

## JENNIFER P. AGANS

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### Education

2015	Ph.D.	Child Study and Human Development	Tufts University
2012	M.A.	Child Study and Human Development	Tufts University
2010	B.A.	Psychology	Macalester College

### Professional Appointments

2018-present	Assistant Professor Department of Recreation, Park, and Tourism Management The Pennsylvania State University
2016-2018	Research Associate - Assistant Director Program for Research on Youth Development and Engagement (PRYDE) Bronfenbrenner Center for Translational Research, Cornell University
2015-2016	Postdoctoral Associate Bronfenbrenner Center for Translational Research, Cornell University

### Funding

*Under Review:* Mini-grant Submission 1/2/19 - 9/30/19  
Center for Rural Pennsylvania, Total costs: \$15,000  
*Exploring Disparities In School Sport Participation In Rural Pennsylvania*  
PI: B. Evans, Co-I's S. Mama and **J. Agans**

The objective of the proposed research is to reveal trends in rural Pennsylvania sport participation and expenditures, and to identify characteristics of rural schools and their communities that influence school sport participation. We will explore this objective through varying analyses, using archival and publically-available data, along with qualitative analysis of interviews with key stakeholders.

### Selected Awards and Honors

2017	Knowledge Matters Fellowship, Cornell University
2015	Eliot Pearson Doctoral Research-Practice Integration Award
2014	Society for Research on Adolescence Emerging Scholar Student Travel Award

2013 Graduate Institute for Teaching fellowship program, Tufts University  
2010 Richard B. Dierenfield Endowed Prize for Education, Macalester College  
2010 Jack Rossmann Endowed Prize for Applied Psychology, Macalester College

## Publications

**Agans, J. P.** (under review). Experiences of Participation in Physical Activities from Youth to Young Adulthood: An Examination of Constancy and Change.

**Agans, J. P.**, Maley, M., Rainone, N., Cope, M., Turner, A., Pillemer, K., & Eckenrode, J. (under review). The evidence for 4-H youth programming outcomes.

**Agans, J. P.**, Davis, J. L., Vazou, S., & Jarus, T. (under review). Need Satisfaction in Physical Activity through Youth Circus Arts.

Burrow, A. L., **Agans, J. P.**, & Rainone, N. A. (accepted). Exploring Purpose as a Resource for Promoting Youth Program Engagement. *Journal of Youth Development*.

Säfvenbom, R., **Agans, J. P.**, & Wheaton, B. (2018). 'How can you enjoy sports if you are under control by others?' Self-organized Lifestyle Sports and Youth Development. *Sport in Society*, 1-20.

**Agans, J. P.**, Su, S., & Ettekal, A. V. (2018). Peer Motivational Climate and Character Development: Testing a Practitioner-Developed Youth Sport Model. *Journal of Adolescence*, 62, 108-115.

**Agans, J. P.**, Johnson, S. K., & Lerner, R. M. (2017). Adolescent Athletic Participation Patterns and Self-Perceived Competence: Associations with Later Participation, Depressive Symptoms, and Health. *Journal of Research on Adolescence*, doi:10.1111/jora.12301

Ettekal, A. V., Konowitz, L., **Agans, J. P.**, Syer, T., & Lerner, R. M. (2017). Researcher-Practitioner Collaborations: Applying Developmental Science to Understand Sport Participation and Positive Youth Development. *Journal of Community Engagement and Higher Education*, 9(2), 29-45.

Ferris, K. A., Ettekal, A. V., **Agans, J. P.**, & Burkhard, B. M. (2016). Character development through youth sport: High school coaches' perspectives on a character-based education program. *Journal of Youth Development*, 10(3), 127-140.

**Agans, J. P.**, Champine, R. B., DeSouza, L. M., Mueller, M. K., Johnson, S. K., & Lerner, R. M. (2014). Activity Involvement as an Ecological Asset: Profiles of Participation and Youth Outcomes. *Journal of Youth and Adolescence*, 43(6), 919-932.

Johnson, S., **Agans, J. P.**, Weiner, M. B., & Lerner, R. M. (2014). Profiles of Civic Engagement across Educational Transitions: Stability and Change. *International Journal of Developmental Science*, 8(3), 81-93.

Lerner, R. M., **Agans, J. P.**, DeSouza, L. M., & Hershberg, R. M. (2014). Developmental Science in 2025: A predictive review! *Research in Human Development*, 11(4), 255-272.

