Hirshfeld, D. R., Rosenbaum, J. F., Fredman, S. J., & Kagan, J. (1999). Neurobiology of childhood anxiety disorders. In D. S. Charney, E. J. Nestler, & B. S. Bunney (Eds.), *Neurobiology of mental illness* (pp. 823-838). New York, NY: Oxford University Press.
- Hirshfeld-Becker, D. R., Fredman, S. J., Robin, J., & Rosenbaum, J. F. (1999). Etiology of social phobia. In J. A. den Boer & H. M. Westenberg (Eds.), *Social anxiety disorder* (pp. 47-79). Amsterdam: Syn-Thesis.
- 2 Hirshfeld, D. R., Smoller, J. W., **Fredman, S. J.**, Bulzacchelli, M. T., & Rosenbaum, J.F. (1998). Antecedents of panic disorder: Genes, childhood, and the environment. In J. F. Rosenbaum & M. H. Pollack (Eds.), *Panic disorder and its treatment* (pp. 93-152). New York, NY: Marcel Dekker.
- Rosenbaum, J. F., Fredman, S. J., & Pollack, M. H. (1998). Pharmacotherapy of panic disorder. In J. F. Rosenbaum & M. H. Pollack (Eds.), *Panic disorder and its treatment* (pp. 153-180). New York, NY: Marcel Dekker.

PEER-REVIEWED PRESENTATIONS AND POSTERS:

- 83 *Le. Y., McDaniel, B. T., Leavitt, C. E., **Fredman, S. J.**, & Feinberg, M.E. (2017, June). *Associations between couple relationship quality and coparenting during the transition to parenthood: Micro and macro perspectives*. Presentation to be given at the annual meeting of the International Association for Relationship Research, Syracuse, NY.
- 82 **Fredman, S. J.** (Chair) (2016, October). *Two heads are better than one: Novel approaches to the study and treatment of individual psychopathology in a couple context.* Symposium conducted at the 50th annual convention of the Association for Behavioral and Cognitive Therapies, New York, NY.
- 81 **Fredman, S. J.** (Chair) (2016, October). *Partnering and parenting in the presence of PTSD*. Symposium conducted at the 50th annual convention of the Association for Behavioral and Cognitive Therapies, New York, NY.
- 80 *Le, Y., Fredman, S. J., & Feinberg, M. E. (2016, October). Parenting stress mediates the association between neuroticism and harsh parenting: A dyadic approach. In S. J. Fredman (Chair), *Two heads are better than one: Novel approaches to the study and treatment of individual psychopathology in a couple context*. Symposium conducted at the 50th annual convention of the Association for Behavioral and Cognitive Therapies, New York, NY.
- 79 Fredman, S. J., *Le, Y., Marshall, A. D., Brick, T. R., & Feinberg, M. E. (2016, October). A dyadic perspective on the associations among PTSD symptoms, perceived couple functioning, and parenting stress. In S. J. Fredman (Chair), *Partnering and parenting in the presence of PTSD*. Symposium conducted at the 50th annual convention of the Association for Behavioral and Cognitive Therapies, New York, NY.
- 78 Allen, E. S., Renshaw, K. D., & Fredman, S. J. (2016, October). Mothers' parental buffering in the context of husbands' PTSD. In S. J. Fredman (Chair), *Partnering and parenting in the presence of PTSD*. Symposium conducted at the 50th annual convention of the Association for Behavioral and Cognitive Therapies, New York, NY.
- 77 *Le, Y., Fredman, S. J., & Lu, Y. (2016, October). *Refinement of a brief measure of relationship distress for Chinese couple using item response theory*. Poster presented at the 50th annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.

- CV: Steffany J. Fredman, Ph.D.
- 76 Monson, C. M., & Fredman, S. J. (2016, October). Incorporating significant others to maximize PTSD treatment. Workshop conducted at the 50th annual convention of the Association for Behavioral and Cognitive Therapies, New York, NY.
- 75 Allen, E., Renshaw, K., Fredman, S., Rhoades, G., Markman, H., Stanley, S., & Litz, B. (August, 2016). The interplay of Soldier PTSD symptoms and dyadic accommodation with interpersonal risk for suicide. In Blais, R. (Chair), *Suicide in the military: The relational context of a leading cause of death in service members*. Symposium conducted at the annual meeting of the American Psychological Association, Denver, CO.
- 74 Bhalla, A., Allen, E., Renshaw, K., **Fredman, S.**, & Kenny, J. (August, 2016). *Accommodation to PTSD symptoms as a predictor of caregiver burden in female partners of service members*. Poster presented at the annual meeting of the American Psychological Association, Denver, CO.
- 73 Bhalla, A., Allen, E., Kenny, J., Soberay, K., **Fredman, S.**, & Renshaw, K. (August, 2016). *The role of experiential avoidance in partner accommodation and service member PTSD*. Poster presented at the annual meeting of the American Psychological Association, Denver, CO.
- 72 *Le, Y., **Fredman, S. J.,** & Lu, Y. (2016, July). *Conflict over in-law issues mediates the association between gender-role consensus and relationship distress in Taiwanese couples: A dyadic perspective*. Poster presented at the biennial meeting of the International Association for Relationship Research, Toronto, Ontario, Canada.
- 71 Fredman, S. J. (Chair) (2015, November). Partner accommodation of PTSD symptoms in military and veteran couples. Symposium conducted at the 49th annual convention of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- 70 **Fredman, S. J.** (Chair) (2015, November). *Beyond self-report: Using couples interaction data to better understand couple aspects of individual psychopathology*. Symposium conducted at the 49th annual convention of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- 69 **Fredman, S. J.** (Discussant) (2015, November). In T. D. Gray (Chair), *Up-armoring families: Disseminating empirically supported relationship interventions for military couples*. Symposium conducted at the 49th annual convention of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- 68 Fredman, S. J., Baucom, D. H., Boeding, S. E., & Miklowitz, D. J. (2015, November). Observed appropriate and inappropriate emotional involvement by relatives moderates treatment outcomes for bipolar disorder. In S. J. Fredman (Chair), *Beyond self-report: Using couples interaction data to better understand couple aspects of individual psychopathology*. Symposium conducted at the 49th annual convention of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- 67 Fredman, S. J., Pukay-Martin, N. D., Macdonald, A., Wagner, A. C., Vorstenbosch, V., & Monson, C. M. (2015, November). Partner accommodation moderates treatment outcomes for PTSD. In S. J. Fredman (Chair), *Partner accommodation of PTSD symptoms in military and veteran couples*. Symposium conducted at the 49th annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- 66 Renshaw, K. D., Allen E., Fredman, S. J., & Kern, C. (2015, November). Spouses' reasons for accommodation of Service Members' PTSD symptoms: Links with symptom clusters and overall levels of accommodation. In S. J. Fredman (Chair), *Partner accommodation of PTSD symptoms in military and veteran couples*. Symposium conducted at the 49th annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

- 65 Kenny, J. J., Allen E., **Fredman, S. J.**, & Renshaw, K. D. (2015, November). Two perspectives on accommodation: Partners vs. Service Members. In **S. J. Fredman** (Chair), *Partner accommodation of PTSD symptoms in military and veteran couples*. Symposium conducted at the 49th annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- 64 Fredman, S. J., & Monson, C. M. (2015, November). Cognitive-behavioral conjoint therapy for PTSD. In D. K. Snyder (Chair), *Evidence-based extensions of couple therapy to specific disorders*. Symposium conducted at the 49th annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- 63 *Le, Y., **Fredman, S. J.**, & Feinberg, M. E. (2015, November). *Perceived child difficulty mediates the association between mothers' and fathers' neuroticism and overreactive parenting*. Poster presented at the 49th annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- 62 Birkley, E., Pukay-Martin, N. D., Fredman, S. J., Vorstenbosch,, V., Macdonald, A., & Monson, C. M. (2015, November). Trait anger and depression moderate treatment outcomes for cognitive-behavioral conjoint therapy for PTSD. In E. Birkley (Chair), *Moderators of cognitive-behavioral treatments for PTSD: Implications for assessment, intervention and dissemination*. Symposium conducted at the 49th annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- 61 Glynn, S. M., **Fredman, S. J.**, Monson, C. M., Macdonald, A., Beasley, K., Davis, L., & Luedtke,B. (2015, August). Training to promote national dissemination of CBCT for PTSD in the U.S. Department of Veterans Affairs. In C. M. Monson (Chair), *Cognitive-behavioral conjoint therapy for PTSD: Delivery alternatives, outcomes, and dissemination*. Symposium presented at the annual meeting of the American Psychological Association, Toronto, ON.
- 60 Wagner, A. C., Torbit, L., Jenzer, T., Landy, M. S. H., Pukay-Martin, N. D., Macdonald, A., Fredman, S. J., & Monson, C. M. (2015, August). Posttraumatic growth in cognitive-behavioral conjoint therapy for PTSD. In A. C. Wanger (Chair), *Hope and Growth in Trauma Recovery*. Symposium conducted at the annual meeting of the American Psychological Association, Toronto, ON.
- 59 *Antle, J. M., & Fredman, S. J. (2015, April). *Predictors of expressed emotion in relatives of patients with bipolar disorder*. Poster presented at the University of Virginia's L. Starling Reid Undergraduate Psychology Conference, Charlottesville, VA.
- 58 Christiansen, A., Glynn, S., **Fredman, S. J.**, Monson, C., & O'Farrell, T. (2014, November). *Evidence-based training in couple therapy in the U.S. Veterans' Administration*. Clinical roundtable presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- 57 Kenny, J., Allen, E., Fredman, S. J., Rhoades, G., Kern, C., Glenn, D. A., & Renshaw, K. D. (2014, November). *Comparison of male and female partner perceptions of accommodation to PTSD symptoms*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- 56 Glenn, D. A., Allen, E., Renshaw, K. D., Fredman, S. J., Kenny, J., & Kern, C. (2014, November). Associations between numbing symptoms of PTSD and perceived burdensomeness: The role of partner support. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

- CV: Steffany J. Fredman, Ph.D.
- 55 Fredman, S. J. (2014, November). *Treating PTSD using a couple-based approach*. Presentation at the 2014 PA Veterans Forum: Community and Connections, Grantville, PA.