Geldhof, G. J., Weiner, M., **Agans, J. P.**, Mueller, M. K., & Lerner, R. M. (2014). Understanding entrepreneurial intent in late adolescence: The role of intentional self-regulation and innovation. *Journal of Youth and Adolescence*, 43(1), 81-91.

Geldhof, G. J., Malin, H., Johnson, S. K., Porter, T., Bronk, K. C., Weiner, M. B., **Agans, J. P.**, Mueller, M. K., Hunt, D., Colby, A., Lerner, R. M., & Damon, W. (2014). Entrepreneurship in young adults: Initial findings from the young entrepreneurs study. *Journal of Applied Developmental Psychology*, 35, 410-421.

Geldhof, G. J., Porter, T. J., Weiner, M., Malin, H., Bronk, K. C., **Agans, J. P.**, Mueller, M., Damon, W., & Lerner, R. M. (2014). Fostering entrepreneurship: Preliminary findings from the Young Entrepreneurs Study. *Journal of Research on Adolescence*, 24(3), 431-446.

Lerner, R. M., **Agans, J. P.**, DeSouza, L. M., & Gasca, S. (2013). Describing, explaining, and optimizing within-individual change across the life span: A relational developmental systems perspective. *Review of General Psychology*, 17(2), 179-183.

**Agans, J. P.** & Geldhof, G. J. (2012). Trajectories of participation in athletics and positive youth development: The influence of sport type. *Applied Developmental Science*, 16(3), 151-165.

Bowers, E. P., von Eye, A., Lerner, J. V., Arbeit, M. R., Weiner, M. B., Chase, P., & **Agans, J. P.** (2011). The role of ecological assets in positive and problematic developmental trajectories. *Journal of Adolescence*, 34(6), 1151-1165.

Mueller, M. K., Phelps, E., Bowers, E. P., **Agans, J. P.**, Urban, J. B., Lerner, R. M. (2011). Youth Development Program Participation and Intentional Self-Regulation Skills: Contextual and Individual Bases of Pathways to Positive Youth Development. *Journal of Adolescence*, 34(6), 1115-1125.

## Book Chapters

**Agans, J. P.**, Ettekal, A. V., Erickson, K., & Lerner, R. M. (2016). Positive youth development through sport: A relational developmental systems approach. In N. Holt (Ed.), *Positive Youth Development through Sport, 2<sup>nd</sup> edition* (pp. 34-44). New York, NY: Routledge.

Ettekal, A. V., Lerner, R. M., **Agans, J. P.**, Ferris, K., & Berkhart, B. (2016). Youth thriving in the context of sport participation: Idiographic, differential, and nomothetic dimensions. In N.

Holt (Ed.), *Positive Youth Development through Sport, 2<sup>nd</sup> edition* (pp. 71-82). New York, NY: Routledge.

**Agans, J. P.**, Champine, R. B., Johnson, S. K., Erickson, K., & Yalin, C. (2015). Promoting healthy lifestyles through youth activity participation: Lessons from research. In Bowers et al. (Eds.), *Promoting Positive Youth Development: Lessons from the 4-H Study* (pp. 137-160). New York, NY: Springer.

Li, Y., **Agans, J. P.**, Chase, P., Arbeit, M., Weiner, M., & Lerner, R. M., (2014). Positive youth development and its relationship to engagement: A developmental systems perspective. In D. J. Shernoff & J. Bempechat (Eds.), *NSSE Yearbook: Engaging Youth in Schools: Empirically-Based Models to Guide Future Innovations, Volume 113(1)*. New York: Teachers College Record.

Davis, J. L. & **Agans, J. P.** (2014). Self-determination theory as a framework for evaluating circus-based youth development and a preview of the Circus and Me: AYCO youth circus study. In Kekäläinen, K. (Ed.), proceedings from Culture Has an Impact Seminar: *Studying social circus: Openings and perspectives* (pp. 76–85). Tampere, Finland: Effective Circus Project.