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- 54 Macdonald, A., Wagner, A., Pukay-Martin, N., **Fredman, S.**, & Monson, C. (2014, November). *Changes in trauma-related cognitions with cognitive-behavioral conjoint therapy for PTSD*. Poster presented at the annual meeting of the International Society for Traumatic Stress Studies, Miami, FL.
- 53 Wagner, A., Torbit, L., Jenzer, T., Pukay-Martin, N. D., Landy, M., Macdonald, A., Fredman, S., & Monson, C. (2014, November). *Post-traumatic growth with cognitive-behavioral conjoint therapy for PTSD*. Poster presented at the annual meeting of the International Society for Traumatic Stress Studies, Miami, FL.
- 52 Vorstenbosch, V., Fredman, S. J., Macdonald, A., Pukay-Martin, N. D., & Monson, C. M. (2014, March). Effects of cognitive-behavioral conjoint therapy for posttraumatic stress disorder clusters and potential moderators of treatment outcome. In D. Brief (Chair), *Effective treatments for PTSD and co-morbid conditions: Predictors of treatment response*. Symposium conducted at the meeting of the Anxiety Disorders Association of America, Chicago, IL.
- 51 Pukay-Martin, N. D., Macdonald, A., Wagner, A. C., Wanklyn, S. W., Fredman, S. J., & Monson, C. M. (2013, November). Cognitive-behavioral conjoint therapy for posttraumatic stress disorder: Findings for psychological aggression. In K. H. Walter (Chair), *Enhancing interpersonal relationships and quality of life: Critical outcomes of evidence-based PTSD treatments*. Paper presented at the annual meeting of the International Society for Traumatic Stress Studies, Philadelphia, PA.
- 50 Shnaider, P., Pukay-Martin, N. D., Fredman, S. J., Macdonald, A., & Monson, C. M. (2013, November). Partner outcomes and influences on patient outcomes in cognitive-behavioral conjoint therapy for PTSD. In P. Shnaider (Chair), *Intimate relationships and the treatment of psychopathology: Partner outcomes and influences on patient outcomes in individual and couple-based interventions*. Paper presented at the meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
- 49 Shnaider, P., Pukay-Martin, N. D., **Fredman, S. J.**, Macdonald, A., & Monson, C. M. (2013, July). *Effects* of cognitive-behavioral conjoint therapy for PTSD on partners' psychological functioning. Poster presented at the World Congress of Behavioral and Cognitive Therapies, Lima, Peru.
- 48 **Fredman, S. J.**, Beck, J. G., *Pentel, K. Z., Simon, N. M., & Marques, L. (2012, November). Dyadic communication patterns and PTSD symptom severity following a motor vehicle accident. In S. Boeding (Chair), *Couples and psychopathology: Beyond relationship distress*. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
- 47 Fredman, S. J., Vorstenbosch, V., Macdonald, A., Wagner, A., & Monson, C. M. (2012, November). Partner accommodation to PTSD. In K. D. Renshaw (Chair), *Adjustments to challenges in military couples: Reintegration and PTSD*. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
- 46 *Pentel, K. Z., **Fredman, S. J.**, Simon, N. M., & Kennedy, S. (2012, November). *Patient and provider attitudes towards telemedicine delivery of PTSD treatment for Veterans*. Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, National Harbor, MD.
- 45 Monson, C. M., **Fredman, S. J.**, Macdonald, A., Pukay-Martin, N.D., Schnurr, P.P., & Resick, P. (2012, November). *Harnessing the healing power of relationships: Results of a randomized controlled trial of Cognitive-Behavioural Conjoint Therapy for PTSD*. Symposium presented at the 28th annual meeting of the International Society for Traumatic Stress Studies, Los Angeles, CA.

- CV: Steffany J. Fredman, Ph.D.
- 44 Shnaider, P., Pukay-Martin, N. D., Fredman, S. J., Pentel, K. Z., Monson, C. M., Beck, J.G., Simon, N.M., & Marques, L. (2012, November). *Intimate relationship satisfaction, social support and PTSD among MVA Survivors: A longitudinal analysis.* Poster presented at the annual meeting of the International Society of Traumatic Stress Studies, Los Angeles, CA.
- 43 Belus, J.M., Pukay-Martin, N.D., Wanklyn, S.G., Macdonald, A., Fredman, S. J., & Monson, C.M. (2012, November). *Do treatment-related positive and negative cognitive changes predict PTSD symptom changes?* Poster presented at the 28th annual meeting of the International Society for Traumatic Stress Studies, Los Angeles, CA.
- 42 Fredman, S. J., Marques, L., *Pentel, K. Z., Hayes, M., & Simon, N. M. (2012, April). *Dyadic communication predicts PTSD symptoms after MVA*. Poster presented at the annual meeting of the Anxiety Disorders Association of America, Crystal City, VA.
- 41 **Fredman, S. J.** (Discussant) (2011, November). In C. Caska & K. D. Renshaw (Chairs), *Family accommodation in obsessive compulsive disorder*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, ON.
- 40 Monson, C. M., Gradus, J. L., **Fredman, S.**, Wanklyn, S. G., & Resick, P. (2011, November). PTSD and intimate relationship status and functioning in men and women veterans serving in Operation Enduring and Iraqi Freedom. In D. Snyder (Chair), *Emerging evidence regarding PTSD and relationship functioning in OEF/OIF combat veterans*. Symposium presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Toronto, ON.
- 39 Schumm, J. A., **Fredman, S. J.**, & Monson, C. M. (2011, November). Cognitive-behavioral conjoint therapy for PTSD among U.S. military veterans. In K. D. Renshaw (Chair), *PTSD and relationship functioning in military couples: Mediators, moderators, and treatment*. Symposium presented at the annual meeting of the International Society for Traumatic Stress, Baltimore, MD.
- 38 Monson, C. M., Fredman, S. J., Macdonald, A., Schnurr, P. P., Resick, P. A., MacDonald, H. Z., ... Wagner, A. (2011, November). Cognitive-behavioral conjoint therapy for PTSD: Results from a randomized controlled trial. In L.K. Kachadourian (Chair), *Couples issues and interventions in trauma populations*. Symposium presented at the annual meeting of the International Society for Traumatic Stress, Baltimore, MD.
- 37 Schumm, J. A., **Fredman, S. J.**, & Monson, C. M. (2011, November). Cognitive-behavioral conjoint therapy for PTSD among US military veterans. In K. D. Renshaw (Chair), *PTSD and relationship functioning in military couples: Mediators, moderators, and treatment*. Symposium presented at the annual meeting of the International Society for Traumatic Stress, Baltimore, MD.
- 36 **Fredman, S. J.** (2011, August). *Telemedicine delivery of cognitive-behavioral conjoint therapy for PTSD*. Paper presented at the annual meeting of the IEEE Engineering in Medicine and Biology, Boston, MA.
- 35 Monson, C. M., **Fredman, S. J.**, *Adair, K. C., MacDonald, H. Z., Macdonald, A., Vorstenbosch, V., Wagner, A., . . . Schnurr, P. P. (2011, June). Cognitive-behavioural conjoint therapy for posttraumatic stress disorder: Results from an ongoing randomized controlled trial. In C. M. Monson (Chair), *Couplebased interventions for individual problems: Achieving multiple outcomes*. Symposium presented at the annual meeting of the Canadian Psychological Association, Toronto, ON.
- 34 **Fredman, S. J.**, Vorstenbosch, V., Wagner, A. C., & Monson, C. M. (2011, June). Behavioral accommodation and symptoms of posttraumatic stress disorder. In A. Macdonald (Chair), *Understanding the role of significant others in the expression and treatment of PTSD*. Symposium presented at the annual meeting of the Canadian Psychological Association, Toronto, ON.

- CV: Steffany J. Fredman, Ph.D.
- 33 Macdonald, A., Fredman, S. J., Brown-Bowers, A., Wanklyn, S. G., Monson, C. M. (2011, June). Relationship functioning among couples receiving cognitive behavioral conjoint therapy for posttraumatic stress disorder. In A. Macdonald (Chair), *Understanding the role of significant others in the expression and treatment of PTSD*. Symposium presented at the annual meeting of the Canadian Psychological Association, Toronto, ON.
- 32 Monson, C. M., & **Fredman, S.J.** (2011, March). *Incorporating significant others into cognitive-behavioral therapy for posttraumatic stress disorder*. Workshop presented at the annual meeting of Anxiety Disorders Association of America, New Orleans, LA
- 31 Monson, C. M., Fredman, S. J., *Adair, K. C., MacDonald, H. Z., Macdonald, A., Vorstenbosch, V., Wagner, A., . . . Schnurr, P. P. (2011, March). Cognitive-behavioral conjoint therapy for posttraumatic stress disorder. In D. M. Sloane & B. P. Mark (Chairs), *Recent innovations in the PTSD treatment research*. Symposium presented at the annual meeting of Anxiety Disorders Association of America, New Orleans, LA.
- 30 Fredman, S. J., Monson, C. M., & *Adair, K. C. (2010, November). Application of cognitive-behavioral conjoint therapy for PTSD to OEF/OIF Couples. In D. K. Snyder (Chair), *Extending evidence-based assessment and interventions to military couples and families*. Symposium conducted at the annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
- 29 Monson, C. M., Fredman, S. J., *Adair, K. C., MacDonald, H. Z., Macdonald, A., Vorstenbosch, V.,... Schnurr. P. P. (2010, November). *Cognitive-behavioural conjoint for PTSD: Results from an ongoing RCT*. Paper presented at the annual meeting of the Canadian Military Veterans Health Research Forum, Kingston, ON.
- 28 Macdonald, A., Monson, C., Fredman, S. J., *Adair, C., MacDonald, H., Resick, P. & Schnurr, P (2010, November). Psychological and low-level physical aggression among couples seeking cognitive-behavioral couple therapy for posttraumatic stress disorder. In J. A. Schumm (Chair), *Intimate partner violence in couples with trauma*. Symposium conducted at the annual meeting of the International Society for Traumatic Stress Studies, Montreal, QC, Canada.
- 27 Fredman, S. J., Monson, C. M., Stevens, S. P., Schnurr, P. P., Resick, P. A., *Adair, K. C., MacDonald, H. Z., Macdonald, A. (2010, March). Cognitive-behavioral conjoint therapy for posttraumatic stress disorder: Results from an ongoing randomized controlled trial. In R. Weatherill (Chair), *Couples-based interventions for Returning Veterans with PTSD*. Symposium conducted at the annual meeting of the Anxiety Disorders Association of America, Baltimore, MD.
- 26 *Adair, K. C., **Fredman, S. J.**, & Monson, C. M. (2010, January). *Mindfulness, willingness to experience affect and relationship satisfaction*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Las Vegas, NV.
- 25 Monson, C. M., Fredman, S. J., Stevens, S., Resick, P., *Adair, K. C. & MacDonald, H. (2009, November). Cognitive-behavioral conjoint therapy for PTSD: Initial findings from a community sample. In S. L. Sayers (Chair), *Intimate relationships and understanding responses to trauma*. Symposium conducted at the annual meeting of the International Society for Traumatic Stress Studies, Atlanta, GA.
- 24 **Fredman, S. J.**, Monson, C. M., & *Adair, K. C. (2009, November). The development of a new measure to assess family accommodation to symptoms of posttraumatic stress disorder. In S. L. Sayers (Chair), *Understanding the marital context of the impact of combat deployment.* Symposium conducted at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.