**Agans, J. P.**, Säfvenbom, R., Davis, J. L., Bowers, E. P., & Lerner, R. M. (2013). Positive Movement Experiences: Approaching the Study of Athletic Participation, Exercise, and Leisure Activity through Relational Developmental Systems Theory and the Concept of Embodiment. In R. M. Lerner & J. B. Benson (Eds.), *Embodiment and Epigenesis: Theoretical and Methodological Issues in Understanding the Role of Biology within the Relational Developmental System Part B: Ontogenetic Dimensions* (pp. 261–286). Waltham, MA: Elsevier.

Lerner, R. M., **Agans, J. P.**, Arbeit, M. R., Chase, P.A., Weiner, M. B., Schmid, K. L., Warren, A. E. A. (2013). Resilience and Positive Youth Development: A Relational Developmental Systems Model. In Goldstein, S., and Brooks, R. (Eds.), *Handbook of Resilience in Children* (2<sup>nd</sup> ed., pp. 293-308). New York, NY: Springer.

Lerner, R. M., Weiner, M. B., Arbeit, M. R., Chase, P. A., **Agans, J. P.**, Schmid, K. L. & Warren, A. E. A. (2012). Resilience across the lifespan. In Hayslip, B., Jr., and Smith, G. C. (Eds.). *Annual Review of Gerontology and Geriatrics: Emerging Perspectives on Resilience in Adulthood and Later Life* (pp. 275-300). New York, NY: Springer.

### **Selected Posters and Presentations**

**Agans, J. P.**, Kim, E., Garbo, C., Zhang, Y., Kifetew, Y., Kolenda, J., & Burrow, A. L. (2018, April). *Building research-practice partnerships between youth development researchers and practitioners: A mixed-method study*. Symposium presentation to be delivered at the annual meeting of the Society for Research on Adolescence, Minneapolis, MN.

**Agans, J. P.,** Su, S., & Ettekal, A. (2018, April). *Peer motivational climate and character development: Testing a practitioner-developed youth sport model*. Symposium presentation to be delivered at the annual meeting of the Society for Research on Adolescence, Minneapolis, MN.

Sumner, R., Burrow, A. L., & **Agans, J. P.** (2018, April). *Cultivating purpose in a youth development program context*. Symposium presentation to be delivered at the annual meeting of the Society for Research on Adolescence, Minneapolis, MN.

**Agans, J. P.** (2017). *Lifelong engagement in physical activity: The importance of early experiences*. Invited talk at *The First Ten Years* symposium, hosted by the International Council of Sport Science and Physical Education (ICSSPE), Rheinsberg, Germany.

**Agans, J. P.** (2017). *You don't know what you can do until you try: A study of physical activity at summer camp*. Poster to be presented at the biennial meeting of the Society for the Study of Human Development, Providence RI.

Burrow, A. L., **Agans, J. P.**, Jeon, H. J., & Creim, M. (2017). *In Defense of Darth Vader: Unlocking the Substance and Significance of Purpose Content*. Poster to be presented at the biennial meeting of the Society for the Study of Human Development, Providence RI.

**Agans, J. P.,** Burrow, A., & Rainone, N. (2017). *Investigating How Purpose in Life Influences Youth Program Learning and Engagement*. Poster presented at the biennial meeting of the Society for Research in Child Development, Austin TX.

**Agans, J. P.,** Ettekal, A. V., Syer, T., Pollack, C., & Stack, C. (2017). *The Positive Coaching Alliance Double-Goal Coach® Training Program: Coach-Reported Impact on Youth Experiences and Retention*. Poster presented at the biennial meeting of the Society for Research in Child Development, Austin TX.

Maley, M., **Agans, J. P.,** Rainone, N., Cope, M., Eckenrode, J., & Pillemer, K. (2017). *The Evidence for 4-H Youth Programming Outcomes*. Poster presented at the biennial meeting of the Society for Research in Child Development, Austin TX.

**Agans, J. P.** (2016) *"But how do you DO it?": Uncovering the realities of translational and applied research*. Roundtable discussion organized for the biennial meeting of the Society for Research in Adolescence, Baltimore MD. Panelists: Anthony Burrow, Patrick Hill, Alice Donlan, and Nancy Deutsch.

**Agans, J. P.** (2015). *Self-organizing trajectories of involvement: Subjective experiences of participation in athletic activities across adolescence and young adulthood*. Poster presented at the biennial meeting of the Society for the Study of Human Development, Austin, TX.

**Agans, J. P.,** Ettekal, A. V., & Syer, T. (2015). *Evaluating in Coach Education: Lessons from a Collaborative Study*. Presentation at the Society of Health and Physical Educators' National Coaching Conference, Morgantown, WV.