- CV: Steffany J. Fredman, Ph.D.
- 23 Monson, C. M., Fredman, S. J., Stevens, S. P., MacDonald, H. Z., *Adair, K. C., Resick, P. A., & Schnurr, P. P. (2009, March). *Cognitive-behavioral conjoint therapy for posttraumatic stress disorder: Results from a pilot study.* Paper presented at the annual meeting of the Anxiety Disorders Association of American, Albuquerque, NM.
- 22 Monson, C. M., & **Fredman, S. J.** (2009, March). *Maximizing PTSD treatment by incorporating significant others*. Workshop presented at the annual meeting of the Anxiety Disorders Association of American, Albuquerque, NM.
- 21 Monson, C. M., & **Fredman, S. J.** (2008, November). *Maximizing PTSD treatment by incorporating significant others*. Workshop presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.
- 20 Fredman, S. J., Monson, C. M., Stevens, S. P., MacDonald, H. Z., *Adair, K. C., Resick, P. A., Schnurr, P. P., & O'Farrell, T. J. (2008, November). Cognitive-behavioral conjoint therapy for posttraumatic stress disorder: Pilot study results. In C. M. Monson (Chair), *Innovations in couple therapy for individual psychopathology*. Symposium conducted at the annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.
- 19 *Adair, K. C., Fredman, S. J., Monson, C. M., Gradus, J. L., Taft, C. T., Watkins L., & Resick, P. A. (2008, November). *The role of depression and PTSD in sexual dysfunction for men and women following robbery*. Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Orlando, FL.
- 18 **Fredman, S. J.**, & Abramowitz, J. S. (2008, August). *Enhancing cognitive-behavioral treatment of obsessive-compulsive disorder using a couple-based approach*. Workshop presented at the annual meeting of the Obsessive Compulsive Foundation, Boston, MA.
- 17 Fredman, S. J., Baucom, D. H., & Miklowitz, D. J. (2007, November). The role of observed emotional involvement in relatives of patients with bipolar disorder: Implications for treatment outcome. In S. J. Fredman (Chair), *Psychopathology in a family context*. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- 16 Stanton, S. E., Baucom, D. H., Sher, T. G, & **Fredman, S. J.** (2007, November). *Social support and dietary changes in a couples-based treatment for coronary artery disease*. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- 15 Kirby, J. S., Baucom, D. H., Pukay-Martin, N. D., Fredman, S. J., Gremore, T. M., Porter, L.S, & Keefe, F. J. (2007, November). *Important factors in men's psychological responses to women's breast cancer*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- 14 Monson, C. M., **Fredman, S. J.**, Schumm, J. A., Taft, C. T., & Resick, P. A. (2007, November). *Can trauma enhance a relationship? Associations among trauma exposure, PTSD, and intimate relationship functioning.* Paper presented at the annual meeting of the International Society for Traumatic Stress Studies.
- 13 Abramowitz, J. S., & **Fredman, S. J.** (2007, March). *Enhancing cognitive-behavioral treatment of anxiety disorders using a couple-based approach*. Workshop presented at the annual meeting of the Anxiety Disorders Association of America, St. Louis, MO.
- 12 Baucom, D. H., Pukay-Martin, N., Kirby, J. S., Porter, L. S., **Fredman, S. J.**, Gremore, T. M., & Keefe, F. J. (2006, September). *The impact of serious illness on the other partner: Males and breast cancer*. Paper

CV: Steffany J. Fredman, Ph.D. presented at the annual meeting of the European Association for Behavioral and Cognitive Therapies, Paris, France.

- 11 **Fredman, S. J.**, Baucom, D. H., Kallman, T., Gremore, T., Castellani, A., Wiesenthal, N. L., et al. (2005, November). *Couples and breast cancer: Getting services to those who need them*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, D.C.
- 10 **Fredman, S. J.**, Baucom, D. H., & Miklowitz, D. J. (2004, November). *Emotional involvement/overinvolvment in relatives of patients with bipolar disorder*. Paper presented at the annual meeting of the Association for the Advancement of Behavior Therapy, New Orleans, LA.
- 9 Baucom, D. H., Hahlweg, K., & **Fredman, S. J.** (2003, November). *Prediction of relationship distress following premarital intervention: If you're not happy, deal with it!* Poster presented at annual meeting of the Association for the Advancement of Behavior Therapy, Boston, MA.
- 8 Chambless, D. L., **Fredman, S. J.**, & Steketee, G. (2002, November). *Confirmatory factor analysis of emotional overinvolvement in relatives of anxious outpatients*. Poster presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Reno, NV.
- 7 **Fredman, S. J.**, Chambless, D. L., & Steketee, G. (2002, November). *Using the KPI to assess the validity of an observational coding system of emotional overinvolvement*. Paper presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Reno, NV.
- 6 **Fredman, S. J.**, Chambless, D. L., & Steketee, G. (2001, November). *Observational coding system of emotional overinvolvement in the relatives of outpatients with OCD and agoraphobia*. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Philadelphia, PA.
- 5 Chambless, D. L., Steketee, G., & **Fredman, S. J.** (2001, July). *Observed marital/family interaction in relationship to treatment outcome for agoraphobia and obsessive-compulsive disorder*. Poster presented at the World Congress of Behavioral and Cognitive Therapies, Vancouver, Canada.
- 4 **Fredman, S. J.**, Fava, M., Kienke, A. S., White, C. N., & Rosenbaum, J. F. (2000, May). *A survey of clinicians' approaches to long-term treatment with antidepressants*. Paper presented at the annual meeting of the American Psychiatric Association, Chicago, IL.
- 3 Fredman S. J., Rosenbaum, J. F., Fava, M., White, C. N., Mishcoulon, D., Herman, J.B., & Nierenberg, A. A. (1999, May). *Do psychiatrists raise the dose when SSRIs don't work?* Poster presented at the annual meeting of the American Psychiatric Association, Washington, D.C.
- 2 Hirshfeld-Becker, D. R., Gould, R., Reilly-Harrington, N., Morabito, C., Cosgrove, V., Guille, C.,
 Fredman, S. J., & Sachs, G. (1998, November). Short-term adjunctive cognitive-behavioral group therapy for bipolar disorder: Preliminary results from a controlled trial. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Washington, D.C.
- 1 **Fredman, S. J.**, Hirshfeld, D. R., & Rosenbaum, J. F. (1998, June). *Extreme childhood shyness in agoraphobic adults*. Poster presented at the annual meeting of the American Psychiatric Association, Toronto, Ontario, Canada.

INVITED PRESENTATIONS:

47 Monson, C. M., & **Fredman, S. J.** (2017, January). *Cognitive-behavioral conjoint therapy for posttraumatic stress disorder*. Workshop presented for VA implementation of cognitive-behavioral conjoint therapy for PTSD, Phoenix, AZ.

- 46 **Fredman, S. J.** (2016, October). *Using expressed emotion to inform family-based treatment for individual psychopathology: The importance of context.* Presentation given at A Festschrift Celebrating the Life, Career, Mentorship, and Works of Dianne Chambless, Ph.D., Department of Psychology, University of Pennsylvania, Philadelphia, PA.
- 45 **Fredman, S. J.** (2016, October). *Multi-couple group intervention for PTSD*. Presentation given at the Assessment and Treatment of Combat-Related PTSD and Comorbid Conditions Conference, Department of Psychiatry and Military Health Institute, University of Texas Health Science Center at San Antonio, San Antonio, TX.
- 44 **Fredman, S. J.** (2016, July). *Cognitive-behavioral conjoint therapy for posttraumatic stress disorder overview*. Workshop presented at the Altoona VA Medical Center, Altoona, PA.
- 43 **Fredman, S. J.** (2016, April). *Cognitive-behavioral conjoint therapy for posttraumatic stress disorder*. Workshop presented for VA implementation of cognitive-behavioral conjoint therapy for PTSD, San Diego, CA.
- 42 **Fredman, S. J.**, & Banks-Williams, L. (2015, September). *Cognitive-behavioral conjoint therapy for posttraumatic stress disorder*. Workshop presented at Joint Bolling-Anacostia Air Force Base, Washington, DC.
- 41 Monson, C. M., & **Fredman, S. J.** (2015, March). *Cognitive-behavioral conjoint therapy for posttraumatic stress disorder*. Workshop presented for VA implementation of cognitive-behavioral conjoint therapy for PTSD, Minneapolis, MN.
- 40 Monson, C. M., & **Fredman, S. J.** (2014, September). *Cognitive-behavioral conjoint therapy for posttraumatic stress disorder*. Workshop presented for VA implementation of cognitive-behavioral conjoint therapy for PTSD, Dallas, TX.
- 39 **Fredman, S. J.** (2014, June). *Treating PTSD using a couple-based approach*. Presentation at the Centre Country Veterans Affairs Office, Centre County Council for Human Services, and Link to Aging and Disability Resource Center workshop on services available to veterans and their families, State College, PA.
- 38 Fredman, S. J., & Monson, C. M. (2014, June). *Cognitive-behavioral couple therapy*. Four-part, web-based training on behalf of Massachusetts General Hospital Psychiatry Academy, Boston, MA.
- 37 Fredman, S. J., & Monson, C. M. (2013, December). *Cognitive-behavioral couple therapy*. Four-part, webbased training on behalf of Massachusetts General Hospital Psychiatry Academy, Boston, MA.
- 36 Monson, C. M., & Fredman, S. J. (2013, August). Cognitive-behavioral conjoint therapy for posttraumatic stress disorder. Workshop presented for VA implementation of cognitive-behavioral conjoint therapy for PTSD, Atlanta, GA.
- 35 **Fredman, S. J.**, & Monson, C. M. (2013, June). *Cognitive-behavioral couple therapy*. Four-part, web-based training on behalf of Massachusetts General Hospital Psychiatry Academy, Boston, MA.
- 34 **Fredman, S. J.** (2013, April). *Cognitive behavioral couples therapy for PTSD*. Presentation at MGH Psychiatry Academy conference on Anxiety, trauma, and bereavement: Recent advances in evidence-based treatment. Boston, MA.
- 33 **Fredman, S. J.** (2013, April). *Treating PTSD using a couple-based approach*. Presentation at the National Research Summit on Reserve Component Military Families, Ann Arbor, MI.