Vazou, S., Davis, J., **Agans, J. P.**, & Jarus, T. (2015). *Bridging the gap between relatedness and physical activity through youth circus participation*. Presentation at the North American Society for the Psychology of Sport and Physical Activity conference, Portland, OR.

Ettekal, A. V., Ferris, K. A., **Agans, J. P.**, & Burkhard, B. M. (2015). *Teammates' influence on athletes' goal orientation: Effects of the Positive Coaching Alliance (PCA) training model*. Poster presented at the North American Society for the Psychology of Sport and Physical Activity conference, Portland, OR.

**Agans, J. P.**, Weiner, M. B., & Bronk, K. C. (2015). *Pursuing purpose: Relations between meaningful life goals and goal pursuit strategies*. Poster presented at the biennial meeting of the Society for Research in Child Development, Philadelphia, PA.

Davis, J. A., **Agans, J. P.**, Vazou, S., & Jarus, T. (2015). *Bridging the gap between relatedness and physical activity: A new model for youth participation*. Poster presented at the biennial meeting of the Society for Research in Child Development, Philadelphia, PA.

**Agans, J. P.** (2014). *Participation and Engagement in Extracurricular Activities: Issues of Measurement*. Symposium organized for the biennial meeting of the Society for Research in Adolescence, Austin, TX. Presenters: Jennifer Fredricks, Jennifer Agans, and Nicole Zarrett. Discussant: Jacqueline Eccles.

**Agans, J. P.** (2013). *The Development of Entrepreneurial Intent: Colleges and Universities as Ecological Assets*. Poster presented at the biennial meeting of the Society for the Study of Human Development, Fort Lauderdale, FL.

Davis, J. L. & **Agans, J. P.** (2013). *Community circus: Fostering autonomy, relatedness, and competence in youth*. Poster presented at the 4<sup>th</sup> International Conference on Self-Determination Theory, Rochester, NY.

**Agans, J. P.** (2012). *Positive movement experiences: The sample case of developmental circus arts*. Presentation at the Research Meets Practice Symposium: Youth Development through Sport and Recreation, Temple University, Philadelphia, PA.

**Agans, J. P.** (2012). *Trajectories of participation in athletics and positive youth development: The influence of sport type*. Poster presented at the biennial meeting of the Society for Research on Adolescence, Vancouver BC, Canada.

**Agans, J. P.** & Lerner, R. M. (2011). *All sports are not created equal: The role of participation in different sports in positive youth development*. Poster presented at the biennial meeting of the Society for the Study of Human Development, Providence, RI.

**Teaching**

- 2018-present Primary Instructor: Program Evaluation and Research in Recreation Services  
Department of Recreation, Park, and Tourism Management,  
The Pennsylvania State University
- 2018 Primary Instructor: Adolescence and Emerging Adulthood  
Department of Human Development, Cornell University
- 2017-2018 Primary Instructor: Nearest Neighbor  
Department of Human Development, Cornell University
- 2016-2018 Primary Instructor: Professional Development in Translational Research  
Department of Human Development, Cornell University
- 2012-2015 Graduate Writing Consultant  
Academic Resource Center, Tufts University
- 2013 Teaching Fellow: Theory in Applied Developmental Science  
Department of Child Study and Human Development, Tufts University

**M.A. Thesis Committee Member**

- 2013 Sonja Harpstead, Gallatin School of Individualized Study, New York University  
2017 Jessica Baumgold, Department of Occupational Therapy, Utica College

**Service to Profession**

- 2018-Present Member of the Steering Committee: Society for the Study of  
Human Development (SSHD)
- 2018-Present Member of the Emerging Scholars Committee: SSHD
- 2017-Present Consulting Editor: Journal of Research on Adolescence
- 2016-Present Editorial review board: Current Issues in Out-of-School Time
- 2015 Grant reviewer: U.S. Office of Family Assistance
- 2012 Grant reviewer: The John Templeton Foundation
- Ad-Hoc Peer Reviewer: Applied Developmental Science, Child Development, Journal of  
Adolescence, Journal of Adolescent Research, Journal of Applied  
Developmental Psychology, Journal of Community Engagement  
and Higher Education, Journal of Youth Development, The Sport  
Psychologist