- CV: Steffany J. Fredman, Ph.D.
- 32 Fredman, S. J. (2013, March). *Cognitive-behavioral therapy for PTSD*. Seminar provided as part of workshop for healthcare providers on *Evidence-Based Management of Trauma and Stress Following a Disaster*, Newtown, CT.
- 31 Fredman, S. J., & Monson, C. M. (2013, February-March). *Cognitive-behavioral couple therapy*. Fourpart, web-based training on behalf of Massachusetts General Hospital Psychiatry Academy, Boston, MA.
- 30 Fredman, S. J., & Monson, C. M. (2012, September-October). *Cognitive-behavioral couple therapy*. Fourpart, web-based training on behalf of Massachusetts General Hospital Psychiatry Academy, Boston, MA.
- 29 Fredman, S. J., & Schumm, J. A. (2012, May). *Cognitive-behavioral conjoint therapy for posttraumatic stress disorder*. Workshop presented at Wright-Patterson Air Force Base, Dayton, OH.
- 28 Fredman, S. J., & Monson, C. M. (2012, April-May). *Cognitive-behavioral couple therapy*. Four-part, web-based training on behalf of Massachusetts General Hospital Psychiatry Academy, Boston, MA.
- 27 **Fredman, S. J.** (2012, March). *Couple therapy for PTSD: Harnessing the healing power of relationships.* Presentation to Clinical Psychology Program, Texas A&M University, College Station, TX.
- 26 **Fredman, S. J.** (2012, March). *Keeping military families emotionally strong: Couple therapy for PTSD.* Presentation as part of Red Sox Foundation/Massachusetts General Home Base Program and National Center for PTSD Home Front Series, Boston, MA.
- 25 Fredman, S. J., & Beasley, K. (2012, March). *Cognitive-behavioral conjoint therapy for posttraumatic stress disorder*. Workshop presented at Lackland Air Force Base, San Antonio, TX.
- 24 Fredman, S. J., & Beasley, K. (2012, February). *Cognitive-behavioral conjoint therapy for posttraumatic stress disorder*. Workshop presented at Andrews Air Force Base, Clinton, MD.
- 23 **Fredman, S. J.** (2011, December). *Maximizing cognitive-behavioral treatment for obsessive-compulsive disorder by incorporating significant others*. Presentation to Massachusetts General Hospital OCD Research Group, Boston, MA.
- 22 **Fredman, S. J**. (2011, October). Cognitive-behavioral conjoint therapy for posttraumatic stress disorder. Presentation to McLean Hill Center for Women, Boston, MA.
- 21 **Fredman, S. J.** (2011, October). Cognitive-behavioral conjoint therapy for posttraumatic stress disorder. Presentation to Massachusetts General Hospital Psychotherapy Research Group, Boston, MA.
- 20 **Fredman, S. J.** (2011, October-December). Cognitive-behavioral conjoint therapy for posttraumatic stress disorder. Six-week workshop presented to Massachusetts General Hospital Couples Reflecting Team, Boston, MA.
- 19 Monson, C. M., & Fredman, S. J. (2011, September). Master clinician training in cognitive-behavioral conjoint therapy for posttraumatic stress disorder. Workshop presented to U.S. Air Force and Veterans Administration clinicians, San Antonio, TX.
- 18 Monson, C. M., & Fredman, S. J. (2011, August). Cognitive-behavioral conjoint therapy for posttraumatic stress disorder. Workshop presented to Veterans Administration clinicians and community-based providers, Massachusetts General Hospital, Boston, MA
- 17 Monson, C. M., & **Fredman, S. J.** (2011, April). *Cognitive-behavioral conjoint therapy for posttraumatic stress disorder*. Workshop presented at Walter Reed Army Medical Center, Washington, DC.

- CV: Steffany J. Fredman, Ph.D.
- 16 Fredman, S. J. (2011, March). PTSD and its impact on family relationships. Presentation to family members of veterans and service members with PTSD sponsored by the Red Sox Foundation/MGH Home Base Program, Boston, MA
- 15 Fredman, S. J. (2011, February). *PTSD and the co-parenting dyad*. Presentation to the Massachusetts Society for the Prevention of Cruelty to Children, Boston, MA.
- 14 Fredman, S. J., & MacDonald, H. Z. (2010, September). Using the SCID in a Veteran Population. Presentation to National Center for PTSD Internship and Fellowship Program, VA Boston Healthcare System, Boston, MA
- 13 Monson, C. M., & Fredman, S. J. (2010, September). *Cognitive-behavioral conjoint therapy for posttraumatic stress disorder*. Workshop presented at the VA Boston Healthcare System, Boston, MA
- 12 Monson, C. M., & **Fredman, S. J.** (2010, September). Master clinician training in cognitive-behavioral conjoint therapy for posttraumatic stress disorder. Workshop presented to U.S. Air Force and Veterans Administration clinicians, San Antonio, TX.
- 11 Monson, C. M., & Fredman, S. J. (2010, September). Cognitive-behavioral conjoint therapy for posttraumatic stress disorder. Workshop presented to Strong Star Research Consortium, University of Texas Health Sciences Center, San Antonio, TX
- 10 **Fredman, S. J.** (August, 2010). *Cognitive-behavioral conjoint therapy for posttraumatic stress disorder*. Workshop presented to Social Work Department at VA Palo Alto Healthcare System, Palo Alto, CA
- 9 Monson, C. M., & **Fredman, S. J.** (2010, June). *Cognitive-behavioral conjoint therapy for posttraumatic stress disorder*. Workshop presented at Andrews Air Force Base, Washington, DC.
- 8 Monson, C. M., & **Fredman, S. J.** (2009, May). *Cognitive-behavioral conjoint therapy for posttraumatic stress disorder*. Workshop presented at Hickham Air Force Base, Honolulu, HI
- 7 **Fredman, S. J.** (2009, May). *Cognitive-behavioral conjoint therapy for posttraumatic stress disorder*. Workshop presented at Wright-Patterson Air Force Base, Dayton, OH
- 6 Monson, C. M., & **Fredman, S. J.** (2009, May). *Cognitive-behavioral conjoint therapy for posttraumatic stress disorder*. Workshop presented at Travis Air Force Base, San Francisco, CA
- 5 Monson, C. M., & **Fredman, S. J.** (2009, April). *Cognitive-behavioral conjoint therapy for posttraumatic stress disorder*. Workshop presented at Lackland Air Force Base, San Antonio, TX
- 4 Monson, C. M., & **Fredman, S. J.** (2009, April). *Cognitive-behavioral conjoint therapy for posttraumatic stress disorder*. Workshop presented at Family Advocacy Program, San Antonio, TX.
- 3 **Fredman, S. J**. (2008, September). *Cognitive-behavioral treatment of panic disorder with agoraphobia*. Presentation to Harvard South Shore Residency Program/Brockton VA, Brockton, MA
- 2 Monson, C. M., & **Fredman, S.J.** (2008, May). *Cognitive-behavioral conjoint therapy for posttraumatic stress disorder*. Workshop presented at the National Center for Posttraumatic Stress Disorder, Executive Division, White River Junction, VT
- 1 **Fredman, S. J.** (2007, September). *Couple/family-based assessment strategies for individual psychopathology*. Paper presented at the annual meeting of the Klaus Grawe Think Tank, Zuoz, Switzerland.

- 22 **Fredman, S. J.**, & Rosenbaum, J. F. *Psychosocial interventions for bipolar disorder*. May 2004. Available at <u>http://www.medscape.com/viewarticle/480888</u>.
- 21 **Fredman, S. J.**, & Rosenbaum, J. F. The *application of nutrition to psychiatric illness*. May 2004. Available at <u>http://www.medscape.com/viewarticle/480926</u>.
- 20 **Fredman, S. J.**, & Rosenbaum, J. F. *Overview of the treatment of insomnia*. May 2004. Available at http://www.medscape.com/viewarticle/480927
- 19 **Fredman, S. J.**, & Rosenbaum, J. F. *A highlight of new research on the treatment of obsessive-compulsive disorder*. May 2003. Available at: <u>http://www.medscape.com/viewarticle/456921</u>.
- 18 **Fredman, S. J.**, & Rosenbaum, J. F. *Mood disorders and their treatment in women across the reproductive life cycle*. May 2003. Available at: http://www.medscape.com/viewarticle/457163.
- 17 **Fredman, S. J.**, & Rosenbaum, J. F. *Antidepressant-induced sexual dysfunction and its management*. May 2003. Available at: <u>http://www.medscape.com/viewarticle/457164</u>.
- 16 Rosenbaum, J. F., & **Fredman, S. J.** *Clinical update on the pharmacotherapy of depression*. Medscape Clinical Update. August 2002. Available at: <u>http://www.medscape.com/viewarticle/441270</u>.
- 15 Rosenbaum, J. F., & **Fredman, S. J.** *Treatment of anxiety disorders with comorbid depression*. Medscape Clinical Summary. June 2002. Available at: <u>http://www.medscape.com/viewarticle/436974</u>
- 14 Fredman, S. J., & Korn, M. L. Improving the treatment of depression by tailoring interventions to patients' needs. Medscape Conference Summary. 155th American Psychiatric Association Annual Meeting. Philadelphia, PA, May 2002. Available at: http://www.medscape.com/viewarticle/436394.
- 13 Fredman, S. J., & Korn, M. L. Longer-acting agents in the treatment of ADHD. Medscape Conference Summary. 155th American Psychiatric Association Annual Meeting. Philadelphia, PA, May 2002. Available at: <u>http://www.medscape.com/viewarticle/436400</u>.
- 12 Fredman, S. J., & Korn, M. L. Anxiety disorders and related conditions. Medscape Conference Summary. 155th American Psychiatric Association Annual Meeting. Philadelphia, PA, May 2002. Available at: http://www.medscape.com/viewarticle/436399.
- 11 Masand, P. & Fredman, S. Novel antipsychotics: Schizophrenia, psychosis and beyond. Medscape Clinical Update. December 2001. Available at: http://psychiatry.medscape.com/Medscape/psychiatry/ClinicalUpdate/2001/cu02/public/toc-cu02.html
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- 9 Korn, M. & Fredman, S. On the horizon: New antidepressants. Medscape Conference Summary. 154th American Psychiatric Association Annual Meeting. New Orleans, LA, May 2001. Available at: http://psychiatry.medscape.com/Medscape/CNO/2001/APACME/APA-noncme01.html
- 8 **Fredman, S.** & Korn, M. *New research in schizophrenia: Summary of selected presentations made at the 154th American Psychiatric Association annual meeting.* New Orleans, LA. May 2001. Available at: <u>http://psychiatry.medscape.com/Medscape/CNO/2001/APA/APA-04.html</u>

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http://www.medscape.com/Medscape/psychiatry/TreatmentUpdate/1999/tu01/public/toc-tu01.html

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Graduate Student Advisees Yunying (Annie) Le August Jenkins

Minor Project Supervisees Jennifer Wong (Clinical Psychology)

Dissertation Committee

In Progress: Kristine Creavey, Chelom Leavitt, Rose Wesche 2017: Nicole DePasquale 2016: Courtney Polenick

Comprehensive Exam Committee

In Progress: Yunying Le (as Chair) 2016: Rose Wesche 2015: Nicole DePasquale, Courtney Polenick

Candidacy Committee

2017: Penina Backer
2016: Ni Jian, Linying Ji, Yunying Le (as Chair)
2015: Allison Doub, Kamila Dvorakova, Peter Kim, Jacinda Li, Lu Ou
2014: Chelom Leavitt, Rose Wesche, Kathleen Zadzora

Masters Thesis Committee

In Progress: August Jenkins (as Chair) 2015: Yunying Le (as Chair)

Undergraduate Student Mentorship

2016 (SP/FA):Aubrey Rafinski (HDFS LSDS Thesis)2014-2015:Jennifer Antle (HDFS Honors Thesis)

Other Research Mentorship

2011-2013: Kimberly Pentel (Postbac Research Assistant, Massachusetts General Hospital) 2007-2010: K. Carrie Adair (Postbac Research Assistant, National Center for PTSD)